



The Scoop

*Produced by the
Journalism &
Marketing
Academy*

The Weeks Ahead...

**Mon. Dec. 19th
through**

Mon. Jan. 2nd

NO SCHOOL

Returning to school on

Tues. Jan. 3rd

Merry

Christmas!



Mon. Dec. 19th

6/7:30 pm - **M. Basketball** vs
Tapestry

8:30 pm - **W. Hockey** vs NC @
Hyde Park

Tues. Dec. 20th

4:15 pm - **W. Hockey** vs LIDA @ Holiday

Thurs. Dec. 22nd

6/7:30 pm - **W. Basketball** @ Clarence

8 pm - **Club Hockey** vs Jamestown (Christmas Tourney)

8:30 pm - **W. Hockey** vs KENGIL @ Harbor Center

Lancers in Action Continued...

Fri. Dec. 23rd

9:15 am - **Club Hockey** vs OPA (Christmas Tourney)

5:30 pm - **Fed Hockey** vs Canisius @ NT Center

Sat. Dec. 24th

11:30 am - **Club Hockey** vs EA (Christmas Tourney)

Tues. Dec. 27th

12:30 pm - **Fed Hockey** vs Lakeland @ Ice Hutch

5 pm - **W. Varsity Basketball** @ Corning

TBD - **Club Hockey** Christmas Tourney Semis & Finals

Wed. Dec. 28th

M. Basketball @ Josh Palmer Fund Tournament (Elmira)

2:15 pm - **Fed Hockey** vs Mamaroneck @ Ice Hutch

Wrestling (JV) @ Akron Tournament

Thurs. Dec. 29th

M. Basketball @ Josh Palmer Fund Tournament (Elmira)

TBD - **W. Varsity Basketball** @ Bishop Kearney/Horseheads

Wrestling (Varsity) @ Akron Tournament

Fri. Dec. 30th

M. Basketball @ Josh Palmer Fund Tournament (Elmira)

Sun. Jan. 1st

2:30 pm - **Club Hockey** vs OPA @ Leisure Rinks

From the Principal's Desk...

December 15, 2022



As we anxiously look forward to Friday and a two-week vacation, let us not forget that this holiday season can be so much more than sleeping in and getting presents.

- Let us use this time to **MAKE A DIFFERENCE**. Think of someone to thank, to appreciate, to love this holiday season. Perhaps it's a family member, a neighbor, or a friend. Keep it simple but sincere. A note of thanks, a shovel of the driveway, a random text telling them you're thinking of them.
- Let us use this time and **BE PRESENT**. As your family gathers, be there! Put your phone away and enjoy the people around you. Play that board game or puzzle; genuinely talk to your grandpa, your cousin, or your aunt; help in the kitchen; don't be too cool to cuddle up and watch that Christmas movie with everyone. There will be plenty of time for the other stuff later... Enjoy this time with your loved ones!
- Let us use this time to **REFLECT**. As the New Year approaches, let us take some time and look back at 2022. The good, the bad, the happy the sad. Let us not get lost in what we cannot change, but instead allow for what has happened to strengthen our resolve and make us better people moving forward.

I wish all of you a wonderful, restful, and joyous holiday season.

Merry Christmas,

Mr. Junik



Reece and Raegan LaCotte pose with Evelyn Pyszczek and Mrs. Pautler's aunt



Thank You!

Thanks to the generosity of all of our Lancer families, we collected over 200 coats and pairs of boots for the Summit Life Outreach Center.

Mrs. Pautler's aunt came to pick up all of the donations to take them to the center and was overwhelmed by the number of coats collected.

As always, the St. Mary's community stepped up to the plate and ensured the winter season will be much more manageable for so many families.

Merry Christmas!

Guidance Corner

Help Over the Holidays

Even though the school will be closed for the Christmas Break, please know that the Counselors are still available to provide help.

If you find yourself in need of someone to talk to -- whether it's for personal, family, or school problems -- the Counselors will be checking their email throughout the Break. (Please note that the response may not be immediate, as the counselors will be enjoying their break too.)

Here are the Counselor's email addresses:

- Students with last names A to F - Ms. Erway - merway@smhlancers.org
- Students with last names G to M - Ms. Horab - shorab@smhlancers.org
- Students with last names N to Z - Mrs. Kimpel - wkimpel@smhlancers.org
- General questions - Mr. Kidder - kkidder@smhlancers.org

Healthy Tip of the Week!

A healthy lifestyle leaves room for indulgence, and if you love warming up with a rich hot chocolate, you'll love Alyssa's signature recipe. Replacing white sugar with pure maple syrup adds more antioxidants and minerals. And sea salt makes flavors POP, so do not skip it! A little heavy cream brings it all together, though you can omit if you'd prefer. Makes enough for two small 5oz servings, or one 10oz if you don't care to share. Cheers, and Merry Christmas!

Heat 1 cup milk in a small pot over medium-low heat. Once it begins to lightly steam, whisk in 2 tablespoons cocoa powder, 2 tablespoons maple syrup and 1 teaspoon vanilla extract. Sprinkle in a pinch of sea salt, stir in 1/4 cup heavy cream (if you'd like!).



Important Upcoming Dates...

Fri. Jan. 6th

Snowball - 7-10 pm *****NEW DATE*****

Mon. Jan. 16th

NO SCHOOL - Dr. Martin Luther King Jr. Day

Fri. Jan. 20th

Seniors go to the Basilica

St. Luke's Mission Family to Family Christmas Program

Deacon Robb's religion classes are accepting monetary donations for St. Luke's to purchase Christmas gifts for families that frequent the mission.

Any little bit will help make the holiday season brighter for so many families!

All donations can be turned into
Deacon Robb directly.

Thank you!