Your Opportunities Await at ... St. Mary's High School

CURRENTS August 2014

Freshmen, what will your first weeks be like?

When do you start?

Your first day of classes as freshmen will be Wednesday, Sept. 3. On that day, the only other students in the building will be your mentors. You will be dismissed at 11:30 a.m. Bus transportation will be available that day, both before and after school.

Where do you go?

When you get to St. Mary's, you will report to homeroom. The lists of homeroom assignments will be posted in the hallway.

What do you need to bring?

A book bag/back pack - that's all.

During homeroom, you will be given a locker assignment and a lock. (All locks for lockers MUST be issued by St. Mary's High School.) You will also receive a folder with paper and a pen to use for the rest of the day.

When you meet with your teachers, they will give you a few things. First, they will give you your textbooks. Also, they will be giving you their course expectations. This will list their grading policy as well as

The First Two Weeks of School					
Mon., Sept. 1 No School Labor Day	Tue., Sept. 2 No School Faculty/Staff Orientation 8am - 2:30pm	Wed., Sept. 3 A-Day FRESHMEN ONLY 11:30 a.m. DISMISSAL Faculty/Staff Meetings 11:30am-2:30pm	Thur., Sept. 4 A-Day ALL STUDENTS FULL DAY	Fri., Sept. 5 B-Day ALL STUDENTS FULL DAY	
Mon., Sept. 8 C-Day Special Schedule Student Pictures Opening Liturgy Class Meetings Orientation Student Senate 2:30pm	Tue., Sept. 9 C-Day Fall Play Auditions 2:30-4:30pm	Wed., Sept. 10 D-Day Principal's Ad Board Meeting 2:30 p.m. Fall Play Auditions 2:30-4:30pm	Thur., Sept. 11 E-Day	Fri., Sept. 12 F-Day Fall Play Callbacks 2:30-5pm Opening Dance sponsored by Student Senate 8-11pm	

what they expect you to do in their class. You will also receive a list of supplies you will need for each class.

We want your first day to be as pleasant as possible. If you have any

questions, please contact Mr. Grieco, Enrollment Director, or Mrs. Whitwood, Counselor for the Class of 2018.

We look forward to seeing you on September 3!

St. Mary's revising school lunch program

After much discussions among St. Mary's personnel, and in consultation with other Catholic schools, St. Mary's High School has made the decision to no longer participate in the State and Federal School Lunch Program.

According to St. Mary's President Mark Tramont, the decision was made due in part to the program's restrictive and costly guidelines.

"Over the last few years, we have seen a decline in the number of students buying lunches and an increase in concerns about the variety and amount of food offered," Mr. Tramont said. "Thus, we have decided to take our lunch program in a different direction."

Mr. Tramont explained that the school is presently in negotiations with outside companies to provide hot,healthy, restaurant-style lunches to the St. Mary's community.

"We are still working out final details but are in the process of putting together a program that will bring to the students, faculty, and staff a program that is nutri-(Continued on page 5)

August Currents only issue mailed; others available electronically

The August issue of *Currents* is the only issue which is always printed and mailed home to all families of St. Mary's High School.

Issues the rest of the year will be emailed directly to families using the SchoolReach information. They will also

be available electronically at the St. Mary's website (smhlancers.org).

Those who would like printed copies should email Mr. Kidder (kkidder@smhlancers.org). Copies may also be picked up in the Main Office.

Currents August 2014

What are your New (School) Year Resolutions?

Dear Friends,

As the new school year is about to begin, I am making several resolutions. Feel free to use them as well:

- 1. Try new things. I'm embarrassed to say that I have never been to a St. Mary's soccer or lacrosse game or attended Fine Arts Night. I resolve that I'm going to do these this year. How about you? Is there something that you never tried (club, organization, sport, or activity), whether because of time or distance or whatever reason you have? Give it a shot. You may discover something new and exciting.
- 2. Meet new people. Yes, we will be meeting with new freshmen and transfer students and teachers, but are there people who have been in the school that you never talked to before? Perhaps you will find a new friend along the way.
- 3. Rethink the way you do things. I'm being forced into this, because many of the computer programs I have been using are disappearing, but the New Year is also a perfect excuse to "shake up" your day. How about getting up a little earlier? Studying before dinner instead of after? "I've always done it this



way," should never be an excuse not to try a different approach to the way you do things.

- 4. Read more. I don't mean to read more postings on Twitter or Facebook. How about picking up a newspaper once in a while? Or even a book? You may be surprised to find that what you are learning in your classes is actually very relevant to what is going on in the world today.
- 5. Ask for more help. There is no shame in getting assistance for the project you are working on. Your parents or siblings or friends may be able to lighten your burden, even if it's to

help you look at the problem with a different perspective.

As with any New Year's Resolution, there is no guarantee that these will help you, but it's a place to start to perhaps make your life a little better.

I hope that you have an awesome August! See you in September!

Keith D. Kidde

Director of Special Programs

Please update SchoolReach information

Again this year, St. Mary's will be utilizing the telephone and e-mail broadcast system called SchoolReach. This system enables the school to notify all households and parents by phone of an emergency or unplanned event that causes early dismissal, school cancellation, or late start. The service is also used to communicate via phone and/or e-mail

general announcements, reminders, and other information important to the members of the St. Mary's community.

In an important effort to make the best and most accurate use of the SchoolReach Instant Parent Contact System, we are asking that you fill out the following Information Update Form with the requested necessary informa-

tion if you need to update your contact information or wish to add additional phone numbers. Because many students have their own phones and e-mail addresses, they may also be included in the Contact System. Please note – we will use the contact information system you provided previously unless you wish to update your information.

SchoolReach Contact Information Update Form – 2014-15

Family Name:	Student #2 Name:
Primary Number:	Primary Number:
Secondary Number:	Secondary Number:
E-Mail Address:	E-Mail Address:
Student #1 Name:	Student #3 Name:
Primary Number:	
Secondary Number:	Secondary Number:
E-Mail Address:	E-Mail Address:

– Notes from the Health Office –

Fall Sports, Medication, Screening, Hand Sanitizers

Fall Sports

Anyone playing sports must have a current physical on file in the Health Office. Students interested in playing a fall sport must complete and turn in the green Interval Health History form that is included in this mailing. This form must be turned in on/before the dates listed below. In addition, every student who plans on playing a fall sport must have submitted a current physical to the Health Office by August 1st.

Failure to comply will result in not being able to start practice with the rest of the team. Extra forms are available in the Main Office and on the school website under the "Parent/Health" section. If you have any questions, please call Mrs. Murphy at 683-4824, ext. 220.

	Sport	Physical must have been performed on or after this date and be on file in the Health Office	Interval Health History (IHH) must be completed by parent/ guardian and returned to the Health Office by this date	
ı	All Fall Sports	August 1, <mark>201</mark> 3	August 8, 2014	

Policy Regarding Medication in School Forms are available in the Main Office and the Health Office and on the school

website.

All medication, including nonprescription drugs such as Tylenol, Motrin, etc., given in school must be prescribed by a licensed medical doctor. A written request from the physician must be on file. This request must indicate the dosage and frequency of the prescribed drug. A written request from the parent to administer medication must be on file. The parent must assume responsibility to have the medication delivered to the Health Office in a properly labeled original container.

Annual Screening

Your student's health is important to achievement in school. There are health screenings that the school nurse will begin in September in Physical Education classes. All students will have their heights and weights measured. Freshmen will have scoliosis screening if this was not completed by their primary physician at the time of their physical exam. Students new to Lancaster Schools and 10th grade students receive vision and hearing screening. Please remind your student to wear contacts or have his/her glasses on a regular basis. This will give us the correct results in our testing and save you unnecessary visits to your eye

doctor. You will be notified in writing if your student has any difficulty with the screenings. If, at anytime during the school year, you feel that your student is having difficulty, please contact the school nurse, Mrs. Murphy.

If you have any questions, please call the school nurse, Mrs. Murphy, at 683-4824, ext. 20.

Polcy Regarding Hand Sanitizer Use

The use of Hand Sanitizer has been approved by our Chief Medical Officer for use in our school. He did advise that hand washing with soap and water is best, but he did approve the use of the hand sanitizer for use when soap and water is not readily available.

If any parents/guardians object to the use of hand sanitizer for their students, please send in a note requesting that to the Health Office, and we will make faculty/ staff aware.

Below are a few links for information regarding hand sanitizer use

- · www.schoolhealthservicesny.com/ uploads/Alcohol%2520Based% 2520Hand%2520Sanitizers.pdf
- www.schoolhealthservicesny.com/ uploads/Memo%20on%20hand%2 Osanitizers.pdf

2014-2015 Calendar Highlights

Included in this mailing is the 2014-15 • Nov. 11 – Veterans Day St. Mary's High School School Calendar. Below please find a summary of days

off and dates of important school activities. Sept. 3 – First day for Freshmen (11:30)

- a.m. dismissal)
- Sept. 4 Full Day for all Students
- Sept. 8 Student ID Photos / Class Meetings / Orientation / Opening Liturgy
- Sept. 8 Meet the Teacher Night 6pm
- Sept. 18 (half day) & 19 (no school) Open House for Prospective Students
- Oct. 13 Columbus Day
- Oct. 15 Standardized Testing Day (11:30 a.m. dismissal); Senior College Visitation Day
- Nov. 4 Faculty/Staff Inservice, Election
- Nov. 7 & 8 Fall Play

- Nov. 26 (half day), 27 & 28 Thanksgiving Break
- Dec. 22 to Jan. 2 Christmas Break
- Jan. 19 Dr. Martin Luther King Jr. Day
- Jan. 26-29 January Exams
- Jan. 30 Faculty/Staff Retreat
- Feb. 6 Faculty/Staff Inservice / Lancer Auction
- Feb. 16-20 Winter Break
- March 19-21 Spring Musical
- March 20 Administrative Day
- April 2-10 Spring / Easter Break
- May 21 Junior/Senior Prom
- May 22-25- Memorial Day Weekend
- May 31 Baccalaureate Mass / Senior Family Brunch
- June 3 Graduation
- June 9 Last Day of Classes
- June 11-24 June/Regents Exams



Upcoming Events for Freshmen/Transfer Students

Freshman Mixer

Thursday, Aug. 7 • 6:30 p.m.
Incoming freshmen will have the opportu-

nity to meet new classmates and upper classmen. This event is run by the St. Mary's Student Senate.

Parents are also welcome to attend (see box).

Parent Partnership hosts Freshman Parent Mixer

The St. Mary's Lancer Parent Partnership invites all parents of incoming freshmen to a Parent Mixer on Thursday, Aug 7, from 6:30-8:30 p.m. at St. Mary's High School.

The Parent Mixer is being held at the same time as the Freshman Mixer. Here are some of the planned activities for the Parent Mixer:

- All parents attending can enter their freshman's name in a special electronic drawing. MUST be present to win!
- · Meet other freshman parents and

learn about upcoming St. Mary's events.

- Play St. Mary's Trivia with a chance to win St. Mary's logo items and other prizes.
- Ask our Student Panel questions about what it's like to be a member of the St. Mary's family.
- Enjoy an ice cream social!
 Registration takes place at 6:30
 p.m.; the program begins at 6:45 p.m.
 To make sure there is enough ice

ro make sure there is enough ice cream, RSVP to Mr. Steven Grieco at 683-4824, Ext. 237, by August 5.

New Student Orientation Wednesday, Aug. 27 • 6:30 p.m.

Incoming freshmen, transfer students, and parents will learn more about the school, review policies, and meet the school leadership team. Students will be matched up with the mentors, walk through their schedules, and register for the InfoNOW accounts.

First Day for Freshmen Wednesday, Sept. 3

11:30 a.m. dsmissal (see page 1 for more information)

First Day for All Students Thursday, Sept. 4

For more information on any of these events, contact Mr. Grieco at 683-4824, ext. 237 or sgrieco@smhlancers.org.

Wanted - Parent Assistants

St. Mary's High School is looking for parents for various positions for the 2014-15 School Year. Parents filling these positions will earn Tuition Credit for their work.

Positions available include:

Main Office Assistant

Hours: 10 a.m. to 1 p.m.

Duties: Answer phone, welcome visitors, sort mail, provide lunch break for Main Office

Secretary, assist with various projects (mailouts, copying, proof reading,

assembling programs, etc.), other duties as necessary

Credit Available: Please contact Mrs. Adams (683-4824, ext. 226 or madams@smhlancers.org)*

Lunch Monitor

Hours: 10:45 a.m. to 1:15 p.m.

Duties: Monitor students, sign out students, clean tables between and after lunches, assist with post-

lunch cafeteria cleaning, other duties as necessary

Credit Available: Please contact Mrs. Adams (683-4824, ext. 226 or madams@smhlancers.org)*

* Credit to be taken off of your student's tution will be based on the actual number of hours worked. Exact amount credited will appear on your Tuition Account Information.

To apply for these positions, or for more information, contact Mark Tramont at 683-4824 or mtramont@smhlancers.org

Report Cards to only be printed at end of first quarter

The Administration of St. Mary's High School has made the decision that the school will only print students' report cards following the first quarter, which ends in November. These report cards will be distributed at the First Quarter Follow-Up, which takes place on Monday, Nov. 17, from 5 to 7 p.m.

The report cards for the other guarters will be available through the InformationNOW Student Information System. Families will be notified when the report cards are available for viewing.

More information regarding report cards will be available nearer to the end of each quarter.

Performing Arts Dates

active part of St. Mary's High School.

Last year, nearly one-third of the school was involved in performing arts in some way, whether as actors, singers, dancers, managers, tech crew, or design-

To assist students prepare for the upcoming Performing Arts Season, here are a list of important dates:

- Tuesday, Sept. 9, 2:30 p.m. Open Auditions for the Fall Play in the Auditorium. Listen to announcements for more information.
- Wednesday, Sept. 10, 2:30 p.m. Open Auditions for the Fall Play in the Auditorium.
- Friday, Sept. 12, 2:30 p.m. Callbacks for the Fall Play
- Friday, Nov. 6, and Saturday, Nov. 7, 7:30 p.m. - Fall Play
- Thursday, Dec. 18, 7 p.m. Christmas Show in the Auditorium

- The Performing Arts Program is a very Friday, Dec. 19, approximately 1 p.m. Christmas Assembly in the Auditorium
 - Tuesday, Jan. 6, 2:30 p.m. Open Auditions for the Spring Musical in the Auditorium. Listen to announcements for more information.
 - Wednesday, Jan. 7, 2:30 p.m. Open Auditions for the Spring Musical in the Auditorium.
 - Friday, Jan. 9, 2:30 p.m. Callbacks for the Spring Musical
 - · Thursday, March 19-Saturday, March 21, 7:30 p.m. - Spring Musical
 - Thursday, April 30 Evening of Fine Arts. 6 p.m. - Gallery of art work from classes and clubs; 7 p.m. - performance by classes and clubs

More information regarding these events is available by contacting Mr. Peter Herr (pherr@smhlancers.org), Ms. Heather Ruhland (hruhland@ smhlancers.org), or Mr. Michael McGough (mmcgough@smhlancers.org).

Seeking student volunteers

Are you looking for some service opportunities? Want to add some great experiences to your resume? And want to help out St. Mary's High School?

St. Mary's is presently looking for student volunteers for the following groups:

- Student Event Management Team to help at special events
- Student Assistant Athletic Directors to help run various sporting events For more information on these positions, contact Mr. Kelleher at kkelleher@smhlancers.org.

Lunch program

(continued from page 1)

tious, meets and exceeds the government standards, and, most importantly, brings taste and variety to the St. Mary's community," he said.

For the new school year, a full student lunch will cost \$4, an increase of only \$1 from last year. Students will also be able to apply for a reduced lunch cost of \$2. A la carte items and snacks will still be available, with prices varying per item.

More information regarding the new lunch program and an application to receive lunches at a reduced price will be sent home soon.

Support schools through Catholic Action Network

To help keep Catholic schools viable and tuition affordable, we need supporters to contact their legislators. To help with this task of enabling our legislative agenda to be heard, the New York State Catholic Conference of Bishops has devised a method of advocacy known as the Catholic Action Network (CAN). To join this network you only need to have access to the internet and about three minutes of time that you can devote to filling out the registration form online.

What does this free membership allow you to do?

The website will send you occasional "action alerts" that ask you to contact your legislators about important legislative



issues. You are provided with relevant letters that will be signed with your name; when you click on "submit" these letters will be sent automatically to your elected officials.

It is very easy to join. You first go to the web page of the New York State Catholic Conference: www.nyscatholic. org. Then hover over "Take Action!" and then click "Join the Catholic Action Network.'

You will be prompted to enter your name, address, etc., and the issues you are concerned with - for school issues choose "Education." After you click on "submit" you are set to access an easy way to notify your elected officials about your concerns.

We are especially asking for you to support the NYS Education Investment Tax Credit bill. This bill will have a profound effect on Catholic education in NYS when it is passed. Please go to www.InvestInEd.org and sign the petition in support of this legislation.

Thank you for taking the time to join the Catholic Action Network and support the Education Investment Tax Credit bill.

Congratulations, Fourth Quarter Honor Roll Students

Top five Seniors







Erica Swannie



Christopher Hoffman



Frin Neidhart



K. Fric Eggert



Kaitlvn Tytka



Hannah Gresham



Rebecca Hoina



Kavla Murphy



Ryan Rataiczak

Senior 1st Honors Torey Adams Catherine Blaszak Dvlan Braniecki Caitlin Bystrak

Kathleen Bookmiller Holly Bystrak Alexandra Casillo Laura Cavallari Mamin Amy Chen Yijing Shery Cheng Samantha Cousineau Reagan Craddock Aaron Denz Natalia Dziadosz Kevin Eggert Tyler English Laura Enzinna Vincent Francemone Chelsea Goldyn Marc Gonzalez Jacob Hacker Rylee Haffey Chelsea Heffernan Meghan Helak Brett Helmbrecht Christopher Hoffman Sydney Irish Brooke Kacala Nathaniel Keith Cory Kiebzak Emily Krucenski Cailyn Krygier Allison Langley Ana Lyons Marco Matteini

Kavla Roman Michaela Rowe Victoria Rozler Abigail Salamone Jacqueline Steck Nicholas Sugg Erica Swannie Christopher Szumla Erika Talbot Latrell Tyson Hayley Wnuk Megan Wrest Matthew Wrobel Trevor Wrona Yige Jessica Wu Collin Zelli Grant Ziomek

Senior 2nd Honors Joseph Cipolla Daniel Dolinar Peyton Harris Jeffrey Hunziker Courtnie Labenski Mary Martin Allison Parente Joseph Podwika Samantha Rodriguez Claire Schroeder Nicholas Soluri Dione Strong Nicholas Vallone

Junior 1st Honors Paul Bargnesi Andrew Blaszak Paige Burkard Theresa Cometto Teresa Cronmiller Ashley Drzymala Jennifer Dudzinski Nicholas Federico David Filion Jonathon Fontaine

Katie Grabski Hannah Gresham Xinyue Chloe Guan Joseph Hamilton Hannah Hapeman Justin Hersey Danielle Hockwater Rebecca Hojna Zachary Ineson Zailiang Eagle Jian Katrina Kenneweg Austin Klink Victoria Kwitowski Nicholas Lukasik Magdalene Manuel Leah Meyer Jessica Michalski Agatha Milholland Kayla Murphy Marc O'Neill Tia Piotrowski Ryan Ratajczak William Roskopf Gillian Sacco Matthew Schneider Kaitlyn Schott Jacob Shepard Mason Smith Julie Sobczynski Shelby Strausbaugh Alexandria Szpila Zachary Szpila Mariah Troidl Kaitlyn Tytka Qiuyang Chew Young Wang Yu Charlotte Wang Amber Wilk Alyssa Yebernetsky Alexandra Zelazny

Junior 2nd Honors Emily Bellet

Alyssa Ziobro

Lonnie Bowlds Joseph Coleman Jacob Concannon Raymond Cooper Nicolas DeSanto Mary Eddy Nicole Giardina Nicholas Heigl Sydney Kozminski RiverLeigh Martinez Nicholas Nasca Brianna Poules John Propis Jackson Sperduti Jacob Tomaszewski Christopher Truesdale Matthew Wierzbicki Michael Wierzbicki Sean Wilson

Sophomore 1st Honors

Jennifer Baran Garrett Braniecki Austin Calkins Olivia Carl Joelle Cianciosa Kendra Ciezki Marissa Dantonio Anna DiDomenico Madison Fermo Lisa Gali Helen Gibson Victoria Gorny Christopher Gresham Jia Wei Jimmy Gu Ann Hamilton Jack Hathaway Bridget Herod Carolyn Kidder Nicholas Kobis Jessica Kranz Kaila MacKay Rosalie Martin

Leah May Mikala McCartney Brendan McKeating Erica Michalski Katherine Netti David Owczarczak Julie Piiacki Jennifer Piskor Victoria Powell Grace Pyszczek Jessica Ratigan James Roetzer Veronica Rozler Allison Rusinski Hanna Strek **Emily Thomas** Joseph Vallone Isabel Van Remmen Megan Vogel Regan Weiss Emma Winiarski Madeline Wnuk Evan Zaprzal Alyssa Zirnheld Kevin Zolnowski

Sophomore 2nd Honors

Jordan Badura Bradley Berchou Benjamin Blackhall Braden Boya Joseph DiGesare Mitchell DiPirro Bailey Dolegowski Allyson Fischer Ethan Krygier Nina O'Scier Jonathan Rowe Andrew Salamone Shannon Watson Stephen Wisniewski Genevieve Zajac

Freshman 1st Honors

James Ando Charles Bristol John Connolly **Daniel Cress** Mark Cronmiller Joshua Fontaine Grace Fuller Meghan Hanna Anna Heerdt Stephanie Hossenlopp Victoria Jankowski Marissa Loniewski Caitlyn Meyer Faith Meyers Savannah Meyers Alex Paul Andrea Seeloff Kristi Smith Alexander Stegmeier William Story Collin Tytka Kathryn Vogl Haley Wipperman

Freshman 2nd Honors

Asia Alexander Gina Appenheimer Elizabeth Bakeman Alexander Bish **Amaya Devers** Jenna Erwin Jill Greene Erin Hufford Sean McCarthy Stephanie Nemmer Hannah Pufpaff Jacob Tredo Brittany Wachowski Sydney Zajac Maya Zelazny

Top five Sophomores



Mark McManus

Rachel Molino

Erin Neary

Erin Neidhart

Katarina Raab

Bailey Michalski

Melissa Musialowski

Francesca Rockwood

Carolyn Kidder



Madison Fermo



Victoria Powell



Olivia Carl



Austin Calkins



Daniel Cress



Marissa Loniewski



Top five Freshmen

Victoria Jankowski



Kathryn Vogl



Mark Cronmiller

Student to be invited for NHS

Once the school year begins, Mr. Keith Kidder, the NHS Induction Coordinator, will be inviting students who academically qualify to become a candidate for the St. Mary's National Honor Society. To be eligible for consideration, a student must be a junior or a senior who has a cumulative average of 90 percent or higher.

Soon after the distribution of Candidate Materials, the Induction Coordinator will hold an evening Candidate/Parent Informational Session to explain the selection process in more detail and review all forms in the Candidate Packet.

As part of the Candidate Process, students will be asked to complete the following:

 Activity Form – students will list their school, service, and/or leadership activities in and out of school.

- Leadership Referral Forms to be completed by supervisors of student's leadership activities.
- Service Referral Forms to be completed by supervisors of student's service activities.
- Personal Essay written by the student to summarize their achievements, interests, and other information they believe should be considered.

A reminder that students are required to have completed 25 hours of service beyond what is required for Religion classes (that is, Junior Candidates must have completed at least 55 hours of service; Senior Candidates need to have completed at least 85 hours). Students who do not meet this minimum service-

hour requirement will have their application removed from the NHS Candidate Process.

Once turned in, the candidate materials will be submitted to the Faculty Council for their review and consideration. Candidates will be notified either way by Mr. Kidder. Students selected for the National Honor Society will be inducted at a ceremony on November 19.

More complete information regarding the Selection process will be found in the Student-Parent Handbook, available on the St. Mary's High School website.

Changes coming to Walk-a-Thon

For several years, the Student Senate of St. Mary's High School has sponsored the annual Walk-a-thon. The students have walked the streets of Lancaster and, in the process, raised funds which are used by the Senate for school classes, clubs, and organizations and to help fund the Student Senate Scholarship.

This year, the Student Senate has decided to incorporate a school picnic into the Walk-a-thon, presently scheduled for Tuesday, Sept. 23.

After a shorter walk than the usual 10 miles, the Walk-a-thon will arrive at Firemen's Park in Depew. Here the students will be treated to a picnic lunch while able to enjoy the basketball courts, sand volleyball courts, and more. The students will walk back to school at the end of the day.

In this mailing, families will find a letter from the Student Senate Co-Moderators, Mrs. Lynn Tytka and Mr. Anthony Moreno, going into more details about the changes to the Walk-a-Thon.

There will also be a Walk-a-thon pledge sheet, which will be due Tuesday, Sept. 16.

Transportation information

Information regarding transportation is sent to parents from the public school district at the end of August. This information is not sent to St. Mary's High School.

If you do not receive your bus information, or if you have questions or problems with the arrangements, please call the Transportation Department of your school district. This does not apply to students in the Buffalo and Lockport

school districts

Incoming freshmen from Buffalo may receive their bus passes when they come for orientation on August 27. Upperclassmen will get theirs on the first day of school.

Remember: Students are never allowed to ride a bus from a school district other than their own. Public school districts are only insured for their own residents.

From the Enrollment Office Open House 2014

The annual Fall Open House will take place September 18 and 19. Mr. Steven Grieco, Enrollment Director, is looking for families willing to place an Open House sign on their front lawn for passing drivers to see. If you can help, please contact Mr. Grieco at 683-4824, ext. 237, or at sgrieco@smhlancers.org.

Upcoming Freshman Events

Freshman & Parent Mixer

Thursday, August 7 6:30 p.m.

Orientation for Freshmen, Transfer Students, and Parents

Wednesday, August 27 6:30 p.m.

Upcoming Enrollment Events

Fall Open House

September 18 & 19 5 to 8 p.m.

Admission Exam Prep Classes

November 1, 8, & 15

Admission Exam

November 22 8:30 a.m. to 12 noon

Currents

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Dress Code for 2014-15

The following is the St. Mary's High School Dress Code for the 2014-15 School Year.

The most significant change to the code is in regards to required dress for School Liturgies and Special Days. Beginning in September, young men are required to wear a single

breasted, navy blue blazer with two or three buttons on Liturgy Days and Special Days that will be announced. The Board recommends that the blazer be purchased from Flynn & O'Hara so you can be sure to have the correct style, though they may be purchased at other stores.

The purpose of the Dress Code is to teach self-discipline associated with personal hygiene and grooming and to encourage students to take pride in a personal appearance that would be acceptable in most modern business environments.

The following dress code is in effect from the beginning of homeroom until dismissal. Homeroom teachers will check dress code every morning and will immediately send anyone with questionable attire to the Discipline Office. Students are expected to be dressed in clean, properly-sized clothes that are well maintained. No students will be allowed to attend class out of dress code which includes their haircut / style / color. This dress code is also in effect during January and June exams.

Changes for the 2014-15 school year are underlined.

Ladies

- Properly sized navy, khaki, or gray dress pants (with the "SMH" logo) purchased from Flynn & O'Hara are the only pants allowed for ladies. The pants may not be ripped or torn. Pants from American Eagle or Aeropostale are not allowed.
- A properly-sized solid-colored Oxford buttoned blouse with a buttoned collar, long or short sleeve, tucked in, may be worn all year except on Liturgy days (On Liturgy days, blouse must be blue or white). The school recommends purchasing these from Flynn & O'Hara to ensure that you have the correct style.
- Dress shirts may not have extra darts or seams causing the shirt to be a tight fit.
- The official St. Mary's High School Polo shirts may be worn all year except on Liturgy days. Club and athletic polo shirts are not allowed as part of the regular dress code. Regular polo shirts must be tucked in at all times; banded polo shirts do not have to be tucked in.
- Embroidered St. Mary's sweatshirts, St. Mary's sweaters, St. Mary's fleeces, or solid navy blue, solid white, or solid gray sweaters may be worn over the dress

- shirt, a white, navy, or gray turtleneck, or the St. Mary's polo shirt. *Thermal or long-sleeve t-shirts are not allowed*. Club and athletic sweatshirts and fleeces are not allowed as part of the regular dress code.
- "Sweater" is defined as a long-sleeved, heavy-gauge, knitted, wool or cotton garment that fits the body loosely.
 Sweaters may have zip-up fronts.
- Turtleneck sweaters (solid navy, solid white, or solid gray) may be worn without a dress shirt / polo shirt underneath.
- Navy blue blazers or navy blue vests may be worn over the dress shirt, white St. Mary's polo shirt, or a white, navy, or gray turtleneck.
- T-shirts worn under a dress shirt must be white with no lettering or design.
- Black, navy, white, or beige stockings or black, navy, gray, or white knee socks and shoes must be worn. No patterns, bows, buttons, or other designs are allowed on the socks/stockings.
- All girls are required to purchase the uniform skort that is available from Flynn & O'Hara. The skort must be no more than two inches above the knee. They are only required to wear the uniform skort on Liturgy days or other special occasions requiring formal dress.
- Dress shoes must be worn and cannot be backless, canvas, slippers, or boots.
- Shoes must be properly worn.

Gentlemen

- Properly sized navy, khaki or gray dress pants worn with a solid brown, solid black, or solid white colored belt. The school recommends purchasing the dress pants from Flynn & O'Hara to ensure that you have the correct style. Pants with rivets, sewn-on pockets, stripes, or ripped/torn cuffs are not to be worn. Pants may not be worn below the waistline. Pants from American Eagle or Aeropostale are not allowed.
- A properly-sized solid-colored Oxford buttoned dress shirt with buttoned collar, fully buttoned and tucked in may

- be worn all year except on Liturgy days (On Liturgy days, shirt must be blue or white). Shirt must be worn with a tie. Bow ties may be worn.
- The official St. Mary's High School Polo shirts may be worn all year except on Liturgy days. Club and athletic polo shirts are not allowed as part of the regular dress code. Polo shirts must be tucked in at all times. T-shirts worn under polo shirts may be solid navy, white, or gray. No lettering or design from the t-shirt may be visible.
- Embroidered St. Mary's sweatshirts, St.
 Mary's sweaters, St. Mary's fleeces, or
 solid navy blue, solid gray, or solid white
 sweaters may be worn over the dress
 shirt with tie, a white, blue, or gray
 turtleneck, or the St. Mary's polo shirt.
 Thermal or long-sleeve t-shirts are not
 allowed. Club and athletic sweatshirts
 and fleeces are not allowed as part of
 the regular dress code.
- "Sweater" is defined as a long-sleeved, heavy-gauge, knitted, wool or cotton garment that fits the body loosely.
 Sweaters may have zip-up fronts.
- Turtleneck sweaters (solid navy, solid white, or solid gray) may be worn without a dress shirt / polo shirt underneath.
- Navy blue blazers or navy blue vests may be worn over the dress shirt with tie, St. Mary's white polo shirt, or a white, blue, or gray turtleneck.
- T-shirts worn under a dress shirt must be white with no lettering or design.
- Solid brown, solid black, solid navy blue, or solid gray dress shoes with socks must be worn.
- Boat shoes may be worn. <u>They must be</u> solid or two-tone brown, black, navy blue, or gray with socks.
- Dress shoes cannot be backless, canvas, slippers, or boots. No athletic shoes may be worn.
- Shoes must be properly worn.
- · No makeup or nail polish may be worn.

(Continued on page 9)

Dress Code for 2014-15 (continued from page 8)

The following rules apply to all students:

- No sandals or open-toed shoes may be worn. No slippers or moccasins may be worn.
- · No outerwear may be worn.
- The only acceptable sweatshirts and fleeces are embroidered SMH or approved class sweatshirts (without hoods).
- Body piercing is limited to two earrings per ear for girls, no earrings for boys, including dress down days. Spacers used to increase the size of holes in ears are prohibited. Wearing a bandage over illegal piercings is not permitted.
- Visible tattoos and heavy metal chains are not allowed including dress down days.
- Long-sleeve shirts worn under short sleeve shirts are not allowed.
- No Capri pants or shorts may be worn.
- · No gloves of any kind may be worn.
- No wristbands or sweatbands may be worn.
- Nothing sheer or see-through may ever be worn, including dress down days.
- Nothing sleeveless may ever be worn, including dress down days.
- Students are not allowed to have writing or drawings on their skin at any time.
- Sleeves on polo shirts may not be rolled and collars may not be flipped up.
- During June Exams, footwear regulation is relaxed – flip-flops, sneakers, etc. are allowed.

Hair

- Hair should be kept neat, clean, and combed at all times. No bizarre haircuts or hair colors are permitted. There should be no spikes, puffs, Mohawks, etc. Boys' hair must be no longer than collar length, and the front must be at least one-finger's-width off of the eyebrows. No portion of the head will be shaved. Any bizarre hairstyle will result in daily detention until the problem is corrected.
- Students are expected to be cleanshaven on a daily basis. No facial hair is permitted. Sideburns must be

trimmed, neat, and not extend below the earlobe.

Pride Day Dress

- Students may wear any official St. Mary's attire including class shirts, school sports t-shirts/sweatshirts, school sweatpants, school shorts, school hats.
- Solid navy/gray pants or navy/gray pants with white stripes down the leg may be worn.
- · No jeans are allowed.
- Earring and facial hair regulations remain in effect.
- Sneakers or sandals may be worn if the student is wearing Pride Day Dress.

Liturgy Day Dress

To achieve a sense of unity in the celebration of important moments in the life of the St. Mary's community and to deepen our awareness of our Catholic faith, all students will attend all school liturgies and prayer services. On days when a liturgy is scheduled, students must follow the rules for "liturgy day dress:"

- · No polo shirts will be allowed.
- · Gentlemen are required to wear
- A blue or white dress shirt and tie as defined previously.
- A single breasted navy blue blazer with two or three buttons. The school recommends purchasing these from Flynn & O'Hara to ensure that you have the correct style.
- · Ladies are required to wear
- A blue or white dress shirt as defined previously
- A uniform skort.
- Dress code sweaters, approved St.
 Mary's sweatshirts, vests, blazers are permitted over the dress shirts.
- This dress code may also be in effect for other special occasions and field trips.

 Announcements will be made in advance.

Jeans Day Dress

Throughout the school year, organizations may run a jeans day as a fundraiser

for outside charities. These fundraisers need to be proposed and approved through the Principal's Advisory Board. On a jeans day, students may wear:

- Jeans they may not be ripped/torn or excessively oversized.
- Sweatpants, windpants, cargo pants, corduroy pants, Capri pants
- · Sneakers or sandals

They may NOT wear:

- · Jean shorts or shorts of any kind
- Jean skirts or skirts of any kind
- Hats

Modesty will always be stressed. Earring and facial hair regulations remain in effect. If a student chooses not to participate, they must be in regular dress code.

Baccalaureate Mass / Graduation

The following policy must be adhered to during these events: the Baccalaureate Mass, Senior Family Brunch, and Graduation Ceremony. Failure to follow these rules will result in the student not being allowed to participate in that event. The graduation fee will not be refunded.

Because these are formal events hosted by the school, there will be strict adherence to the school dress code policy regarding hair, earrings, body-piercing, and facial hair. Messages on caps/gowns are not permitted.

- Ladies must be modestly dressed in a dress, skirt/blouse, or a pants suit.
 Dress shoes or dress sandals must be worn. No flip-flops. No bizarre socks, stockings, or shoes may be worn.
- Gentlemen must wear dress pants, a dress shirt (preferably white) and tie, as well as dress shoes.
- In all cases regarding these events, the final decision regarding participation will be decided by the Administration of the school

The Dean of Student Affairs will make the final determination as to whether or not a student's attire violates the dress code. Modesty will be stressed. Any bizarre appearance, in clothing or hair, is unacceptable.

EARN FREE SUPPLIES at OFFICE DEPOT

Every time you give our School ID number when buying qualifying school supplies, St. Mary's receives credits equal to 5% of the qualifying purchases to use for Free Supplies!

The School ID for St. Mary's High School is 70073221

2014 Summer Reading Assignment

English 9 Regents and Honors

All freshmen must read Night, by Elie Weisel. In addition, English 9 Regents must read a second book from the following list; English 9 Honors must read two additional books from the list:

- Alas, Babylon (Pat Frank) A story about civilization and life after nuclear war.
- Roll of Thunder, Hear My Cry (Mildred Taylor) – This novel depicts the many dimensions of racism in the South during the 1930's. The Logans, an African-American family, struggle to keep their 400 acres during the Great Depression.
- Summer of My German Soldier (Bette Greene) – During WWII, a young American girl falls in love with a German prisoner of war as she helps him to escape.
- Ten Little Indians, also titled And Then There Were None (Agatha Christie) – Mystery story of the murder of 10 strangers trapped on an island.
- The Boys of Winter (Wayne Coffey) Nonfiction account of the 1980 "Miracle on Ice" US Hockey Olympic Gold Medal team.
- Mockingjay (Suzanne Collins) This is the final book of the Hunger Games trilogy.

Assignment:

Part I – On a sheet of loose-leaf paper, you must hand write (no typed copies accepted) a list of 10 unknown words found in each book; include each word's definition, part of speech, and an original sentence properly using the word. This vocabulary is due on Tuesday, Sept. 9, 2014.

Part II – An in-class writing assignment will be given on Tuesday, Sept. 9th, on *Night*; a second in-class writing assignment will be given on Wednesday, Sept. 10th, on your 2nd book choice; English 9 Honors will write a third inclass assignment on Thursday, Sept. 11th, on your 3rd book choice.

English 10 Regents and Honors

<u>All</u> sophomores <u>must read</u> Lord of the Flies, by William Golding.
In addition to this book, **10 Regents**

must read <u>one</u> book from the following list; **10 Honors** must read <u>two</u> books from the following list:

- In the Middle of the Night (Robert Cormier) – Years before Denny was born, his father was involved in a tragic accident. The family doesn't talk about it, but the tragedy continues to haunt the family. When Denny decides to learn more about the accident, he becomes entangled in its web.
- A Night to Remember (Walter Lord) –
 The author recounts the last hours of
 the Titanic from the perspectives of
 many of the ship's passengers.
- Rebecca (Daphne du Maurier) The classic story of the second Mrs.
 DeWinter, who followed the man she loved from Monte Carlo to his lavish country estate, Manderly. There, she is drawn into the brooding passions of a romance dead but not forgotten – for always, everywhere, is the evil, eternal presence of ... Rebecca!
- Briar Rose (Jane Yolen) The story of Briar Rose (Sleeping Beauty) is linked to the Holocaust when a young woman promises her dying grandmother that she will return to Poland and discover the truth about her past.
- House (Frank Peretti and Ted Dekker) A

- supernatural thriller by this famous pair of Christian writers that gives new meaning to the phrase "haunted house."
- Fahrenheit 451 (Ray Bradbury) –
 Bradbury's classic science fiction novel
 of censorship and defiance.
- Castaway Kid (R.B. Mitchell) The true story of an abandoned kid who was one of the last "lifers" in an American orphanage.
- Saving Juliet (Suzanne Selfers) A modern-day teenage girl goes back to Shakespeare's Verona in an attempt to prevent the tragedy of Romeo and Juliet from happening.

Assignment:

Part I – On a sheet of loose-leaf paper, you must hand write (no typed copies accepted) a list of 10 unknown words found in each book you read; include each word's definition, part of speech, and an original sentence properly using the word. This vocabulary is due on Tuesday, Sept. 9, 2014.

Part II – An in-class writing assignment will be done on Tuesday and Wednesday, September 9th and 10th, on your summer reading books. It would be

(Continued on page 11)

St. Mary's on parade



Coordinated by Mr. Grieco and Mr. Kelleher, several St. Mary's students participated in the Lancaster Fourth of July Parade, tossing candy to the people lining the streets of the Village of Lancaster. St. Mary's High School teamed up with St. Mary's Elementary School to have a float in the well-attended parade.

August 2014

Counseling Corner

Sarah Neudeck (sneudeck@smhlancers.org) • 683-2349 • Jamie Whitwood (jwhitwood@smhlancers.org)

Counselor to Classes of 2015 & 2017

Counselor to Classes of 2016 & 2018

Visit colleges this summer

NOW through the beginning of the school year is an excellent time for seniors and their parents to visit the colleges they are considering.

Whether a student is considering a local institution or one far away, families need to experience first hand the campus and talk about how it will fit their student's needs.

During this past school year, students met several times with their counselors, and each has a list of potential schools.

Once you have viewed the different websites and read all you can about the schools, call the colleges' admissions office to set up an appointment. Then take a tour of the school, talk to students, visit classrooms and dorms, and walk around the neighborhoods, all in an effort to "get a feel" of the school

Visiting colleges is one of the most important steps in the college selection process and is vital in helping you and your student decide

where to apply next fall.

Feel free to call with your questions. Guidance counselors will be available throughout the summer.

St. Mary's, St. Bonaventure providing "Bus to Bona"

St. Mary's High School, in cooperation with St. Bonaventure University, will be providing a "Bus to Bona" for St. Mary's seniors on Senior College Visitation Day, Wednesday, Oct. 15.

The "Bus for Bona" will leave St. Mary's at 8:30 a.m. to return at approximately 3 p.m. During the trip, seniors will be able to take a tour of the campus; meet with teachers,

students, and admissions' advisors; and sit in on classes.

The seniors will also be treated to a free lunch in the university's Magnano Centre.

More information and sign-ups will be available closer to October 15.

Questions may be addressed to Mrs. Neudeck, Senior Class Counselor, at 683-2349 or sneudeck@smhlancers.org.

Reading assignment (continued from page 10)

beneficial to take notes on theme, setting, characterization, and mood while reading.

English 11 Regents

<u>All</u> English 11 Regents students <u>must</u> <u>read</u> A Raisin in the Sun, by Lorraine Hansberry.

In addition to this play, **English 11 Regents** students must read <u>a second</u>

<u>book</u> from the following list:

- Black Boy (Richard Wright) A sensitive and rebellious African American youth survives a life of poverty, familial strife, and Southern bigotry to pursue his goal of becoming a writer in the North.
- A Tree Grows in Brooklyn (Betty Smith) –
 A classic! Francie Nolan lives in turn of the century Brooklyn, New York. She struggles against all odds to survive and thrive.
- The Curious Incident of the Dog in the Night-Time (Mark Haddon) – This is the

story of an autistic boy's quest to investigate the suspicious death of a neighborhood dog.

- Into Thin Air (Jan Krakauer) A firstperson account of an expedition to Mt. Everest that turned from dream climb to nightmare.
- Catch 22 (Joseph Heller) A classic! In this satirical novel, Captain Yossarian confronts the hypocrisy of war and bureaucracy as he frantically attempts to survive.
- What Happened (Peter Johnson) This novel, written by a Canisius High School graduate and set in an all-boys Buffalo high school, is an account of a car accident that unfolds slowly from the voice of an unnamed narrator.

Assignment:

Part I – On a sheet of loose-leaf paper, you must hand write (<u>no typed copies</u> <u>accepted</u>) a list of <u>10</u> unknown words found in <u>each book</u>; include each word's definition, part of speech, and an original sentence properly using the word. This vocabulary is due on Tuesday, Sept. 9.

Part II – An in-class writing assignment will be done on Tuesday and Wednesday, Sept. 9th and 10th, on your two summer reading books. Both assignments will be critical lens essays. Your English teacher will review the format of this type of essay in class before Tuesday, Sept. 10th . It would be beneficial for you to take notes on literary elements used by the authors in your summer reading books.

AP English Literature & Composition

AP Literature students <u>MUST</u> read The Scarlet Letter, by Nathaniel Hawthorne, and <u>two</u> additional works from the following list:

(Continued on page 12)

Reading Assignment (continued from page 11)

- Animal Farm (George Orwell) A satirical fable set on a farm; events mirror the rise of Communism.
- Black Boy (Richard Wright) A sensitive and rebellious African-American youth survives a life of poverty, familial strife, and Southern bigotry to pursue his goal of becoming a writer in the North.
- The Curious Incident of the Dog in the Night-Time (Mark Haddon) – This is the story of an autistic boy's quest to investigate the suspicious death of a neighborhood dog.
- A Raisin in the Sun (Lorraine Hansberry)
 This classic drama shows how the sudden appearance of money tears an African-American family apart.
- Catch 22 (Joseph Heller) A classic! In this satirical novel, Captain Yossarian confronts the hypocrisy of war and bureaucracy as he frantically attempts to survive.
- Wuthering Heights (Emily Bronte) The story of two childhood sweethearts, Heathcliff and Catherine Earnshaw, who

- grow up on the Yorkshire Moors. When Catherine marries another man, Edgar Linton, Heathcliff attempts to take revenge on the entire Linton and Earnshaw families.
- The Awakening (Kate Chopin) The story of one woman's journey to selfdiscovery set in New Orleans at the turn of the 20th century.
- All Quiet on the Western Front (Erich Maria Remarque) – A young soldier struggles to survive and questions the purpose of war during WWI.
- Pygmalion (George Bernard Shaw) –
 Eliza Doolittle becomes the focus of a
 bet between Professor Higgins and his
 friend. Higgins claims that by teaching
 Eliza to "talk like a lady," he can make
 others believe that a low-class girl is a
 duchess.
- Rosencrantz and Guildenstern Are Dead
 (Tom Stoppard) This drama spotlights
 two minor characters from Hamlet and
 shows the play from their perspective.
 This play, written as part of the Theatre

- of the Absurd Movement, is often ridiculous and humorous.
- Their Eyes Were Watching God (Zora Neale Hurston) – This classic African-American novel tells, with haunting sympathy, the story of Jane Crawford's evolving identity through three marriages.

Assignment:

Part I – On a sheet of loose-leaf paper, you must hand write (no typed copies accepted) a list of 10 unknown words found in each book; include each word's definition, part of speech, and an original sentence properly using the word. This vocabulary is due on Tuesday, Sept. 9, 2014.

Part II – An in-class writing assignment will be done on Tuesday and Wednesday, Sept. 9 and 10, 2014, incorporating all three summer reading books. Both assignments will be critical lens essays. Your English teacher will review the format of this type of essay in class before Tuesday, Sept. 9th. It would be beneficial for you to take notes on literary elements used by the authors in your summer reading books.

English 12 Regents

<u>All</u> English 12 Regents students

<u>MUST</u> read *Jane Eyre*, by Charlotte Bronte.

In addition to this novel, English 12

Regents students <u>MUST</u> read a second book from the following list:

- Bleachers (John Grisham) As their football coach hovers between life and death, his former players gather at their high school field to recollect the good and bad times of their lives and high school football careers.
- Farewell to Arms (Earnest Hemingway) Set in Italy, this is a poignant love story taking place against the backdrop of WWI. A classic!
- The Bell Jar (Sylvia Plath) Sylvia Plath's only novel tells the story of college student Esther Greenwood – her nervous breakdown and fight to regain both her sanity and her life. A classic!
- Native Son (Richard Wright) For Bigger Thomas, an African-American man accused of a crime in the white man's world, there could be no extenuating (Continued on page 17)



Campus Ministry



The 8th Commandment

Since January the Campus Ministry articles have focused on the Ten Commandments. August, the eighth month, will conclude this topic as we ponder the Eighth Commandment: "Thou shall not bear false witness against your neighbor," Exodus 20:16. Stated simply, "No lying."

Historically, Scripture required two witnesses to prove one's guilt. (Recall Jesus' "trial" at the hands of Pilate in John's Gospel). In addition, two eyewitnesses were required before the death penalty could be enforced.

There is a wide difference in the manner we lie and how it is understood. Often we dismiss the seriousness of untruthfulness by using terms like "a fib," "a white lie," "an exaggeration," and "a half truth." Sometimes the most serious of lies are told to protect and deceive.

One's character is demonstrated by

the degree to which one is seen as honest and truthful. From childhood we have learned that lying only makes a difficult, uncomfortable, bad situation worse. When someone lies to us our dignity and self-respect are disregarded. It becomes personal, whether the lies are person to person or they have some institutional or governmental "spin."

"Lies beget lies." This adage encourages us to always tell the truth so that we don't have to remember the story. Being truthful and honest is not always easy, but the graces of the sacrament of penance are there to help. Scripture does instruct us that the truth shall make you free.

In positive terms the Eighth Commandment says, "Be truthful! Be Honest!"

Benedicat vos omnipotens Deus. twf+

School Supply List

The annual ritual of School Supply Shopping has begun, as area stores have started their sales and promotions. For many families, the treks to KMart, Target, or Wal-Mart will take place as the students prepare for the new school year. For the St. Mary's students, the store visits will

also begin.

In an effort to assist families in their back-to-school shopping, here is a <u>PARTIAL</u> list of supplies needed by the different departments.

Please note two items – Individual teachers will have additional requirements

for their classes. These lists will be passed out the first day of class.

Also, students will be receiving an assignment notebook from St. Mary's High School on their first day of school. Thus, there is no need to purchase a separate one.

Needed for all classes

- pens
- pencils
- · loose leaf paper

<u>Business Classes</u> Business Law

- one-subject notebook
- folder with pockets

English Classes English 9 Regents

- 2-inch 3-ring binder with at least 5 dividers
- composition-style notebook
- highlighter
- folder with pockets

English 9 Honors

- 2-inch 3-ring binder with 6 dividers (only to be used for English class)
- folder with pockets

English 10 Regents

 2-inch 3-ring binder with 2 dividers (only to be used for English class)

English 10 Honors

 2-inch 3-ring binder (only to be used for English class)

English 11 Regents

- 2-inch 3-ring binder with 6 dividers (only to be used for English class)
- highlighter

AP English Literature

- 3-ring binder with 5 dividers (only to be used for English class)
- highlighter
- Post-It flags
- The Poisonwood
 Bible by Barbara
 Kingsolver

English 12 Regents

- 3-ring binder with
 5 dividers (only to be used for English class)
- highlighter

AP English Language

- 3-ring binder (any size - only to be used for English class)
- highlighter
- Post-It flags

Foreign Language Classes

All French & Spanish classes

- spiral notebook with 4 pockets, OR 4- pronged pocket folders (1 for each quarter) and a spiral notebook (must be for French or Spanish use only)
- highlighter.

Spanish 2 and 2 Honors

 In addition to above, 3 gel pens, one each of red, green, and black.

Health Classes

- 2-inch 3-ring binder
- 1-subject notebook
- folder

Math Classes All Math Classes

- TI84 plus graphing calculator
- pencils with erasers

Algebra A and Algebra B

- · jumbo book cover
- 1.5-inch binder
- · graph paper

Geometry A, Geometry H, Algebra 2 / Trig A, Algebra 2 / Trig H

- jumbo book cover
- · 2-inch binder
- notebook
- · graph paper
- dividers

Math IIB

- · jumbo book cover
- 2-inch binder
- notebook
- · graph paper

Math IIIB

- · regular book cover
- 2-inch binder
- notebook
- graph paper

Pre-Calculus

- 2-inch binder
- notebook
- jumbo book cover

Pre-Calculus H

- 1.5-inch binder
- · regular book cover

AP Calculus

- 3-inch binder
- notebook
- divider
- · regular book cover

AP Statistics

- 2.5-inch binder
- · dividers
- · regular book cover

Math IVB

- · 2-inch binder
- divider
- notebook
- regular book cover

Religion Classes

Freshmen

 No special supplies necessary

Sophomores

- 1-inch 3-ring binder
- a Bible at home (if student does not have a Bible at home the school will supply one)

Juniors & Seniors

· 1-inch 3-ring binder

Science Classes Earth Science

- One 3-5 subject spiral bound notebook (for Earth Science-A -Regents only)
- 2-inch 3-ring binder
- One package of dividers (5)
- Highlighter
- 2 pocket folder
- Multicolored ink pen (at least 4 different colors)
- Graph paper
- Ruler
- Calculator (four function calculator or scientific calculator)

Living Environment - A or B

- 2-inch 3-ring binder
- One package of dividers
- · Multicolored pen
- Colored pencils
- Highlighter
- Two pocket folder
- Calculator (four function or scientific)

General Chemistry

- 2-inch 3-ring binder with at least 4 dividers
- Calculator (basic functions, but graphing calculator from math is good)
- pocket folders

RegentsChemistry, Regents Chemistry Honors, Forensic Chemistry

- Two 2-inch 3-ring binders with dividers
- Calculator (Nongraphing calculator required for Regents Exam)
- Graph Paper

Physics

- 3-5 subject spiral bound notebook (used only for physics)
- 2 pocket folder or 3-ring binder for hand-outs
- Protractor
- Ruler
- Graph paper Calculator (graphing

calculator used

in math class)

Environmental Science

- Spiral bound
- 2 pocket folder
- Colored pencils

AP Chemistry

- Two 2-inch 3-ring binders with dividers
- Graph Paper

Social Studies Classes

All Classes

 2-inch 3-ring binder



Fall Sport Start Dates –

Students planning to play a sport during the fall season should be aware of the following start dates:

- Football at St. Mary's
 - Monday, Aug. 18-Friday, Aug. 22 3-8pm
 - Saturday, Aug. 23 TBA
 - Monday, Aug. 25-Friday, Aug. 29 3-8pm
 - Saturday, Aug. 30 Scrimmage at Maryvale (time to be announced)
 - Bring spikes, change of clothing, healthy snack, water/Gatorade, 5-piece girdle, sandals/shower shoes
 - For more information contact Varsity
 Coach Chris Glenn
 (cglenn712@gmail.com) or JV Coach
 Brian Kader (brian.kader@gmail.com)
- Girls' Varsity Volleyball at St. Mary's
 - Monday, Aug. 18 & Tuesday, Aug. 19 9am-1pm
 - Wednesday, Aug. 20 & Thursday, Aug. 21 – 5-8pm
 - Friday, Aug. 22 & Saturday, Aug. 23 -

9am-12noon

- Monday, Aug. 25 & Tuesday, Aug. 26 9am-1pm
- Wednesday, Aug. 27 & Thursday, Aug. 28 – 5-8pm
- Friday, Aug. 29 & Saturday, Aug. 30 9am-12noon
- For more information, contact Coach Don Pieczynski (ivccs@aol.com)
- · Girls' JV Volleyball at St. Mary's
 - Monday, Aug. 18-Friday, Aug. 22, Monday, Aug. 25-Friday, Aug. 29 – 3-6p.m.
 - Satudays, Aug. 23 & 30 9-11am
 For more information, contact Coach
 Dennis Zureck
 (dzureck@roadrunner.com)
- Boys' Volleyball at St. Mary's
- Monday, Aug. 18-Friday, Aug. 22,
 Monday, Aug. 25-Friday, Aug. 29 –
 Times to be determined soon
- · Girls' Soccer at Westwood Park

- Monday, Aug. 18 8-10 a.m.
 Bring shin guards, water bottle
 For more information contact Coach
 Leonard Pfohl (Ilmspfohl@verizon.net)
- Boys' Soccer at Lancaster Middle School or Westwood Park
 - Monday, Aug. 18-Friday, Aug. 22,
 Monday, Aug. 25-Friday, Aug. 29 –
 6:15-8:15p.m.

Bring spikes, shin-guards, water botle For more information, contact Coach Al Franjoine (afranjoine@aol.com)

- Golf at Walden Driving Range
- Monday, Aug. 25th 1-2:30 p.m.
 Bring your own clubs
 For more information contact Coach Mark Rzemek (mrzemek@smhlancers.org)

More information is also available by contacting Athletic Director Joe Rera at 683-4824, ext. 235, or jrera@smhlancers. org.

Parent / Coach / Athlete Communications Guide

The goal of the Athletics Department at St. Mary's High School is to create a positive environment for our students and your children, where academic and athletic excellence will become expected and will be achieved.

Athletic Department Philosophy

- Athletic and academic achievement requires a sincere commitment from all athletes, parents, coaches and administrators. For all of us to be successful, effective communication must occur.
- The St. Mary's Athletic Department and administration believe strongly in being accessible to parents and supportive of the coaching staff.
- We will continually attempt to improve communication with the students and parents. For our programs to be truly successful, it is necessary that everyone understand the focus and direction of the St. Mary's athletic program.

Parent Expectations

- A. It is reasonable to expect your child's coach to inform you:
 - 1. When and where practices and

games are held.

- 2. About his/her coaching philosophy.
- About the expectations he/she has for all athletes on the squad as well as your individual child.
- 4. What is required to be part of the team, i.e., special equipment, off season conditioning, etc.
- If your child is injured during participation in a practice or contest.
- Whenever any disciplinary action results in your child being denied participation in a practice or contest.
- B. Typical concerns of parents that are appropriate to discuss with a coach are:
 - Any noticeable downward trends in your child's academic performance.
 - How you can contribute to your child's skill improvement and development.

Athletic Department Expectations

- A. Coaches need parents to tell them:
 - Any specific health concerns about your child; this should be expressed directly to the head

- coach at a mutually convenient time.
- 2. Notification of any schedule conflicts well in advance.
- B. If you have a concern to discuss with a coach, what procedure should you follow?
 - Make an appointment with the coach. Never approach a coach before or after a game unless the coach requests this.
 - If the coach cannot be reached, then call the Athletic Director to set up a meeting.
 - Please do not attempt to confront a coach before, during, or following a contest or practice. These can be busy and emotional times for both the parent and the coach and this period does not promote objective analysis of the situation.
- C. What should you do if the meeting with the coach does not result in a resolution to the problem?
 - Call and set up an appointment with the Athletic Director to discuss the situation.
 - 2. At this meeting the appropriate next step can be determined.

2014 Fall Sports Schedules

Varsity Football

Sat. Sept. 6, 2pm @ University Prep (Bishop Kearney)

Sat., Sept. 13, 1pm vs. St. John the Baptist

Fri., Sept. 19, 7pm @ Timon (Tifft Farms)

Sat., Sept. 27, 2pm vs. Oil City (Pa.)

Sat., Oct. 4, 1pm vs. Niagara Wheatfield

Sat., Oct. 11, 7pm @ East High (Erie, Pa.)

Sat., Oct. 18, 2pm @ St. Joe's Sat, Oct. 25, 1pm vs. St. Francis

Sat., Nov. 1, 1pm vs. O'Hara

Sat. Nov. 8, time TBA – Quarter-

Sat. Nov. 15, time TBA – Semifinals (Ralph Wilson Stadium)

Sat. Nov. 22, time TBA – Finals (Ralph Wilson Stadium)

Women's Soccer

All games start at 4:30 pm unless noted. Home games played at Westwood Park.

Sat., Sept. 6, 10am, vs. Buffalo Seminary (Firemen's Park)

Tues., Sept. 9, vs. Mt. Mercy Wed., Sept. 10, @ O'Hara

Fri., Sept. 12, 6:30pm @ Depew Sat., Sept. 13, 10am vs. Immaculata (Fireman's Park)

Mon., Sept. 15, @ Immaculata Tues., Sept. 16, @ Niagara Catholic

Thurs., Sept. 25, @ Buffalo Seminary (Larkin Field)

Sat., Sept. 27, 11am @ Christian Central

Fri., Oct. 3, 6pm @ Pembroke Sat., Oct. 4, 10am @ Immaculata Tues., Oct. 7, vs. O'Hara Tues., Oct. 14, vs. Niagara Catholic

Thurs., Oct. 16, vs. Park TBA @ Park

Women's Volleyball

All JV matches start at 4:30 pm, Varsity matches start at 6 pm unless noted

Sat. Sept. 6 – SMHS Tournament – Varsity Only

Tues., Sept. 9, vs. Mt. Mercy Thurs., Sept. 11, vs. O'Hara Mon., Sept. 15, @ Mt. St. Mary's Wed., Sept. 17, @ Sacred Heart Mon., Sept. 22, vs. Nichols Wed., Sept. 24, vs. Nardin Fri., Sept. 26, vs. Niagara Catholic Sat., Sept. 27, – Eden Tournament

(Varsity only)

- BNCC Tournament (JV only)
Mon., Sept. 29, @ Immaculata
Tues., Sept. 30, vs. Eden

Mon., Oct. 6, @ Nichols Tues., Oct. 7, 5 & 6:30pm vs. Rochester Mercy

Fri., Oct. 10, & Sat., Oct. 11 – Garden State Tournament (Farleigh Dickinson – Varsity only)

Sat., Oct. 11, – Lancaster Tournament (JV only)

Tues, Oct. 14, vs. Mt. St. Mary's Thurs., Oct. 16, 5:30 & 7pm, @

Rochester Mercy
Fri., Oct. 17, @ Niagara Catholic
Mon. Oct. 20, @ O'Hara

Mon., Oct. 20, @ O'Hara Tues., Oct. 21, 5:30 & 7pm, @ Eden

Wed., Oct. 22, vs. Sacred Heart Fri., Oct. 24, @ Mt. Mercy Mon., Oct. 27, vs. Immaculata

Wed., Oct. 29, @ Nardin Fri., Oct. 31 – Quarter-finals (St. Mary's)

Mon., Nov. 3 – Semi-finals Wed., Nov. 5 – Finals (St. Joe's) Sun., Nov. 9 – State Tournament (St. Mary's)

Men's Soccer

All games start at 4 pm unless noted. Home games played at Westwood Park.

Tues., Sept. 2, @ Alden Thurs., Sept. 4, vs. Timon Sat, Sept. 13, TBA @ Walsh Tues., Sept. 16, vs. Niagara Catholic

Mon, Sept. 22, @ Timon (Tifft) Thurs., Sept. 25, @ Park Sat., Sept. 27, 1pm @ Christian Central

Wed., Oct. 1, vs. Gow Sat., Oct. 4, 3pm vs. Walsh (Firemen's Park)

Mon., Oct. 6, 4:30pm vs. O'Hara Tues., Oct. 7, @ O'Hara

Tues., Oct. 14, @ Niagara Catholic Thurs., Oct. 16, vs. West Seneca Christian

Mon., Oct. 20, vs. Park Wed., Oct. 22, vs. Christian Central

Fri., Oct. 24, @ Gow Tues., Oct. 28, @ West Seneca Christian

Men's Volleyball

All matches start at 5 pm.

Wed., Sept. 10, vs. Canisius Mon., Sept. 15, vs. St. Francis Wed., Sept. 17, vs. Maryvale Thurs., Sept. 25, @ O'Hara Thurs., Oct. 2, @ Canisius Tues., Oct. 7, @ St. Francis Thurs., Oct. 9, vs. St. Joe's Thurs., Oct. 16, vs. O'Hara

Wed., Oct. 22, @ St. Joe's Tues., Oct. 28 – Quarter-finals (at higher seed)

Mon, Nov. 3 – Semi-finals (at #1 seed)

Wed, Nov. 5 - Finals (at St. Joe's)

Golf

All matches begin at 3:45pm unless noted.

Thur., Sept. 4, @ Park (Diamond Hawk)

Tues., Sept. 9, @ O'Hara / Canisius (Sheridan Park)

Wed., Sept. 10, @ Gow/Timon (Cazenovia Park)

Fri., Sept. 12, vs. St. Francis (Buffalo Tournament Club)

Mon., Sept. 15, vs. Park / Christian Central (Buffalo Tournament Club)

Tues., Sept. 16, vs. O'Hara / Niagara Catholic (Lancaster Country Club)

Mon., Sept. 22, @ Park / Niagara Catholic (Hyde Park)

Wed., Sept. 24, @ Niagara Catholic / Gow (Elma Meadows)

Thurs., Sept. 25, vs. Gow (Buffalo Tournament Club)

Mon., Sept. 29, 4 p.m. @ Nichols (Country Club of Buffalo)

Tues., Sept. 30, vs. O'Hara (Brighton Golf Club)

Wed., Oct. 1 @ Gow / St. Joe's (Sheridan Park)

Fri., Oct. 3, vs. Timon (Buffalo Tournament Club)

TBA @ Niagara Catholic / Christian Central

Mon, Oct. 13 - All-Catholics

JV Football

All games start at 10 am unless noted.

Sat. Sept. 20, vs. Timon

Sat., Oct. 4, @ Niagara Wheatfield

Sat., Oct. 11, vs. Canisius

Sat., Oct. 18 - TBA

Sat., Oct. 25, @ St. Francis

Sat., Nov. 1, vs. Williamsville South (Location TBA)

Schedules are subject to change.
Updates and results are available at www.smhlancers.org

Fundraising A A Applebees S25 Property DICK'S DICK'

SCRIP orders will not be placed over the summer, but if you have ideas for new vendors to add, let us know!

- Thank you for helping St. Mary's High School -

Lady Lancers part of National Champion Team

On June 28, the 15-U
Travel Volleyball Team from
Niagara Frontier Volleyball
(NFVB) won the USA Volleyball
Girls Junior National Championship, held in Minneapolis.
Two members of the championship team are Jessica Kranz and Caitlyn Meyer, members of the St. Mary's High School
Varsity Volleyball Team.

Over the four days of the tournament, the NFVB team

was undefeated, including in both pool play and in the playoffs. In the semifinals, NFVB swept the Nebraska Elite team. Then in the finals, the eventual champions defeated a team from Northern Kentucky in three games, by scores of 23-25, 25-19, and 15-3. The Northern Kentucky team was the number one seed in the tournament and the winner of last year's tournament. Forty-

eight teams took part in the National Tournament.

This is the first time that a volleyball team from upstate
New York as won a tournament of this magnitude.

Jessica is the daughter of Michelle and Kevin Buchholz of Depew and John and Rebecca Kranz from Lancaster. The junior is an outside hitter on the St. Mary's team.

Caitlyn, a native of Williamsville, is the daughter of Michael and Tracy Meyer. Like her sister, Leah, Caitlyn is a middle hitter for the Lady Lancers.



The NFVB 15-U National Championship Team included St.

Mary's varsity volleyball players Jessica Kranz (second from left)
and Caitlyn Meyer (second from right).

Game program returns

The St. Mary's Football
Team will be bringing back the
very popular game day
programs for the 2014 season.

The program will feature player pictures and biographies, information on the new coaching staff, and team

records and awards.

The team is looking for people or organizations to advertise in the program. Those interested should go to the St. Mary's football website or contact Pam O'Neill at poneill210@roadrunner.com.

St. Mary's Sports Boosters Golf Tournament

August 31st • 7 pm 2-Man Scramble Under the Lights at



4085 Transit Road • Orchard Park

\$85 each

Includes 18 holes, Closest to Pin Prizes, and Appetizers & Beverages at the After Party at



Shotgun Start • Pairings chosen at random at 6:30pm

For more information, contact
Joe Rera • Keith Junik • Kevin Kelleher
at 716-683-4824
or jrera@smhlancers.org • kjunik@smhlancers.org

rera@smniancers.org • kjunik@smniancers.org kkelleher@smhlancers.org

Calling all Parents – Be a Booster!

With budget constraints and rising costs on everything from busing to field maintenance to officials' fees, it is increasingly important to have a strong and viable Sports Boosters program.

For those of you who are unaware, the St. Mary's Sports Boosters is made up of parent volunteers that help run fundraising activities for individual sports and sporting events.

Sports Booster parents help by doing jobs that are essential to each sport. Jobs that we are in desperate need of filling include:

Football: JV & Varsity

Chain Gang

- Admissions
- Concessions
- Scoreboard Operator

Volleyball: Boys & Girls

- Admissions
- Concessions
- · Scoreboard Operator

These jobs are essential to the sport, and if we can't fill them with volunteers we are forced to pay someone to come in and do them.

If you are interested or have any other questions or concerns, please feel free to contact Joe Rera, the Athletic Director, by email at jrera@ smhlancers. org or by phone 683-4824 ext. 235.



What if ...up to 26% of each purchase you made went to your favorite worthy cause?

Shopping at hundreds of online stores helps St. Mary's High School with each purchase!

It's all free & private. Join today and change online shopping for good. Go to igive.com for more information.



August 2014 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	From August 1-14, School offices are open 8 a.m. to 1 p.m. or by appointment. Beginning August 18, School offices resume regular hours, 7:30 a.m. to 3:30 p.m.					2
3	4 Girls' HS Volleyball Camp 9am-2pm	5 Girls' HS Volleyball Camp 9am-2pm	6 Girls' HS Volleyball Camp 9am-2pm	Girls' HS Volleyball Camp 9am-2pm Freshmen & Parent mixer 6:30pm	8 Girls' HS Volleyball Camp 9am-2pm	9
10	11	12	13	14	15 School Closed	16
17 Class Car Show / Chicken BBQ / Car Wash 12noon-4pm	18 First Day for Fall Sports (see page 14 for more information) Regular office hours resume	19	20	21	22	23
24 31 Athletic Boosters Golf Tourney 7pm at Bob-o-Link	25	26	27 New Students & Parent Orientation 6:30pm	28	29	30

Reading Assignment (continued from page 12)

circumstances, no explanations, and only death.

- In Cold Blood (Truman Capote) The documentary account of a 1959 murder in a small Kansas town.
- The Things They Carried (Tim O'Brien) –
 These stories follow a platoon of
 American soldiers through a variety of
 personal and military encounters during
 the Vietnam War.
- Ophelia (Lisa M. Klein) A retelling of Shakespeare's Hamlet through the voice of Ophelia.

Assignment:

Part I – On a sheet of loose-leaf paper, you must hand write (no typed copies accepted) a list of 10 unknown vocabulary words found in each book; include each word's definition, part of speech, and an original sentence properly using the word. This vocabulary is due on Tuesday, Sept. 9, 2014.

Part II – An in-class writing assignment will be done on Tuesday, Sept. 9th, for the novel Jane Eyre. A second in-class writing assignment will be done on Wednesday, Sept. 10th, for the second book you chose to read. It would be beneficial for you to take notes on the following literary elements found in each book: setting, characterization, conflict and theme.

Native Son (Richard Wright) – For Bigger Thomas, an African-American man accused of a crime in the white man's

AP English Language and Composition (Grade 12)

Part I – All AP Language students must read Eats, Shoots, & Leaves, by Lynne Truss; a punctuation test based on the punctuation rules discussed in the book will be given in class on Tuesday, Sept. 9, 2014.

Part II – All AP Language students <u>must</u> read *On Writing*, by Stephen King; this memoir will be used as our first in-class rhetorical analysis essay, to be written on Wednesday, Sept. 10, 2014 (this type of essay will be discussed and explained before Sept. 10th).

Part III – Students <u>must</u> choose <u>one</u> of the following to read:

- Farewell to Arms (Earnest Hemingway)
 Set in Italy, this is a poignant love story taking place against the backdrop of WWI. A classic!
- The Bell Jar (Sylvia Plath) Sylvia
 Plath's only novel tells the story of college student Esther Greenwood her nervous breakdown and fight to regain her sanity and her life. A classic!

- Native Son (Richard Wright) For Bigger Thomas, an African-American man accused of a crime in the white man's world, there could be no extenuating circumstances, no explanations, and only death.
- In Cold Blood (Truman Capote) The documentary account of a 1959 murder in a small Kansas town.
- The Things They Carried (Tim O'Brien) –
 These stories follow a platoon of
 American soldiers through a variety of
 personal and military encounters during
 the Vietnam War.

Assignment:

This book of choice will be used as our second in-class rhetorical analysis essay, to be written on Thursday, Sept. 11, 2014.

It would be beneficial for you to take notes on rhetorical elements used by King and the author of your third book; rhetorical elements include: tone, diction, syntax, irony, symbolism, ambiguity, allusion, arrangement, structure, connotation, figures of speech, style, repetition, etc.

FYI – you must discuss <u>3</u> rhetorical elements in a rhetorical analysis essay.

Work begins on Peace Garden



Employees from Adams Nurseries begins work on transforming the Marian House Courtyard into the St. Francis of Assisi Peace Garden.

In the August issue of Currents

- A look at the first two weeks of school
- St. Mary's revising Lunch Program
- Wanted Parent Assistants,
 Student Volunteers, Booster Club Members
- Fourth Quarter Honor Roll Students
- Fall Sport Start Dates, Schedules
- Lady Lancers part of National VB Champs
- Summer Reading Assignment, Dress Code, Supply List for 2014-15
- And much more!

For the latest news about St. Mary's High School, go to www.smhlancers.org

