Yar Opparturities Avait at ... St. Mary's High School

September 2013

CURRENTS

Freshmen, what will school be like?

When do you start?

Your first day of classes as freshmen will be Wednesday, Sept. 4. On that day, you will be the only students in the building, and you will be dismissed at 11:30 a.m. Bus transportation will be available that day, both before and after school.

Where do you go?

When you get to St. Mary's, you will report to homeroom. The lists of homeroom assignments will be posted in the hallway.

What do you need to bring?

A book bag/back pack – that's all. During homeroom, you will be given a locker assignment and a lock. (All locks for lockers MUST issued by St. Mary's High School.) You will also receive a

folder with paper and a pen to use for the rest of the day. When you meet with your teachers,

they will give you a few things. First, they will give you your textbooks. Also, they may be giving you their course expectations.

The	First Tv	vo Weel	ks of Sc	hool
Mon., Sept. 2 No School Labor Day	Tue., Sept. 3 No School Faculty/Staff Orientation 8am - 2:30pm	Wed., Sept. 4 A-Day FRESHMEN ONLY 11:30 a.m. DISMISSAL Faculty/Staff Meetings 11:30am-2:30pm	Thur., Sept. 5 A-Day ALL STUDENTS FULL DAY	Fri., Sept. 6 B-Day ALL STUDENTS FULL DAY
Mon., Sept. 9 C-Day Special Schedule Student Pictures Opening Liturgy Class Meetings Orientation Student Senate 2:30pm	Tue., Sept. 10 C-Day Fall Play Auditions 2:30-4:30pm	Wed., Sept. 11 D-Day Principal's Ad Board Meeting 2:30 p.m. Fall Play Auditions 3:15-5pm	Thur., Sept. 12 E-Day	Fri., Sept. 13 F-Day Fall Play Callbacks 2:30-5pm Opening Dance sponsored by Student Senate 8-11pm

This will list their grading policy as well as what they expect you to do in their class. You may also receive a list of supplies you will need for each class. pleasant as possible.

If you have any questions, please contact Mr. Grieco, Enrollment Director, or Mrs. Neudeck, Counselor for the Class of 2017.

We want your first day to be as

New Beginnings

Dear Family & Friends,



I'm sure we can all fondly look back on many new beginnings that we have experienced in our lifetimes. We can remember the beginning of special friendships. The beginning of our favorite song or movie is always easy to recognize. And it wasn't too long ago that we were all welcoming in the beginning of summer.

The "beginning" is so often associated with a positive and fresh

start. We look forward to the beginning of a trip, the beginning of a party, the beginning of new life. The beginning of the school year can bring the same optimistic feelings, if we make the choice to do so.

Each one of us has a decision to make. We are all standing

together at the starting line of a new school year. What do you want to accomplish this year? Big things? Little things? Will you take on a positive attitude or are you looking at this beginning as an end? I hope that you will make the choice to come into the new year with renewed confidence and energy, ready to make the best of your new beginning. Take this blessing from God, this opportunity for a fresh start, and run with it.

May the grace of the Blessed Mother fill us all with inspiration for the new year. I'll see you at the front door next week!

Sincerely, aberra Principal, Class of 19

PS - I hope to see many parents at our **Parent Go-To-School Night** on Monday, September 23rd at 6 pm. This is a great way to meet the teachers and get every one of our students started on their path to success.

SMHS Responsible Use Policy for Students

St. Mary's High School (SMHS) uses technology as one way of enhancing the mission to teach the skills, knowledge, and behaviors students will need to succeed in the global community. These technologies may include, but are not limited to, school-provided equipment as well as personal devices (computers, tablets, cell phones, laptops, netbooks, e-readers, and more).

We recognize that there are many opportunities for students to use technology in a meaningful, safe, and responsible way. However, with these opportunities to use technology come responsibilities.

We want students to embrace the following principles so they may become responsible, digital citizens.

1) In accepting this agreement, students acknowledge the following rules and conditions:

a) I will use technology in a meaningful, safe, and responsible way.

b) I understand that I represent the school in all my online activities. I understand that what I do on social networking websites should not reflect negatively on my fellow students, teachers, staff, or SMHS.

c) I will use technology resources productively and appropriately for school-related purposes. I will avoid using any technology resource in such a way that would disrupt the activities of other users.

d) I will use email and other means of communications (e.g. blogs, wikis, podcasting, chat, instant-messaging, discussion boards, virtual learning environments, etc.) responsibly.

e) I will not download programs/ applications without express permission from an SMHS faculty or staff member.

f) I understand that my school network and my school account are property of SMHS and anything that I do can be monitored.

g) I understand that SMHS technology is not to be physically mistreated in any way and I am responsible to pay for damages.

h) I understand that SMHS admin-

istrators will deem what conduct is inappropriate use if such conduct is not specified in this agreement.

2) I will use technology in accordance with the laws of the United States and the State of New York:

> a) Criminal acts – These include, but are not limited to, "hacking" or attempting to access computer systems without authorization, harassing email, cyberbullying, cyberstalking, child pornography, vandalism, and/or unauthorized tampering with computer systems.

> b) Libel laws - Publicly defaming people through the published material on the Internet, email, etc.

> c) Copyright violations - Copying, selling or distributing copyrighted material without the express written permission of the author or publisher (users should assume that all materials available on the Internet are protected by copyright); engaging in plagiarism (using other's words or ideas as your own).

SMHS Responsible Use Policy Acknowledgement Form

I understand and will abide by the above Responsible Use Policy. Should I commit a violation, I understand that consequences of my actions could include suspension of computer privileges, disciplinary action, and/or referral to law enforcement.

Name of Student:	
Signature of Student:	/
Homeroom:	<u>n</u>

If you have more than one student at St. Mary's, list the other students below. Have the student in the highest grade level turn this form in to their homeroom teacher.

Name of Student #2:	
Signature of Student #2:	
Name of Student #3:	
Signature of Student #3:	

As the parent or guardian of this student, I have read the Responsible Use Policy. I understand that technology is provided for educational purposes in keeping with the academic goals of SMHS, and that student use for any other purpose is inappropriate. I recognize it is impossible for SMHS to restrict access to all controversial materials, and I will not hold the school responsible for materials acquired on the school network. I understand that my student's technology activities at home should be supervised, as they can affect the academic environment at school. I hereby give permission for my child to use technology resources at SMHS.

Name of Parent/Guardian (please print)
Signature of Parent/Guardian:
Date:

Students should return form to their homeroom teacher. Forms must be returned by Monday, Sept. 9. Students will not be allowed to use St. Mary's computers and student accounts will not be activated until this form has been returned.

From the Health Office

New students to SMHS are required to have a physical exam on file in the Health Office. This applies to all ninth grade and transfer students. Most students have had a sport physical, and this meets the requirement for the physical exam. If you have not turned in a physical form by October 1, your student will be assigned a physical with the school physician.

Anyone playing sports must have a current physical on file in the Health Office. If your student has not had a physical and is interested in playing a winter or spring sport, please contact the Health Office to schedule a physical.

Your student's health is important to their achievement in school. There are health screenings that the school nurse will begin this month in Phys. Ed. classes. These are the guidelines from New York State: Height and weight measurement are given annually to each student. Freshmen will have scoliosis screening if this was not completed by their primary physician at the time of their physical exam. Students new to the Lancaster School District and 10th grade students receive vision and hearing screening. Please remind your student to wear contacts or have his/her glasses on a regular basis. This will give us the correct results in our testing, and save you unnecessary visits to your eye doctor. You will be notified in writing if your student has any difficulty with the screenings. If, at anytime during the school year, you feel that your student is having difficulty, please contact the school nurse, Mrs. Murphy, for screening, or if you have questions regarding height and weight.

If you have any questions, please call the school nurse, Mrs. Murphy, at 683-4824, ext.20.

From the Enrollment Office Open House for Prospective Students 2013

The annual Fall Open House will take place September 19 and 20. Mr. Steven Grieco, Enrollment Director, is looking for families willing to place an Open House sign on their front lawn for passing drivers to see. If you can help, please contact Mr. Grieco at 683-4824, ext. 37, or at sgrieco@smhlancers.org.

Upcoming Enrollment EventsAdmission Exam
Prep Classes
October 26,
November 2 & 9Admission
Exam
November 16
8:30 a.m. to 12 noonPlease Spread the Word about



en House

for prospective students and their parents

Thursday, September 19 – 5-8 p.m. Friday, September 20 – 5-8 p.m.

Parents-Go-to-School Night is Sept. 23

St. Mary's High School will hold its annual Parents-Go-to-School Night on Monday, Sept. 23, beginning at 6 p.m. This night is designed to allow parents the opportunity to meet with their students' teachers, to learn more about the classes, homework assignments, and grading policies.

In addition to meeting the teachers, parents will also hear from Mrs. Rebecca Kranz, principal, who will discuss the new Student Information System. Also, parents will hear from the Lancer Parent Partnership.

The evening will conclude with refreshments. Hope to see you on September 23!

Walk-a-Thon benefits future students

St. Mary's High School will hold its annual Walk-a-Thon on Tuesday, Sept. 24. Proceeds from the Walk-a-Thon will be used to continue the Student Senate Scholarship that was created in 2006.



This Student Senate Scholarship will be awarded to an incoming freshman in the Class of 2018. The student will receive a yearly scholarship for the four years they attend St. Mary's.

In addition to the Student Senate Scholarship, money raised in the Walk-a-Thon will be used to benefit the St. Mary's classes and to help fund school activities.

In the August mailing was a letter from Mrs. Lynn Tytka, Student Senate moderator, about the Walk-a-Thon with a pledge sheet.

Pledges are due Tuesday, Sept. 17.

Technology updates include 3D printer, improved wireless

This has been a very exciting summer for the Technology Department. Here are some of the great improvements at SMHS:

- The wireless capacity has more than doubled and security has been strengthened.
- We added two more ceiling-mounted projectors – bringing our total to 22 classrooms.
- New computers and displays have been installed in room 223 (the larger computer lab).
- Various equipment has been updated so that network and

Internet access will be faster.

- Installed a SMART board in another classroom.
- Windows XP has been replaced by Windows 7 on all computers.
- A 3-D printer will be used to "print" digital objects created in the Advanced CAD class.

In the coming months, we will be testing Windows 8 and Office 2013 to make sure it will not cause any disruption to teaching or learning.

We hope you are as excited as we are, as we continue to improve technology at SMHS.

Notification on asbestos, pesticide

Asbestos

St. Mary's High School is in compliance with the U.S. Environmental Protection Agency's Asbestos regulations. The asbestos management report for St. Mary's is always on file in the school office. Parents are welcome to examine it at any time.

This notification is a requirement of the regulation and means that St. Mary's High School building meets all safety standards regarding asbestos.

Pesticides

Federal and New York State Education Law (Section 409-H) requires all public and nonpublic elementary and secondary schools to provide written notification to all persons in parental relation, faculty, and staff regarding the potential use of pesticides periodically throughout the school year.

St. Mary's High School is required to maintain a list of persons in parental relation, faculty, and staff who wish to receive 48-hour prior written notification of certain pesticide applications.

The following pesticide applications are not subject to prior notification requirements:

- a school remains unoccupied for a continuous 72-hours following an application;
- anti-microbial products;

- nonvolatile rodenticides in tamper resistant bait stations in areas inaccessible to children;
- nonvolatile insecticidal baits in tamper resistant bait stations in areas inaccessible to children;
- silica gel and other nonvolatile ready-touse pastes, foams, or gels in areas inaccessible to children;
- boric acid and disodium octaborate tetrahydrate;
- the application of EPA designated biopesticides;
- the application of EPA designated exempt materials under 40CFR152.25;
- the use of aerosol products with a directed spray in containers of 18 fluid ounces or less when used to protect individuals from an imminent threat from stinging and biting insects including venomous spiders, bees, wasps, and hornets.

In the event of an emergency application necessary to protect against an imminent threat to human health, a good faith effort will be made to supply written notification to those on the 48-hour prior notification list.

If you would like to receive 48-hour prior notification of pesticide applications that are scheduled to occur in your school, please e-mail Mr. Gerald Parker, Building & Grounds Supervisor, at gparker@ smhlancers.org.

Welcome, new teachers!

St. Mary's High School is pleased to announce the addition of the following people to the Lancer community:

- Terri Bierasinski French 1, 2, & 3
- Laura James Ceramics, Advanced Ceramics, Drawing & Painting, 2D & 3D Studio in Art
- Molly Kooshoian Spanish 1 & 2
- Michael McGough Keyboard & Guitar, Vocal Ensemble
- Maria Schaffstall Geometry A & B, Algebra II B

Check out future issues of *Currents* for profiles of the new community members.

New student information system

This coming school year will see major changes in how St. Mary's High School records and reports student information. After six years, the school is changing to a new, more modern student information system.

Highlights of the new system include:

- Teachers will be able to more easily update grades from any location that has an Internet connection.
- Edline will no longer be used. Grades will be viewed with a new system basically, parents and students will be viewing the grade books as grades are entered.
- Grades from any time during the school year will be available, not just the most recent quarter.
- The system should be faster and easier to use.

More information will be provided during Parent-Go-to-School Night on September 23 — including how students and parents will access the new system.

Currents

Published 12 times a year by St. Mary's High School 142 Laverack Ave., Lancaster, NY 14086 (716) 683-4824 • www.smhlancers.org

Vol. 22, Issue 1

Lancer Parent Partnership



Whether you are a new family just joining the St, Mary's community or a veteran of many years, a great way to get involved is through The Lancer Parent Partnership. Formally known as the Parent Teacher Guild, *The Lancer Parent Partnership* has a new mission and focus on serving as a resource for parents of students of all grade levels, increasing communication between home and school, and as a liaison to the St. Mary's High School Administration and the Board of Trustees.

The group has an Executive Committee consisting of parents and members of the Administrative Team, and has a parent representative on the Board of Trustees.

The kickoff event for this year was the Freshmen Parent Mixer that was held concurrently with the Freshmen Student Mixer on August 9, 2013. Freshmen families got to know each other, played St. Mary's trivia for prizes, and enjoyed an ice cream social. A highlight of the evening was a presentation by a student panel made up of current St. Mary's students Victoria Kwitowski, Alex Szpila, Zach Szpila, and Helen Gibson. The parents asked some great questions and got an insider view of why St. Mary's is such a family!

The Lancer Parent Partnership also provides teacher and staff appreciation gifts at Christmas and a catered luncheon during Teacher Appreciation Week. Dinner and dessert will again be served to the teachers during distribution of 1st Quarter report cards in November.

The Library is open after school each weekday beginning at 3:30 p.m. for parents to use while waiting for their students participating in extracurricular activities. Books, magazines, and newspapers are available, and the password to access the school WiFi is posted for parent use with their laptops. Thanks to our partnership with the Administrative Team, this has become a great resource for parents. The highlight of each year is the Spring Fashion Show in April. The date this year is April 3, 2014 at Salvatore's Italian Gardens, so please save the date! This is the only major fundraiser, and last year's show was again very successful, with 165 in attendance. Sixty students representing all class levels, faculty, and alumni participated as models in the show last year. Money raised at the fashion show enables the Lancer Parent Partnership to continue its commitment to fund the Senior Class scholarships that are presented at the end of the school year. In addition to the departmental scholarships that are traditionally sponsored by the Lancer Parent Partnership, two new scholarships were awarded in 2013 to students demonstrating strong leadership and extraordinary community service. This brings the total dollar amount awarded in 2013 to \$1,200.

Best of all, with the exception of the Spring Fashion Show, there are no costs associated with the events and no dues!

Contacts for More Information?

- Please check out our web page under the Parents tab on the school web site. You will find a listing of the Executive Committee members, our upcoming events, and a copy of the 2012-2013 Annual Report that was presented to the Board of Trustees.
- You can contact Sandy Gibson at ekgib15@msn.com for any questions that you may have as new or returning members of the St. Mary's family.
- Our first Executive Committee meeting will be Wednesday, September 25 at 6:30 p.m. in the Library at St. Mary's. Anyone can join the Executive Committee, or you can just participate in the events. The Fashion Show Committee will begin meeting in October. Stay tuned for more details in future issues of *Currents* and through SchoolReach.

Driver Ed classes begin September 12

Did you know that St. Mary's High School has a Driver Education Program?

Working with Buffalo Driving School, St. Mary's offers Driver Education three

times a year – fall, spring, and summer. During the fall session, classes take place on Thursdays; in-car sessions are once a week. Completion of this course satisfies the 20-hour graduated licensing requirement.

This program is open to St. Mary's students as well as members of the community. The cost is \$450.

Classes begin September 12. The deadline to sign up for the fall session is

September 5. To sign up, go to the St. Mary's website, www.smhlancers.org, click on Driver Ed at the top of the page.

Spirit jackets available

With the August issue of *Currents*, was a letter and flyer about school jackets that are available for purchase.

This is not a mandatory purchase by any means, and there is no minimum number that needs to be ordered to obtain the prices offered. This is simply something we wanted to make available to interested families. The jackets ordered will be navy in color, will have a color Lancer mascot embroidered and will have the school name embroidered in white.

Orders can be turned in to the Main Office (in an envelope) any time on or before September 27. As stated in the enclosed letter, all orders must be accompanied by a \$20 deposit.

You can help St. Mary's by ... shopping

Helping to support St. Mary's High School can be as easy as going to your favorite store.

Many retailers offer programs in which schools receive a portion of the customers' purchases. All the buyer has to do is sign up with the program in which they designate St. Mary's High School as the recipient of the donation.

Below are several programs in which St. Mary's High School has participated for the past few years. As the school becomes aware of others, information will be printed in future issues of Currents:

Target RedCard Program

REDcard 000

How it works:

- Apply and get approved for a REDcard[®].
- Enroll in Take Charge of Education and designate St. Mary's High School.
- Start shopping with your REDcard®.
- Target will track purchases made by participating REDcard® holders, then send a no-strings-attached donation check directly to the school principal.

• Checks are distributed once a year. Parents can apply for the RedCard Program and track the school's progress at Target.com/tcoe.

Tops in Education Program



How it works:

- Register your TOPS BonusPlus[™] or BonusCard®.
- Select St. Mary's High School from the list of schools that have registered.
- Purchase participating TOPS brand, Full Circle[™] and TopCare® products with vour TOPS BonusPlus[™] or BonusCard® throughout the 2013-2014 TOPS in Education program year.
- TOPS contributes a percentage of your total purchase to St. Mary's High School.
 - To sign up, go to www.topsmarkets.

com/education. Please note: You must sign up for the Tops in Education Program every school year.

Office Depot 5% Back to Schools Program

How it works: Shop at Office Depot for all of vour school



and office supplies

- Present your school's 5% Back To Schools ID number when you shop on-line, over the phone or at your neighborhood Office Depot store. The School ID for St. Mary's High School is 70073221
- · Office Depot will offer your school credits equal to 5% of the qualifying purchases in the form of an Office Depot Merchandise Card that can be used towards FREE supplies!

For more information on the program, go to www.officedepot.com/specialLinks. do?file=promo/backtoschool/5percent.jsp

iGive.com

How it works:

iGive.com to set up an account, designating



St. Mary's High School as your cause.

- After logging in, follow the link to your favorite vendor and do your on-line shopping like you normally do. There are over 1,100 stores participating in the program
- iGive.com automatically computes the donation, based on a percentage of your purchase (percentage donations vary at each store; for example, 1.6% of your purchase at Kohl's will be donated to St. Mary's)
- · Every month, iGive.com sends a check to St. Mary's with the total donation. For more information, go to

www.iGive.com.



How it works:

- · Go to mycokerewards.com to create an account.
- After signing in, enter the code found on the bottle cap or packaging of your favorite Coke product. Points range from 3 points for a bottle cap to 25 points for a 12-pack.
- · Donate your points to St. Mary's High School.

More information is available at mycokerewards.com.

Wanted: Office Assistants & Cafeteria Monitors

St. Mary's High School is seeking parents who would be interested is assisting the school as an Office Assistant or a Cafeteria Monitor. These positions are designed for tuition assistance for families that have financial need. For that reason, parents must reapply each year.

As an Office Assistant, the individual would be expected to answer the phone, respond to visitors, help with school mailings, and assist in other ways. The Assistant must be available from 10 a.m. to 1 p.m. at least one day per week.

The Cafeteria Monitor will help supervise school lunches, clean tables, occasionally help with snacks or food serving, and other functions. Monitors' hours are from 10:45 a.m. to 1 p.m., though times vary occasionally due to special schedules.

Parents chosen for these positions will receive tuition credit based on hours worked.

For more information or to be considered, please contact the school at 683-4824.

Positions will be filled within the next two weeks.

Go to

CURRENTS

Student absentee & attendance information

Whenever it is necessary to be absent from school, a parent or guardian must call **683-4824**, extension **27** no later than 8 a.m. to explain the reason for the absence. The phone call should include the student's name, which parent/ guardian is calling, and the reason for the student's absence.

If no call is received by 8 a.m., the Attendance Office will call the student's parents or guardians to obtain the reason for the absence.

A student will be excluded from participation in any extracurricular activity (sports, clubs, field trips, or any schoolrelated functions) on a day he/she is absent from school or not present by 10 a.m.

Truancy will result in detention or suspension.

Realizing that attendance in class is vital to the success a student can achieve in a course at St. Mary's, the following has been adopted as the school's Attendance Policy:

- A student who misses six (6) classes because of unexcused absences during any one quarter will automatically fail that course(s) for that particular quarter. This may affect the student's status regarding academic ineligibility.
- A student who has missed more than half of a class period will be deemed to be absent for the entire class.
- After four (4) classes have been missed, the teacher or attendance officer will notify the Discipline Office, who will then notify the parent of the situation. After the sixth absence for any one class(es) the parent will be notified of the quarter failure in writing from the Discipline Office.
- The attendance office subscribes to the New York State attendance policy.
- The only legal excuses for being absent: medical appointments, snow days from home school district, funerals.
- Medical excuses must be presented on the day the student returns to school. Medical excuses are doctor or dentist appointments, verified by written notes on medical stationery. Medical excuses for any one quarter must be turned in by the day the quarter closes.
- New York State does not recognize "Take

Your Daughter / Son to Work Day" as a legal reason for being absent from school. St. Mary's High School also does not recognize the day. If a student participates in the day, it will be considered an illegal absence with parent permission and charged as one of the five absences allowed per quarter.

 Students may not leave campus once they arrive on school property.

Snow (Weather-Related) Closings

If a school district is closed, students are legally absent. Even for weatherrelated district closings, parents are still required to call their students in absent to extension 27 by 8 a.m. However, if a student comes to school, it is our expectation that they will remain until the school is closed or the end of the school day. Students who are absent from school are not allowed to participate in any extracurricular activities on that day.

If a district closes during the day, students will be released only to district transportation or a designated parent or guardian. We will not release students to ride with other students or other parents, except for siblings.

If a parent or guardian decides it is necessary to pick a student up during the day, please call the school to let us know you are coming. Families will be notified of school closings/delays through the SchoolReach system. In addition, information on school closing will be available on Channels 2, 4, or 7, WBEN-Radio 930, and on the St. Mary's website (www.smhlancers.org) and Facebook page.

Vacation Policy

Policy for student voluntary absences during school time:

Parents must make the request at least two weeks in advance to either the Principal or the Attendance Officer. Even if the individual teachers have been notified of a student's vacation, parents must still make the request to the Principal or the Attendance Officer.

Principal/Attendance Officer will inform parent that: The time requested cannot be granted and it must then become their decision. If parents then choose to do so, it is recorded on the student's permanent attendance record as an illegal absence with parental permission.

Students are responsible for all work missed during their time of absence. Parents must also inform the Counseling Center as to the length and date of absence.

Reminder: If a student misses six classes, he/she fails for that quarter as per school attendance policy.

Student work when absent

As we are all well aware, daily class attendance is directly related to a student's academic success. However, especially in cold and flu season, absenteeism from school may be unavoidable. Please be advised of the school policy regarding getting work while a student is absent:

If a medical absence is long-term (a week or more), a parent should contact the Counseling Center regarding the student's situation. Teachers will be contacted to submit missing assignments, worksheets, etc. After the Counseling Center has received this work, arrangements need to be made to pick up these assignments as well as the needed textbooks, note-

books, etc.

- If the absence is short term (a few days), the student should contact a classmate in his/her classes. The "turn-around time" in getting work for absent students makes this the most effective and efficient way to get this information.
- Upon return to school, a student who has been absent needs to see each teacher individually to check about class work, notes, tests, quizzes, homework collected, and homework assigned during the absence. Teachers will give students who have been absent time to make up work. The student is responsible for doing so in a timely manner.

St. Mary's High School

September 2013 Counseling Corner

Sarah Neudeck (sneudeck@smhlancers.org) • 684-2349 • Jamie Whitwood (jwhitwood@smhlancers.org) Counselor to Classes of 2015 & 2017 Counselor to Classes of 2014 & 2016

Simple ways to start the year off right

Whether it's your teen's first year in high school or his last, here are five simple things you can do now to help your teen have a successful school year:

- Write down the names and email addresses of your teen's teachers. Also write down contact information for the principal, the school attendance office and your teen's guidance counselor. Then put them in a place where you'll be able to find them later in the year.
- Meet with your teen's teachers. Do this at back-to-school night or schedule an appointment. Opening the lines of communication early will make it easier for you to work together if a problem arises.
- Plan to attend the school events that involve your teen. You'll have fun, you'll show that you care about your teen and his school, and you'll get to meet other parents. These contacts will be useful when your teen tells you he's the only student who has a curfew.

work time at your house every day. Homework is essential in high school. Your teen can make decisions about when to do homework, but not whether to do it.

· Check with the guidance counselor to make sure your teen will be on

track to attend college. Even if he isn't sure he wants to go to college, make sure the courses he takes leave that option open.

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Effective note-taking strategies

Why do some teens do better in school than others? One reason may be because they take notes. When teens take notes, they're also paying closer attention to what they hear. That makes it easier for them to learn the material and remember it at test time.

Here are some tips to help your teen become a better note taker:

- Listen for the main ideas. Anything the teacher repeats more than once or writes on the blackboard should go in your teen's notes. She should also write down any words that the teacher defines.
- · Keep it brief. Your teen should use a system of abbreviations and symbols. However, she needs to

make sure she remembers what they mean. If she is skilled at texting, like most teens, she may want to use those abbreviations when taking notes in class.

- Review notes right after class, if possible. Your teen will be better able to fill in something she missed and more likely to remember the information come test time.
- · Use colors and shapes. Your teen can draw a circle or box around the most important idea. She can also use colored markers to show how ideas relate.

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Make it clear that there will be home-

Support schools through Catholic Action Network

To help keep Catholic schools viable and tuition affordable, we need supporters to contact their legislators. To help with this task of enabling our legislative agenda to be heard, the New York State Catholic Conference of Bishops has devised a method of advocacy known as the Catholic Action Network (CAN). To join this network you only need to have access to the internet and about three minutes of time that you can devote to filling out the registration form online.

What does this free membership allow you to do? The website will send you occasional "action alerts" that ask you

to contact your legislators about important legislative issues. You are provided with relevant letters that will be signed with your name; when you click on "submit" these letters will be sent automatically to your elected officials.

It is very easy to join. You first go to the web page of the New York State Catholic Conference: www.nyscatholic. org. Then hover over "Take Action!" and then click "Join the Catholic Action Network". You will be prompted to enter your name, address etc. and the issues vou are concerned with - for school issues choose "Education". After you click on

"submit" you are set to access an easy way to notify your elected officials about vour concerns.

Building on the support demonstrated at our April 10th "Invest in Education" rally, we are also asking for you to support the NYS Education Investment Tax Credit bill. This bill will have a profound effect on Catholic education in NYS when it is passed. Please go to www.InvestInEd.org and sign the petition in support of this legislation.

Thank you for taking the time to join the Catholic Action Network and support the Education Investment Tax Credit bill.



Welcome! Bienvenida! Bienvenu! Greetings to the St. Mary's Community. To the newest members, each month the office of Campus Ministry reflects on the Gospel readings for that month to offer the opportunity to ponder and prepare for the Liturgy. Please be encouraged to read the Gospel before attending Mass.

During September, Luke cites examples of virtue over vice. He urges us to learn, develop, and practice the personnal qualities that enpower us to be good Christians. It's not a call to perfection, it's a call to progression. On

Campus Ministry Vice or virtue?

September 1, Lk 14:1,7-14, the words of Jesus reflect a spirit of humility versus pride. The September 8 readings, Lk 14:25-33, challenge us to be charitable and not greedy.

The Gospel reading on September 15, Lk 15:1-32, warns us of an attitude of condemnation as opposed to forgiveness. We are taught on September 22, Lk 16:1-13 to be trustworthy and not dishonest. The last Sunday of September, the 29th, Luke recounts the story of Lazarus, Lk 16: 19-31. It's a comparision of Lazarus, the poor, and one who is rich, a parable of those who have and those who have not.

Theater Department announces Fall Play

The St. Mary's High School Theater Department recently announced that the

Fall Play will be Teen Antics, A Delightful Comedy in Three Acts, by Hazel Peavey. When Helen Stetson, a widow, is

called away from her home to rush to the bedside of her ailing mother, she leaves her two daughters alone in their house. But not for long ... Helen's two sisters-inlaw, Veronica and Stella Stetson, arrive at Helen's home calmly to announce that they intend to spend the entire summer there.

Veronica Stetson is a belligerent spinster who intends to rule the roost! She arouses the ire of the teen-aged Patsy Stetson, and when Patsy finds out that Aunt Veronica has set her cap for handsome Dr. James Wyndham, a bachelor

who is a close friend of Helen's family, Miss Patsy determines to make things so

unpleasant for her een Antics Aunt Veronica that she will be glad to take her sister home by Hazel Peavey with her. With the aid of her teen-aged

> playmate, Woody Dodge, Patsy goes to work on Dr. Jim.

The scene where the two youngsters convince Dr. Jim that Aunt Veronica's teeth are false and that her hair is a wig, is a whole show in itself!

The play will be performed November 1 and 2.

Auditions will be taking place on Tuesday, Sept. 10, and Wednesday, Sept. 11, with callbacks on Friday, Sept. 13.

More information is available by contacting Iray director Ms. Heather Ruhland.

Announcements by phone

Did you miss today's announcements? Did you want to know what groups are meeting today?

St. Mary's High School is pleased to announce that morning announcements are available by phone.

Every morning, Mr. Kidder will be recording the announcements so that any interested person may hear them. These announcements are available by calling the school at 683-4824 and asking the secretary for the announcement extension or by calling Extension 12 directly.

Please note that no messages should be left at this extension, because no one checks these messages.

During this month, a time of new beginnings and the return to the "routine" of school, we should be confident in the power to grow and develop Christian attitudes and values. Be secure in knowing that God's love, mercy, and forgiveness are there for the asking. May you be blessed with the virtues of humility, justice, prudence, charity, chasity, fortitude and temperance and overcome the worldly vices of pride, greed, anger, envy, lust, laziness, and gluttony.

Benedicat vos omnipotens Deus. twf+

Bash for Cash is coming November 8



Bash for Cash (formerly Galaxy of Prizes) will be taking place at St. Mary's High School on Friday, Nov. 8. For those new to the event. Bash

for Cash combines a cash give-away with an evening of fun and food.

The grand prize is \$10,000, while there are also 61 other prizes ranging from \$50 to \$1,000. And every entry has a chance for every prize.

On the day of the event, every ticket purchased allows two adults to attend the festivities which include pizza, beverages, raffles, split clubs, and games.

Each St. Mary's family has already received tickets to be sold to families and friends. More tickets are available by contacting Mrs. Pam Aquino, Special Events Coordinator, at 683-4824, ext. 23.

Also, indviduals interested in volunteering at the Bash for Class should contact Mrs. Aquino.

2013 Fall Sports Schedules

Varsity Football

- All games start at 1 pm unless noted.
- Fri. Sept. 6, 7pm @ Smethport (Penn.)
- Sat. Sept. 14, vs. East High School
- Sat. Sept. 21, vs. Timon
- Sat. Sept. 28 Bye
- Sat. Oct. 5, 2pm @ Canisius
- Fri. Oct. 11, 7pm @ Hutch Tech (All High Stadium)
- Sat. Oct. 19, vs. St. Joe's
- Fri. Oct. 25, 7pm @ St. Francis
- Sat. Nov. 2, 2pm @ O'Hara
- Sat. Nov. 9, time TBA Quarter Finals
- Sat. Nov. 16, time TBA Semi-Finals (Ralph Wilson Stadium)
- Sat. Nov. 23, time TBA Finals (Ralph Wilson Stadium)

JV Football

- All games start at 10 am unless noted.
- Fri Sept. 6, 7pm@ West Seneca East
- Sat Sept. 14, 4pm @ East High School
- Sat Sept. 21 @ Timon (Tifft Farms) Fri Sept. 27, 4pm vs. O'Hara
- Sat Oct. 5 vs. Canisius
- Sat Oct. 12 vs. Hutch Tech
- Sat Oct. 19 @ St. Joe's
- Sat Oct. 26 vs. St. Francis

Women's Volleyball Men's Soccer All JV matches start at 4:30 pm. All games start at 4 pm unless Varsity matches start at 6 pm unless noted Sat. Sept. 7 - SMHS Tournament -Varsity Only Tues Sept. 10, @ Nichols Thurs Sept. 12, 4:45 & 6:15pm @ Pitt Sutherland Mon Sept. 16, vs. Mt. St. Mary's Tues Sept. 17, vs. Niagara Catholic Wed Sept. 18, @ Mt. Mercy Sat Sept. 21 - Eden Tournament -Varsity Only Wed Sept. 25, vs. Sacred Heart Thurs Sept. 26, @ O'Hara Friday Sept. 27, @ Nardin Sat Sept. 28 - W.S. Tourney (B.N.C.C.) - JV Only Mon Sept. 30, vs. Immaculata Wed Oct. 2, 5 & 6:30pm, vs. **Orchard Park** Sat Oct. 5 & Sun Oct. 6 - New Jersey Tournament - Varsity Only Mon Oct. 7, vs. Nichols Wed Oct. 9 @ Mt. St. Mary's Fri Oct. 11, vs. Mt. Mercy Sat Oct. 12 - Lancaster Tournament – JV Only Tues Oct. 15 @ Niagara Catholic Wed Oct. 16 vs. Eden Thurs Oct. 17 vs. O'Hara Mon Oct. 21 @ Sacred Heart Wed Oct. 23 vs. Nardin

at Fireman's Park. Wed. Sept. 4 @ Alden Sat. Sept. 7, 10:30am @ West Seneca East Thurs. Sept. 12 vs. Timon St. Jude Sat. Sept. 14, 1pm, vs. St. Francis Tues. Sept. 17 @ Gow Thurs. Sept. 26, 4:30pm vs. Walsh Sat. Sept. 28, 1pm @ Christian Central Mon. Sept. 30, time TBA @ Depew Tues. Oct. 1, 4:30pm @ Niagara Catholic Thurs. Oct. 3, vs. Gow Fri. Oct. 4, 4:30pm, vs. Wilson Tues. Oct. 8. @ Timon St. Jude (Tifft Farm) Thurs. Oct. 10 vs. Christian Central Tues. Oct. 15 vs. Park Thurs. Oct. 17 @ O'Hara Tues. Oct. 22, 4:30pm @ Walsh Thurs. Oct. 24 vs. Niagara

noted. Home games played

Catholic

Calendar supports SMHS athletics

Thurs Oct. 24 @ Eden

Fri Oct. 25 @ Immaculata

The Athletic Department of St. Mary's has continuously grown over the years, and our athletes have continued to put St. Mary's on the map.

We are asking that each family support the athletic program by selling five 6-month lottery calendars to help offset costs.

You can pick up your calendars on Monday,

Sept. 23, at the Sports Booster table during the "Parents Go to School Night". Please have your completed calendar stubs returned to the school no later than Thursday, October 31st.

Should you have any questions, please feel free to contact Marion Sobczynski at 445-6490.



Men's Volleyball

All matches (except tournaments) start at 5 pm. Sat. Sept. 7 - North Tonawanda Tournament Mon Sept. 16@ St. Joes Tues Sept. 24 vs. St. Francis Thurs Sept. 26 vs. Canisius Sat Sept. 28 - Will South Tourna-

ment Thurs. Oct. 3@ O'Hara

Thurs Oct. 10 @ St. Francis Tues Oct. 11 vs. St. Joes Tues Oct. 15 @ Canisius Sat. Oct. 19 - Grand Island Tournament Mon Oct. 21 @ Timon TBA vs. Maryvale TBA vs. Timon

TBA vs. O'Hara

Women's Soccer

All games start at 4:30 pm unless noted. Home games played at Westwood Park. Tues. Sept. 3, 6:30pm @ Depew Wed. Sept. 11 @ Buffalo Seminary (Larkin House) Tues. Sept. 17 vs. O'Hara Wed. Sept. 18 @ Immaculata Sat Sept. 21, 10am @ Maryvale Mon. Sept. 23, 4pm, vs. Park Wed. Sept. 25 vs. Pembroke Thurs. Sept. 26 @ Niagara Catholic Sat. Sept. 28, 11am @ Christian Central Wed. Oct. 2 @ Park Sat. Oct. 5, 12 noon, vs. Buffalo Seminary Mon. Oct. 7, 5pm vs. Maryvale Wed. Oct. 9 @ O'Hara Fri. Oct. 11 vs. Immaculata

Tues. Oct. 15 vs. Niagara Catholic

Golf

All matches begin at 4pm. Home matches are played at Buffalo Tournament Club. Tues. Sept. 3 @ St. Francis

(Harvest Hill) Wed. Sept. 4 @ Nichols (CC

Buffalo)

Thurs. Sept. 5 @ Park (Diamond Hawk)

Tues. Sept. 10 @ Canisius (Sheridan Park)

Wed. Sept. 11 @ Timon

(Cazenovia Park) Fri. Sept. 13 vs. St. Francis

Mon. Sept. 16 vs. Park

Tues. Sept. 17 vs. O'Hara (Lancaster C.C.)

Fri. Sept. 20 @ St. Joe's (Sheridan Park)

Wed. Sept. 25 @ Gow (Elma Meadows)

Thurs. Sept. 26 vs. Gow

Tues. Oct. 1 @ O'Hara (Brighton)

CURRENTS

Parent / Coach / Athlete Communications Guide

The goal of the Athletics Department at St. Mary's is to create a positive environment for our students and your children, where academic and athletic excellence will become expected and will be achieved.

Athletic Department Philosophy

- Athletic and academic achievement requires a sincere commitment from all athletes, parents, coaches and administrators. For all of us to be successful, effective communication must occur.
- The St. Mary's Athletic Department and administration believes strongly in being accessible to parents and supportive of the coaching staff.
- We will continually attempt to improve communication with the students and parents. For our programs to be truly successful, it is necessary that everyone understand the focus and direction of the St. Mary's athletic program.

Parent Expectations

- A. It is reasonable to expect your child's coach to inform you:
 - 1. When and where practices and games are held.
 - 2. About his/her coaching philosophy.
 - 3. About the expectations he/she has for all athletes on the squad as well as your individual child.
 - 4. What is required to be part of the

team, i.e., special equipment, off season conditioning, etc.

- 5. If your child is injured during participation in a practice or contest.
- Whenever any disciplinary action results in your child being denied participation in a practice or contest.
- B. Typical concerns of parents that are appropriate to discuss with a coach are:
 - Any noticeable downward trends in your child's academic performance.
 - 2. How you can contribute to your child's skill improvement and development.

Athletic Department Expectations

- A. Coaches need parents to tell them:
 - 1. Any specific health concerns about your child; this should be expressed directly to the head coach at a mutually convenient time.
 - 2. Notification of any schedule conflicts well in advance.
- B. If you have a concern to discuss with a coach, what procedure should you follow?
 - Make an appointment with the coach. Never approach a coach before or after a game unless the coach requests this.
 - 2. If the coach cannot be reached,

Varsity VB team welcomes new assistant

St. Mary's High School welcomes the 2013 girls' varsity volleyball squad, looking to repeat as the New York State Catholic Schools Champions, hoping for their 14th Title.

The team is also happy to welcome the newest member to their coaching staff – Rocco Lucci Jr.

Rocco is currently the



Rocco Lucci Jr.

director of the Niagara Frontier Volleyball Club and formerly the head coach at Niagara University. He brings a wealth of playing and coaching experience to the program. He joins long-time friend and head coach Don Pieczynski along with assistant coaches Traci (Pieczynski) Vinz and Amy Jeary. then call the Athletic Director to set up a meeting.

- Please do not attempt to confront a coach before, during, or following a contest or practice. These can be busy and emotional times for both the parent and the coach and this period does not promote objective analysis of the situation.
- C. What should you do if the meeting with the coach does not result in a resolution to the problem?
 - 1. Call and set up an appointment with the Athletic Director to discuss the situation.
 - 2. At this meeting the appropriate next step can be determined.

Calling all Parents – Be a Booster!

With budget constraints and rising costs on everything from busing to field maintenance to officials' fees, it is increasingly important to have a strong and viable Sports Boosters program.

For those of you who are unaware, Sports Boosters is made up of parent volunteers that help run fundraising activities for individual sports and sporting events.

Sports Booster parents help by doing jobs that are essential to each sport. Jobs that we are in desperate need of filling include...

Football: JV & Varsity Chain Gang Admissions/Concessions Scoreboard Operator

Volleyball: Boys & Girls Admissions/Concessions Scoreboard Operator

These jobs are essential to the sport and if we can't fill them with volunteers we are forced to pay someone to come in and do them.

If you are interested or have any other questions or concerns, please feel free to contact Joe Rera, the Athletic Director, by email at jrera@ smhlancers. org or by phone 683-4824 ext. 35.

Currents



Applications still accepted for free/reduced lunches

Free and reduced meals, lunches, and breakfasts are available for all families who apply and who are within the income eligibility guidelines.

The Guidelines as well as the free &

reduced meals application were included in the August issue of *Currents*.

Those who need another application should notify the school's Main Office. Please fill out the application and return it as soon as possible to Mrs. Evelyn Skalski, cafeteria manager.

Remember, all information provided on the applications will be kept in the strictest confidence.

September 2013 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4-A Day	5-A Day	6-B Day	7
	Labor Day	Faculty/Staff Orientation 8am- 2:30pm Golf @ St. Francis 4pm	First Day for Freshmen 11:30 am Dismissal Faculty/Staff Meeting 11:30am-2:30pm	First Day for All Students Golf @ Park 4pm	VFB @ Smethport 7pm JVFB @ West Seneca East 7pm	Chicken BBQ 11am-2pm MVB – North Tonawanda Tournament 8am
		WŚoc @ Depew 6:30pm	Golf @ Nichols 4pm MSoc @ Alden 4pm 11:30am Dismissal			WVB (Var) – SMHS Tournament 8am MSoc @ West Seneca East 10:30am
8	9-C Day	10-C Day	11-D Day	12-E Day	13-F Day	14
	Special Schedule (Liturgy / Orientation/Class Meetings / ID Photos) Student Senate 2:30pm Liturgy Dress Code	Auditions for Fall Play 2:30pm Golf @ Canisius 4pm WVB @ Nichols 4:30/6pm	Principal's Ad Board 2:30pm Auditions for Fall Play 2:30pm Golf @ Timon 4pm WSoc @ Buffalo Seminary 4:30pm	MSoc vs. Timon 4pm WVB @ Pitt Sutherland 4:45/ 6:15pm	Callbacks for Fall Play 2:30pm Opening Dance 8- 11pm Golf vs. St. Francis 4pm	MSoc vs. St. Francis 1pm VFB vs. East High School 1pm JVFB @ East High School 4pm
15	16-A Day	17-B Day	18-C Day	19-D Day	20	21
RPM Retreat Departs	RPM Retreat Returns 2pm Student Senate 2:30pm Golf vs. Park 4pm WVB Mt. St. Mary's 4:30/6pm MVB @ St. Joe's	NHS Meeting 2:30pm Walk-a-thon Pledges Due Golf vs. O'Hara 4pm MSoc @ Gow 4pm WSoc vs. O'Hara 4:30pm WVB vs. Niagara	Campus Ministry Meeting 7:30am Faculty/Staff Meeting 2:30pm WSoc @ Immaculata 4:30pm WVB @ Mt. Mercy 4:30/6pm	Noon Dismissal Open House for Prospective Students 5-8pm	No School for Students Faculty/Staff Inservice Open House for Prospective Students 5-8pm Golf @ St. Joe's 4pm	WVB (Var) @ Eden Tournament 8am JVFB @ Timon 10am WSoc @ Maryvale 10am VFB vs. Timon 1pm
	5pm	Catholic 4:30/6pm	200	Noon Dismissal	No School for Students	•
22	23-E Day	24	25-F Day	26-A Day	27-B Day	28
	Student Senate 2:30pm Parents Go to School Night 6pm WSoc vs. Park 4pm	Walk-a-thon MVB vs. St. Francis 5pm	Golf @ Gow 4pm WSoc vs. Pembroke 4:30pm WVB vs. Sacred Heart 4:30/6pm	Golf vs. Gow 4pm MSoc vs. Walsh 4:30pm WSoc @ Niagara Catholic 4:30pm WVB @ O'Hara 4:30/ 6pm MVB vs. Canisius 5pm	JVFB vs. O'Hara 4pm WVB @ Nardin 4:30/ 6pm	MVB @ Will South Tournament 8am WVB (JV) @ West Seneca Tourna- ment 8am WSoc @ Christian Central 11am MSoc @ Christian Central 1pm
29	30-C Day	1-D Day	2-E Day	3-F Day	4-A Day	5
	Student Senate 2:30pm WVB vs. Immaculata 4:30/6pm MSoc @ Depew TBA	Curriculum Committee 2:30pm Golf @ O'Hara 4pm MSoc @ Niagara Catholic 4:30pm	SEEK Meeting 2:30pm WSoc @ Park 4:30pm WVB vs. Orchard Park 5/6:30pm	Weekly Mass 7:30am in Chapel NHS Tutoring 2:30pm in Library MSoc vs. Gow 4pm MVB @ O'Hara 5pm	Special Schedule (College Consortium /Class Meetings / Emergency Drill) Early Dismissal 2pm <i>MSoc vs. Wilson</i> 4:30pm 2pm Dismissal	SAT Testing Day WVB (Var) @ New Jersey Tournament 8am JVFB vs. Canisius 10am WSoc vs. Buffalo Seminary 12 noon VFB @ Canisius 2pm

Who's reading the Currents?

To encourage the reading of *Currents*, Mr. Kidder is sponsoring a little contest. Bring in the attached form to Mr. Kidder's office to enter a contest for a free

snack. The random drawing of submitted forms will take place on September 17. Thanks for reading *Currents* and keeping up on the latest from St. Mary's.

Yes, I'm reading Currents!
Name
Homeroom
Bring to Mr. Kidder's Office

for your chance to win a FREE Snack!

In the September issue of *Currents*

- Look at first week of school
- Responsible Use Policy
- Technology Updates
- Get involved in Lancer Parent Partnership
- Theater Department Announces Fall Play
- Fall Sports Schedules
- September Calendar & Menu
- And much more!

For the latest news about St. Mary's High School, go to www.smhlancers.org

Freshmen mixing it up



Incoming freshman Caitlyn Meyer plays Can-Jam at the Freshmen / Parent Mixer.



