

CURRENTS

Freshmen, what will school be like?

When do you start?

Your first day of classes as freshmen will be Wednesday, Sept. 4. On that day, you will be the only students in the building, and you will be dismissed at 11:30 a.m. Bus transportation will be available that day, both before and after school.

Where do you go?

When you get to St. Mary's, you will report to homeroom. The lists of homeroom assignments will be posted in the hallway.

What do you need to bring?

A book bag/back pack - that's all. During homeroom, you will be given a locker assignment and a lock. (All locks for lockers MUST be issued by St. Mary's High School.) You will also receive a folder with paper and a pen to use for the rest of the day.

When you meet with your teachers, they will give you a few things. First, they will give you your textbooks. Also, they will be giving you their course expectations. This will list their grading policy as well as

The First Two Weeks of School

Mon., Sept. 2 No School Labor Day	Tue., Sept. 3 No School Faculty/Staff Orientation 8am - 2:30pm	Wed., Sept. 4 A-Day FRESHMEN ONLY 11:30 a.m. DISMISSAL Faculty/Staff Meetings 11:30am-2:30pm	Thur., Sept. 5 A-Day ALL STUDENTS FULL DAY	Fri., Sept. 6 B-Day ALL STUDENTS FULL DAY
Mon., Sept. 9 C-Day Special Schedule Student Pictures Opening Liturgy Class Meetings Student Senate 2:30pm	Tue., Sept. 10 C-Day Fall Play Auditions 2:30-4:30pm	Wed., Sept. 11 D-Day Principal's Ad Board Meeting 2:30 p.m. Fall Play Auditions 3:15-5pm	Thur., Sept. 12 E-Day	Fri., Sept. 13 F-Day Fall Play Callbacks 2:30-5pm Opening Dance sponsored by Student Senate 8-11pm

what they expect you to do in their class. You will also receive a list of supplies you will need for each class.

We want your first day to be as pleasant as possible. If you have any

questions, please contact Mr. Grieco, Enrollment Director, or Mrs. Neudeck, Counselor for the Class of 2017.

We look forward to seeing you on September 4!

It's never too early to start planning

Dear Friends,



This summer, my family and I took our annual "adventure," this year out west to San Diego, the Grand Canyon, and everything in between.

Since last summer, we have been talking about and planning this adventure. After figuring out where we wanted to go, we then sat down to make the reservations for the car and the hotels. And then we started figuring out many of the

"details," like what is there to do in Lexington, Nebraska? The rest of the trip is just happening – we stop to eat when we are hungry; shop when we feel like shopping; check out the sights

when we see something cool.

As I was working on our family trip, I was thinking that planning for a trip is a lot like a student's education, because in both you have to ask yourself:

(Continued on page 3)

Currents available electronically

The August issue of *Currents* is the only issue which is always printed and mailed home to all families of St. Mary's High School. Issues the rest of the year will be e-mailed directly to families using the SchoolReach information. They will also be available electronically at the St. Mary's website (smhlancers.org). Printed copies may also be picked up in the Main Office.

St. Mary's to continue use of SchoolReach for phone, email messages

Again this year, St. Mary's will be utilizing the telephone and e-mail broadcast system called SchoolReach. This system enables the school to notify all households and parents by phone of an emergency or unplanned event that causes early dismissal, school cancellation, or late start. The service is also used to communicate via phone and/or e-mail general announcements, reminders, and other information important to the members of the St. Mary's community.

In an important effort to make the best and most accurate use of the SchoolReach Instant Parent Contact System, we are asking that you fill out the following Information Update Form with the requested necessary information if you need to update your contact information or wish to add additional phone numbers. Because many students have their own phones and e-mail addresses, they may also be included in the Contact System. Please note – we will use the contact information system you provided previously unless you wish to update your information.

St. Mary's will continue to report school closings as we have in the past: on radio and TV and the St. Mary's web page, answering machine, and Facebook page. SchoolReach will be utilized as an overlay to the public announcements.

When used, the service will call all phone numbers in our selected parent contact lists and will deliver a recorded message from a school administrator. The service will deliver the message to both live answer and answering machines. No answers (phones ringing over 40 sec.) and busies will be

automatically retried twice in fifteen minute intervals after the initial call.

For those who have been a part of the SchoolReach system before, did you know?

- SchoolReach has a Parent App for your iPhone or iPad. This app offers families quick control over contact information and messages right in the palm of their hands. With the app, families can manage multiple schools and students at once; review, edit and save all contact information; control voice and Email preferences; make instant "Opt In/Opt Out" elections; have easy & convenient access at all times; and listen to all previous voice messages. Go to the App Store or www.schoolreach.com to get the app. for your device.
- If you want to re-listen to a message sent by St. Mary's High School, use the phone that the message was originally received on and call 855-955-8500. This will have all messages from the last 30 days.

Please consider these numbers carefully and make an effort to keep us informed as soon as possible if any number changes for any reason.

PLEASE NOTE THE FOLLOWING:

- 1) This requires NO registration by the parent on the SchoolReach website.
 - 2) All information and contact numbers are strictly secure and confidential and are only used for St. Mary's messaging.
- If you have any questions, please contact St. Mary's High School at 683-4824.

SchoolReach Contact Information Update Form – 2013-14

Family Name: _____
Primary Number: _____
Secondary Number: _____
E-Mail Address: _____

Student #2 Name: _____
Primary Number: _____
Secondary Number: _____
E-Mail Address: _____

Student #1 Name: _____
Primary Number: _____
Secondary Number: _____
E-Mail Address: _____

Student #3 Name: _____
Primary Number: _____
Secondary Number: _____
E-Mail Address: _____

Student contact information is optional – Thank you for your assistance with this program.

Please be sure to return this form to the St. Mary's Main Office as soon as possible.

	<p>What if ...up to 26% of each purchase you made went to your favorite worthy cause? Shopping at hundreds of online stores helps St. Mary's High School with each purchase! It's all free & private. Join today and change online shopping for good. Go to igive.com for more information.</p>	
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Walk-a-Thon benefits future students

St. Mary's High School will hold its annual Walk-a-Thon on Tuesday, Sept. 24. Proceeds from the Walk-a-Thon will be used to continue the Student Senate Scholarship that was created in 2006.

This Student Senate Scholarship will be awarded to an incoming freshman in the Class of 2018. The student will receive a yearly scholarship for the four years they attend St. Mary's.

In addition to the Student Senate Scholarship, money raised in the Walk-a-Thon will be used to benefit the St. Mary's classes and to help fund school activities.

Included in this mailing, students will find a letter from Mrs. Lynn Tytka, Student Senate moderator, about the Walk-a-Thon with a pledge sheet. Pledges are due Tuesday, Sept. 17.

Start planning *(continued from page 1)*

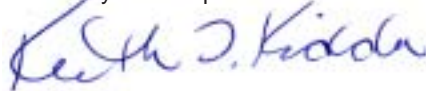
- Where do you want to go? Most students nowadays go to college after high school, but you have to know where you want to go and what type of college you would like to attend.
- Are you sure? When we started planning, we said we wanted to go to the Grand Canyon. Then we decided to add San Diego since we are so close. The same should happen in high school – be flexible; check out all of your options; realize that what you decide now is not “written in stone,” as they say.
- How do I get there? For a trip, it becomes easier with the GPS devices, Smartphone Apps, and GoogleMaps. (Remember when it used to be much more difficult, with all of those maps you could never fold back up or those Trip-tics from AAA?) When it comes to college you have to do your planning and your homework to go where you want. What courses do they require? What grades in classes and on tests

do they require? What activities would be helpful? What work do you need to do to get these done?

- What sidetrips can you make? Your high school career should include those things that are not required for the trip but are just fun. As a history buff, I can't wait to visit an old Pony Express Office in Colorado. Do we have to? No. But it's fun. The same should be for a student with clubs and organizations and activities. Take time to try some of these out – it's fun, and maybe you will learn something along the way.

While you are enjoying your summer (I hope), take some time to plan your “life trip.” The time you put into the planning will make the getting there more enjoyable.

See you in September!



Director of Special Programs

From the Health Office

Policy – Medication in School

Forms are available in the Main Office, the Health Office and on the school website.

All medication, including *non-prescription drugs such as Tylenol, Motrin, etc.* given in school *must be prescribed by a licensed medical doctor.* A written request from the physician must be on file. This request must indicate the dosage and frequency of the prescribed drug.

A written request from the parent to administer medication must be on file.

The parent must assume responsibility to have the medication delivered to the Health Office in a *properly labeled original container.*

From the Enrollment Office Open House for Prospective Students 2013

The annual Fall Open House will take place September 19 and 20. Mr. Steven Grieco, Enrollment Director, is looking for families willing to place an

Open House sign on their front lawn for passing drivers to see. If you can help, please contact Mr. Grieco at 683-4824, ext. 37, or at sgrieco@smhlancers.org.

Upcoming Freshmen Events

Freshman / Parent Mixer
Friday, August 9
6:30 p.m.

Orientation for Freshmen, Transfer Students, and Parents
Wednesday, August 28
6:30 p.m.

Upcoming Enrollment Events

Fall Open House
September 19 & 20
5 to 8 p.m.

Admission Exam Prep Classes
October 26,
November 2 & 9

Admission Exam
November 16
8:30 a.m. to 12 noon

Classic Car Show & Chicken BBQ

Celebrating our 17th Year

Sunday,
August 18th
12 noon to 4 p.m.
Rain or Shine!!

For more information call the Alumni Office at 683-4824

Parents of freshmen invited to Mixer

The St. Mary's Lancer Parent Partnership invites all parents of incoming freshmen to a Parent Mixer on Friday, August 9, from 6:30-8:30 p.m. at St. Mary's High School. The Parent Mixer is being held at the same time as the Freshmen Mixer.

Here are some of the planned activities for the Parent Mixer:

- All parents attending can enter their freshman's name in a drawing for a Nook Tablet valued at \$249. MUST be present to win!
- Meet other freshmen parents and learn about upcoming St. Mary's events.
- Play St. Mary's Trivia with a chance to win St. Mary's logo items and other prizes.

- Ask our Student Panel questions about what it's like to be a member of the St. Mary's family.
- Enjoy an ice cream social!

Registration takes place at 6:30 p.m.; the program begins at 6:45 p.m.
RSVP to Mr. Steven Grieco at 683-4824, Ext. 37, by August 7.

Spirit jackets available

Included with this issue of *Currents*, you will find a letter and flyer about school jackets that are available for purchase.

This is not a mandatory purchase by any means, and there is no minimum number that needs to be ordered to obtain the prices offered. This is simply something we wanted to make available to interested families.

The jackets ordered will be navy in color, will have a color Lancer mascot embroidered and will have the school name embroidered in white.

Orders can be turned in to the Main Office (in an envelope) any time on or before September 27.

As stated in the enclosed letter, all orders must be accompanied by a \$20 deposit.

Student to invite NHS candidates

Once the school year begins, Mr. Keith Kidder, the NHS Induction Coordinator, will be inviting students who academically qualify to become a candidate for the St. Mary's National Honor Society. To be eligible for consideration, a student must be a junior or a senior who has a cumulative average of 90 percent or higher.

Soon after the distribution of Candidate Materials, the Induction Coordinator will hold an evening Candidate/Parent Informational Session to explain the selection process in more detail and review all forms in the Candidate Packet.

As part of the Candidate Process, students will be asked to complete the following:

- *Activity Form* – students will list their school, service, and/or leadership activities in and out of school.
- *Leadership Referral Forms* – to be completed by supervisors of student's leadership activities.

• *Service Referral Forms* – to be completed by supervisors of student's service activities.

• *Personal Essay* – written by the student to summarize their achievements, interests, and other information they believe should be considered.

As announced last year, St. Mary's has detailed the number of required service hours. Students are required to have completed 25 hours of service beyond what is required for Religion classes (that is, Junior Candidates must have completed at least 55 hours of service; Senior Candidates need to have completed at least 85 hours)

Once turned in, the candidate materials will be submitted to the Faculty Council for their review and consideration. Candidates will be notified either way by Mr. Kidder. Students selected for the National Honor Society will be inducted at a ceremony on November 21.

More complete information regarding the Selection process will be found in the Student-Parent Handbook, available on the St. Mary's High School website.

New student information system

This coming school year will see major changes in how St. Mary's High School records and reports student information. After six years, the school is changing to a new, more modern student information system.

Highlights of the new system include:

- Teachers will be able to more easily update grades from any location that has an Internet connection.
- *Edline* will no longer be used. Grades will be viewed with a new system — basically, parents and students will be viewing the grade books as grades are entered.
- Grades from any time during the school year will be available, not just the most recent quarter.
- The system should be faster and easier to use.

More information will be provided in the September issue of *Currents* and during Parent-Go-to-School Night on September 23.

Transportation information

Information regarding transportation is sent to parents from the public school district at the end of August. This information is not sent to St. Mary's High School. If you do not receive your bus information, or if you have questions or problems with the arrangements, please call the Transportation Department of your school district.

Incoming freshmen from Buffalo may receive their bus passes when they come for orientation on August 28. Upperclassmen will get theirs on the first day of school.

Remember: Students are never allowed to ride a bus from a school district other than their own. Public school districts are only insured for their own residents.

From the St. Mary's Cafeteria Manager

Please note the following for the 2013-14 School Year:

- Lunches will cost \$3; Breakfast will cost \$1; Reduced lunch and breakfast will cost 25¢

- Pre-paid lunches for one week or more – \$2.75 for each lunch
- Milk price a la carte – 50¢
- Faculty prices: \$3.25 for lunch; 50¢ for milk
- All students on Free and Reduced Lunch

- are eligible for lunch and breakfast
- Students will not receive Free and Reduced Lunch until their application has been received and approved. **Remember: Applications are due by August 26.**

Reduced Lunch Application Information

Dear Parent/Guardian:

Children need healthy meals to learn. St. Mary's High School offers healthy meals every school day. Breakfast costs **\$1.00**; lunch costs **\$3.00**. Your children may qualify for free meals or for reduced price meals. Reduced price is **25¢** for breakfast and **25¢** for lunch.

1. Do I need to fill out an application for each child? No. Complete the application to apply for free or reduced price meals. *Use one Free and Reduced Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to St. Mary's High School.

2. Who can get free meals? All children in households receiving benefits from SNAP, the Food Distribution Program on Indian Reservations, or TANF can get free meals regardless of your income. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines.

3. Can foster children get free meals? Yes, foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income.

4. Can homeless, runaway, and migrant children get free meals? Yes, children who meet the definition of homeless, runaway, or migrant qualify for free meals. If you haven't been told your children will get free meals, please call or e-mail St. Mary's High School to see if they qualify.

5. Who can get reduced price meals? Your children can get low cost meals if your household income is within the reduced price limits on the Federal Eligibility Income Chart, shown on this application.

6. Should I fill out an application if I received a letter this school year saying my children are approved for free meals? Please read the letter you received carefully and follow the instructions. Call the school at 683-4824 and ask for Evelyn Skalski if you have questions.

7. My child's application was approved last year. Do I need to fill out another one? Yes. Your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you your child is eligible for the new year.

8. I get WIC; can my child(ren) get free meals? Children in households participating in WIC *may* be eligible for free or reduced price meals. Please fill out a Free/Reduced Price Meal application.

9. Will the information I give be checked? Yes, and we may also ask you to send written proof.

10. If I don't qualify now, may I apply later? Yes. You may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.

11. What if I disagree with the school's decision about my application? You should talk to school officials. You also may ask for a hearing by calling or writing to Mrs. Rebecca Kranz, principal, St. Mary's High School.

12. May I apply if someone in my household is not a U.S. citizen? Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.

13. Who should I include as members of my household? You must include all people living in your household, related or not (such as grandparents, other relatives, or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them.

14. What if my income is not always the same? List the amount that you normally receive. For example, if you normally get \$1,000 each month, but you missed some work last month and only got \$900, put down that you made \$1,000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.

15. We are in the military. Do we include our housing allowance as income? If you get an off-base allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.

16. My spouse is deployed to a combat zone. Is her combat pay counted as income? No. If the combat pay is received in addition to her basic pay because of her deployment and it wasn't received before she was deployed, combat pay is not counted as income. Contact your school for more information.

17. My family needs more help. Are there other programs we might apply for? To find out how to apply for SNAP or other assistance benefits, contact your local assistance office or call 1-800-342-3009.

*Remember: All application and participant information
will be held in the strictest confidence*

Please note – Forms must be returned by August 26, 2013.

2013-2014 INCOME ELIGIBILITY GUIDELINES FOR FREE AND REDUCED MEALS OR FREE MILK

REDUCED PRICE ELIGIBILITY INCOME CHART

<u>Household Size</u>	<u>Annual</u>	<u>Month</u>	<u>Twice-Monthly</u>	<u>Bi-Weekly</u>	<u>Weekly</u>
1	\$21,257	\$1,772	\$ 886	\$ 818	\$409
2	28,694	2,392	1,196	1,104	552
3	36,131	3,011	1,506	1,390	695
4	43,568	3,631	1,816	1,676	838
5	51,005	4,251	2,126	1,962	981
6	58,442	4,871	2,436	2,248	1,124
7	65,879	5,490	2,745	2,534	1,267
8	73,316	6,110	3,055	2,820	1,410
For each additional family member add	7,437	620	310	287	144

How to Apply: To get free or reduced price meals for your children, you may submit an Eligibility Letter for Free Meals/Milk (formerly Direct Certification Letter) received from the NYS Office of Temporary and Disability Assistance, OR carefully complete one application for your household and return it to the designated office. If you now receive Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance to Needy Families (TANF) for any children, or participate in the Food Distribution Program on Indian Reservations (FDPIR), the application must include the children's names, the household SNAP, TANF, or FDPIR case number, and the signature of an adult household member. All children should be listed on the same application. If you do not list a SNAP, TANF, or FDPIR case number for all the children for whom you are applying, the application must include the names of everyone in the household, the amount of income each household member receives, and how often it is received and where it comes from. It must include the signature of an adult household member and the last four digits of that adult's social security number, or check the box if the adult does not have a social security number. An application that is not complete cannot be approved. Contact your local Department of Social Services for your SNAP or TANF case number or complete the income portion of the application.

Reporting Changes: The benefits that you are approved for at the time of application are effective for the entire school year. **You no longer need to report changes for an increase in income or decrease in household size, or if you no longer receive food stamps.**

Income Exclusions: The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care Development (Block Grant) Fund should not be considered as income for this program.

Nondiscrimination Statement: The US Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited basis will apply to all programs and/or employment activities.)

Meal Service to Children With Disabilities: Federal regulations require schools and institutions to serve meals at no extra charge to children with a disability which may restrict their diet. A student with a disability is defined in 7CFR Part 15b.3 of Federal regulations, as one who has a physical or mental impairment which substantially limits one or more major life activities. Major life activities are defined to include functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working. You must request the special meals from the school and provide the school with medical certification from a medical doctor. If you believe your child needs substitutions because of a disability, please get in touch with us for further information, as there is specific information that the medical certification must contain.

Confidentiality: The United States Department of Agriculture has approved the release of students' names and eligibility status, without parent/guardian consent, to persons directly connected with the administration or enforcement of federal education programs such as Title I and the National Assessment of Educational Progress (NAEP), which are United States Department of Education programs used to determine areas such as the allocation of funds to schools, to evaluate socioeconomic status of the school's attendance area, and to assess educational progress. Information may also be released to State health or State education programs administered by the State agency or local education agency, provided the State or local education agency administers the program, and federal, State, or local nutrition programs similar to the National School Lunch Program. Additionally, *all* information contained in the free and reduced price application may be released to persons directly connected with the administration or enforcement of programs authorized under the National School Lunch Act (NSLA) or Child Nutrition Act (CNA), including the National School Lunch and School Breakfast Programs, the Special Milk Program, the Child and Adult Care Food Program, Summer Food Service Program and the Special Supplemental Nutrition Program for Women Infants and Children (WIC), the Comptroller General of the United States for audit purposes, and federal, State, or local law enforcement officials investigating alleged violation of the programs under the NSLA or CNA.

The disclosure of eligibility information not specifically authorized by the NSLA requires a written consent statement from the parent/guardian.

We will let you know when your application is approved or denied.

Sincerely,
Evelyn Skalski, Food Service Manager

APPLICATION INSTRUCTIONS

To apply for free and reduced price meals, submit a Free Meals/Milk Eligibility Letter received from the Office of Temporary and Disability Assistance OR complete only one application for your household using the instructions. Sign the application and return the application to St. Mary's High School. If you have a foster child in your household, you may include them on your application. A separate application is no longer needed. Call the school if you need help: 683-4824. Ensure that all information is provided. Failure to do so may result in denial of benefits for your child or unnecessary delay in approving your application.

PART 1 ALL HOUSEHOLDS MUST COMPLETE STUDENT INFORMATION. DO NOT FILL OUT MORE THAN ONE APPLICATION FOR YOUR HOUSEHOLD.

- (1) Print the names of the children, including foster children, for whom you are applying on one application.
 - (2) List their grade and school.
 - (3) Check the box to indicate a foster child living in your household, and check the box for each child with no income.
-

PART 2 HOUSEHOLDS GETTING SNAP, TANF OR FDIPIR SHOULD COMPLETE PART 2 AND SIGN PART 5.

- (1) List a current SNAP, TANF or FDIPIR (Food Distribution Program on Indian Reservations) case number of anyone living in your household. Do not use the 16-digit number on your benefit card. The case number is provided on your benefit letter.
 - (2) An adult household member must sign the application in PART 5. SKIP PART 4. Do not list names of household members or income if you list a SNAP, TANF or FDIPIR case number.
-

PART 3 Before completing an application for a child who may be homeless, a migrant education student, or a runaway, please call your school's homeless liaison or migrant education coordinator at this number:

Evelyn Skalski, 683-4824

PARTS 4 & 5 ALL OTHER HOUSEHOLDS MUST COMPLETE THESE PARTS AND ALL OF PART 5.

- (1) Write the names of everyone in your household, whether or not they get income. Include yourself, the children you are applying for, all other children, your spouse, grandparents, and other related and unrelated people in your household. Use another piece of paper if you need more space.
 - (2) Write the amount of current income each household member receives, before taxes or anything else is taken out, and indicate where it came from, such as earnings, welfare, pensions and other income. If the current income was more or less than usual, write that person's usual income. **Specify how often this income amount is received: weekly, every other week (bi-weekly), 2 x per month, monthly. If no income, check the box.** The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care and Development Block Grant, TANF and At Risk Child Care Programs should **not** be considered as income for this program.
 - (3) The application must include the last four digits only of the social security number of the adult who signs **PART 5** if Part 4 is completed. If the adult does not have a social security number, check the box. If you listed a SNAP, TANF or FDIPIR number, a social security number is not needed.
-

OTHER BENEFITS: Your child may be eligible for benefits such as Medicaid or Children's Health Insurance Program (CHIP). In order to determine if your child is eligible, program officials need information from your free and reduced price meal application. Your written consent is required before any information may be released. Please refer to the attached parent Disclosure Letter and Consent Statement for information about other benefits.

PRIVACY ACT STATEMENT: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number are not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDIPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

DISCRIMINATION COMPLAINTS

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the basis of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited basis will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (PDF), found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov

Individuals who are deaf, hard of hearing, or have speech disabilities and wish to file either an EEO or program complaint please contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6135 or email at program.intake@usda.gov.

USDA is an equal opportunity provider and employer.

Dress Code for 2013-14

The following are the changes to the St. Mary's High School Dress Code for the 2013-14 School Year:

- Students may wear gray dress pants, in addition to the navy and khaki. Ladies still need to purchase their pants through Flynn & O'Hara.

- Gentlemen may wear a solid white, solid black, or solid brown colored belt.
- The Pride Day Dress now includes solid gray sweatpants or gray sweatpants with a white strip. Not black! Below is the complete Dress Code for 2013-14:

Ladies

- Properly sized navy, khaki, or gray dress pants (with the "SMH" logo) purchased from Flynn & O'Hara are the only pants allowed for ladies. The pants may not be ripped or torn. *Pants from American Eagle or Aeropostale are not allowed.*
- A properly-sized **solid-colored** Oxford buttoned blouse with a buttoned collar, long or short sleeve, tucked in, may be worn all year except on Liturgy days (*On Liturgy days, blouse must be blue or white*). The school recommends purchasing these from Flynn & O'Hara to ensure that you have the correct style.
- Dress shirts may not have extra darts or seams causing the shirt to be a tight fit.
- The official St. Mary's High School Polo shirts may be worn all year except on Liturgy days. Club and athletic polo shirts are not allowed as part of the regular dress code. Regular polo shirts must be tucked in at all times; banded polo shirts do not have to be tucked in.
- Embroidered St. Mary's sweatshirts, St. Mary's sweaters, St. Mary's fleeces, or solid navy blue, solid white, or solid gray sweaters may be worn over the dress shirt, a white, navy, or gray turtleneck, or the St. Mary's polo shirt. *Thermal or long-sleeve t-shirts are not allowed.* Club and athletic sweatshirts and fleeces are not allowed as part of the regular dress code.
- "Sweater" is defined as a long-sleeved, heavy-gauge, knitted, wool or cotton garment that fits the body loosely. Sweaters may have zip-up fronts.
- Turtleneck sweaters (solid navy, solid white, or solid gray) may be worn without a dress shirt / polo shirt underneath.
- Navy blue blazers or navy blue vests may be worn over the dress shirt, white St. Mary's polo shirt, or a white, navy, or gray turtleneck.
- T-shirts worn under a dress shirt must be white with no lettering or design.
- Black, navy, white, or beige stockings or black, navy, gray, or white knee socks and shoes must be worn. No patterns, bows, buttons, or other designs are allowed on the socks/stockings.
- All girls are *required* to purchase the uniform skort that is available from Flynn & O'Hara. The skort must be **no more than two inches above the knee**. They are only *required* to wear the uniform skort on Liturgy days or other special occasions requiring formal dress.
- Dress shoes must be worn and cannot be backless, canvas, slippers, or boots.
- Shoes must be properly worn.

Gentlemen

- Properly sized navy, khaki or gray dress pants worn with a solid brown, solid black, or solid white colored belt. The school recommends purchasing these from Flynn & O'Hara to ensure that you have the correct style. Pants with rivets, sewn-on pockets, stripes, or ripped/torn cuffs are not to be worn. Pants may not be worn below the waistline. *Pants from American Eagle or Aeropostale are not allowed.*
- A properly-sized **solid-colored** Oxford buttoned dress shirt with buttoned collar, fully buttoned and tucked in may be worn all

year except on Liturgy days (*On Liturgy days, shirt must be blue or white*). Shirt must be worn with a tie. Bow ties may be worn.

- The official St. Mary's High School Polo shirts may be worn all year except on Liturgy days. Club and athletic polo shirts are not allowed as part of the regular dress code. Polo shirts must be tucked in at all times. T-shirts worn under polo shirts may be solid navy, white, or gray. No lettering or design from the t-shirt may be visible.
- Embroidered St. Mary's sweatshirts, St. Mary's sweaters, St. Mary's fleeces, or solid navy blue, solid gray, or solid white sweaters may be worn over the dress shirt with tie, a white, blue, or gray turtleneck, or the St. Mary's polo shirt. *Thermal or long-sleeve t-shirts are not allowed.* Club and athletic sweatshirts and fleeces are not allowed as part of the regular dress code.
- "Sweater" is defined as a long-sleeved, heavy-gauge, knitted, wool or cotton garment that fits the body loosely. Sweaters may have zip-up fronts.
- Turtleneck sweaters (solid navy, solid white, or solid gray) may be worn without a dress shirt / polo shirt underneath.
- Navy blue blazers or navy blue vests may be worn over the dress shirt with tie, St. Mary's white polo shirt, or a white, blue, or gray turtleneck.
- T-shirts worn under a dress shirt must be white with no lettering or design.
- Solid brown or solid black dress shoes with socks must be worn.
- No makeup or nail polish may be worn.
- Dress shoes cannot be backless, canvas, slippers, or boots. No athletic shoes may be worn.
- Shoes must be properly worn.

The following rules apply to all students:

- No sandals or open-toed shoes may be worn. No slippers or moccasins may be worn.
- No outerwear may be worn.
- The only acceptable sweatshirts and fleeces are embroidered SMH or approved class sweatshirts (without hoods).
- Body piercing is limited to two earrings per ear for girls, no earrings for boys, including dress down days. Spacers used to increase the size of holes in ears are prohibited. Wearing a bandage over "illegal" piercings is not permitted.
- Visible tattoos and heavy metal chains are not allowed including dress down days.
- Long-sleeve shirts worn under short sleeve shirts are not allowed.
- No Capri pants or shorts may be worn.
- No gloves of any kind may be worn.
- No wristbands or sweatbands may be worn.
- Nothing sheer or see-through may ever be worn, including dress down days.
- Nothing sleeveless may ever be worn, including dress down days.
- Students are not allowed to have writing or drawings on their skin at any time.

(Continued on page 10)

Dress Code *(continued from page 9)*

- Sleeves on polo shirts may not be rolled and collars may not be flipped up.
- During June Exams, footwear regulation is relaxed – flip-flops, sneakers, etc. are allowed.

Hair

- Hair should be kept neat, clean, and combed at all times. No bizarre haircuts or hair colors are permitted. There should be no spikes, puffs, Mohawks, etc. Boys' hair must be no longer than collar length, and the front must be at least one-finger's-width off of the eyebrows. No portion of the head will be shaved. Any bizarre hairstyle will result in daily detention until the problem is corrected.
- Students are expected to be clean-shaven on a daily basis. No facial hair is permitted. Sideburns must be trimmed, neat, and not extend below the earlobe.

Pride Day Dress

- Students may wear any official St. Mary's attire including class shirts, school sports t-shirts/sweatshirts, school sweatpants, school shorts, school hats.
- Solid navy/gray pants or navy/gray pants with white stripes down the leg may be worn.
- No jeans are allowed.
- Earring and facial hair regulations remain in effect.
- Sneakers or sandals may be worn if the student is wearing Pride Day Dress.

Liturgy Day Dress

To achieve a sense of unity in the celebration of important moments in the life of the St. Mary's community and to deepen our awareness of our Catholic faith, all students will attend all school liturgies and prayer services. On days when a liturgy is scheduled, students must follow the rules for "liturgy day dress:"

- No polo shirts will be allowed.
- Gentlemen are required to wear a blue or white dress shirt and tie as defined previously.
- Ladies are required to wear a blue or white dress shirt as defined previously and are required to wear a uniform skirt.
- Dress code sweaters, approved St. Mary's sweatshirts, vests, blazers are permitted over the dress shirts.

This dress code may also be in effect for other special occasions

and field trips. Announcements will be made in advance.

Jeans Day Dress

Throughout the school year, organizations may run a jeans day as a fundraiser for outside charities. These need to be proposed and approved through the Principal's Advisory Board.

On a jeans day, students may wear:

- Jeans — they may not be ripped/torn or excessively oversized.
- Sweatpants, windpants, cargo pants, corduroy pants, Capri pants
- Sneakers or sandals

They may NOT wear:

- Jean shorts or shorts of any kind
- Jean skirts or skirts of any kind
- Hats

Modesty will always be stressed. Earring and facial hair regulations remain in effect.

If a student chooses not to participate, they must be in regular dress code.

Baccalaureate Mass / Graduation

The following policy must be adhered to during these events: the Baccalaureate Mass, Senior Family Brunch, and Graduation Ceremony. Failure to follow these rules will result in the student not being allowed to participate in that event. The graduation fee will not be refunded.

Because these are formal events hosted by the school, there will be strict adherence to the school dress code policy regarding hair, earrings, body-piercing, and facial hair. Messages on caps/gowns are not permitted.

- Ladies must be modestly dressed in a dress, skirt/blouse, or a pants suit. Dress shoes or dress sandals must be worn. *No flip-flops.* No bizarre socks, stockings, or shoes may be worn.
- Gentlemen must wear dress pants, a dress shirt (preferably white) and tie, as well as dress shoes.

In all cases regarding these events, the final decision regarding participation will be decided by the Administration of the school.

The Dean of Student Affairs will make the final determination as to whether or not a student's attire violates the dress code.

Modesty will be stressed. Any bizarre appearance, in clothing or hair, is unacceptable.

Wanted – host families for International students

As part of our the school's International Program, St. Mary's High School will be welcoming students from around the world to join our educational community.

The International Program will enrich the educational experience of our students. Our students will develop an appreciation for cultural differences they will encounter in their lives. The International Program will prepare students to live, work, and succeed as members of a global community.

Please consider being a host family for one of our international students. There is a monthly stipend to offset the costs

associated with the program.

What are the Benefits of Hosting?

- Make a difference in the life of a young person.
- Enrich the lives of your family.
- Increase the cultural awareness in your community.
- Support diversity and cross-cultural awareness at home.
- Teach a student about American values.
- Experience the joy of having a new family member to love.
- Build a life-long friendship.
- Practice hospitality and generosity in your own home.

- Grow closer as a family.
- Receive a monthly stipend to offset costs associated with hosting a student.

What are the Requirements for Hosting?

- A private bedroom.
- Access to a bathroom.
- A wireless Internet connection.
- English must be the primary language spoken at home.
- Background check.
- Must attend Virtus training.

More information is available by contacting Enrollment Director, Steven Grieco, at (716)683-4824 or sgrieco@smhlancers.org

2013 Summer Reading Assignment

English 9 & 9 Honors

All freshmen **must read** *Night*, by Elie Weisel - author writes about his experience with his father in the Nazi German concentration camps at Auschwitz and Buchenwald in 1944-1945

In addition to this book, **all freshmen** must read a **second book** from the following list:

- *Alas, Babylon* (Pat Frank) - A story about civilization and life after nuclear war.
- *Roll of Thunder, Hear My Cry* (Mildred Taylor) - This novel depicts the many dimensions of racism in the South during the 1930's. The Logans, an African American family, struggle to keep their 400 acres during the Great Depression.
- *Summer of My German Soldier* (Bette Greene) - During WWII, a young American girl falls in love with a German prisoner of war as she helps him to escape.
- *Ten Little Indians*, also titled *And Then There Were None* (Agatha Christie) - Mystery story of the murder of 10 strangers trapped on an island.
- *Ender's Game* (Orson Scott Card) - Science fiction tale of youth being trained for interstellar war against aliens.
- *The Boys of Winter* (Wayne Coffey) - Non-fiction account of the 1980 "Miracle on Ice" US Hockey Olympic Gold Medal team.
- *The Book Thief* (Markus Zusak) - It is 1939, Nazi Germany. Liesel Meminger's life is changed forever when she begins to steal, hide, and save books from Nazi book-burnings.

Assignment for Grade 9 and 9 Honors:

- **Part I** – On a sheet of loose-leaf paper, you must **hand write (no typed copies accepted)** a list of **10** unknown words found in **each book**; include each word's definition, part of speech, and an original sentence properly using the word. **This vocabulary is due on Tuesday,**

September 10, 2013.

- **Part II** – An in-class writing assignment will be given on Tuesday, September 10th, on *Night*; a second in-class writing assignment will be given on Wednesday, September 11th, on your second book choice.

English 10 & 10 Honors

All sophomores **must read** *Lord of the Flies*, by William Golding - a group of British boys are stuck on an uninhabited island who try to govern themselves with disastrous results.

In addition to this book, **10 Regents** must read **one** book from the following list; **10 Honors** must read **two** books from the following list:

- *In the Middle of the Night* (Robert Cormier) - Years before Denny was born, his father was involved in a tragic accident. The family doesn't talk about it, but the tragedy continues to haunt the family. When Denny decides to learn more about the accident, he becomes entangled in its web.
- *A Night to Remember* (Walter Lord) - The author recounts the last hours of the *Titanic* from the perspectives of many of the ship's passengers.
- *Rebecca* (Daphne du Maurier) - The classic story of the second Mrs. DeWinter, who followed the man she loved from Monte Carlo to his lavish country estate, Manderly. There, she is drawn into the brooding passions of a romance dead but not forgotten – for always, everywhere, is the evil, eternal presence of ... Rebecca!
- *Briar Rose* (Jane Yolen) - The story of Briar Rose (Sleeping Beauty) is linked to the Holocaust when a young woman promises her dying grandmother that she will return to Poland and discover the truth about her past.
- *House* (Frank Peretti and Ted Dekker) - A

supernatural thriller by this famous pair of Christian writers that gives new meaning to the phrase "haunted house."

- *Fahrenheit 451* (Ray Bradbury) - Bradbury's classic science fiction novel of censorship and defiance.
- *Castaway Kid* (R.B. Mitchell) - The true story of an abandoned kid who was one of the last "lifers" in an American orphanage.
- *Saving Juliet* (Suzanne Selfers) - A modern-day teenage girl goes back to Shakespeare's Verona in an attempt to prevent the tragedy of Romeo and Juliet from happening.

Assignment for Grade 10 and 10 Honors:

- **Part I** – On a sheet of loose-leaf paper, you must **hand write (no typed copies accepted)** a list of **10** unknown words found in **each book** you read; include each word's definition, part of speech, and an original sentence properly using the word. **This vocabulary is due on Tuesday, September 10, 2013.**
- **Part II** – An in-class writing assignment will be done on Tuesday **and** Wednesday, September 10th **and** 11th, on your summer reading books. Both assignments will be critical lens essays. Your English teacher will review the format of this type of essay in class before Tuesday, September 10th. **It would be beneficial for you to take notes on literary elements used by the authors in your summer reading books.**

English 11 Regents

All juniors **must read** *A Raisin in the Sun*, by Lorraine Hansberry - The story is based upon a black family's experiences in the Washington Park Subdivision of Chicago's Woodlawn neighborhood.

In addition to this play, **English 11 Regents** must read a **second book** from the following list:

- *Black Boy* (Richard Wright) - A sensitive and rebellious African American youth survives a life of poverty, familial strife, and Southern bigotry to pursue his goal of becoming a writer in the North.
- *A Tree Grows in Brooklyn* (Betty Smith) - A classic! Francie Nolan lives in turn-of-the-century Brooklyn, New York. She struggles against all odds to survive and thrive.
- *The Curious Incident of the Dog in the Night-Time* (Mark Haddon) - This is the story of an autistic boy's quest to investigate the suspicious death of a neighborhood dog.
- *Into Thin Air* (Jan Krakauer) - A first-person account of an expedition to Mt. Everest that turned from dream climb to nightmare.

(Continued on page 12)

BASH FOR CASH
Formerly known as Galaxy of Prizes

\$50 Admits 2 to Party • Friday, November 8, 2013

Maximum of 1500 Tickets Sold
(St. Mary's reserves the right to cancel event based on minimum ticket sales. Money will be refunded)

St. Mary's High School - Lancaster, NY
21 yrs. and older • Pizza/Beer/Soda/Wine Provided
(outside snacks & beverages will be welcomed)

Doors open at 6 PM • Party 7-11 PM • Raffle begins at 8 PM

GRAND PRIZE: \$10,000 WINNER
One: \$3,000 Winner & One: \$1,000 Winner

Four: \$500 Winners / Twenty Five: \$100 Winners / Thirty: \$50 Winners
All winning numbers returned to bin & eligible for EVERY drawing (IRS reporting procedure applies)

All proceeds benefit St. Mary's High School Students - Winners need not be present to win.



Campus Ministry



This is a time of preparation, new beginnings

As the month of August begins, the hopes, dreams, and plans of summer are realized, reconsidered, or rejected. Soon the school supply lists and schedules will arrive, the fall sports teams will begin practices, and the return to school will be near. We've passed the half way mark of summer break.

The Gospel readings for this time are taken from St. Luke, the 12th and 13th chapters. St. Luke will chide, caution, challenge, and convict us of

what is required to live this Christian life. The first Sunday we are chided against amassing material goods and warned of the dangers of greed, a powerful motivator. On August 14, we are cautioned to be prepared for Christ's return, as recorded elsewhere in Scripture, no one knows the time or the day. The readings of the third Sunday challenge the believer that a life of following Jesus may not be easy and at times will be difficult. On August 28 we are convicted of a failure to recognize who is first and who is last in God's kingdom. We

may be surprised. The readings will recall for us a time of preparation and new beginnings for the season to come.

A reminder that on August 15 the Catholic Community celebrates the Feast of the Assumption of Mary, a holy day of obligation. Please make the effort and take the opportunity to attend Mass on this day.

May these last weeks of summer be blessed with peace, joy, rest, and relaxation. Benedicat vos omnipotens Deus.

Reading assignment *(continued from page 11)*

- **Catch 22** (Joseph Heller) - A classic! In this satirical novel, Captain Yossarian confronts the hypocrisy of war and bureaucracy as he frantically attempts to survive.
 - **What Happened** (Peter Johnson) - This novel, written by a Canisius High School graduate and set in an all-boys Buffalo high school, is an account of a car accident that unfolds slowly from the voice of an unnamed narrator.
- Assignment for English 11:**
- **Part I** – On a sheet of loose-leaf paper, you must **hand write (no typed copies accepted)** a list of **10** unknown words found in **each book**; include each word's definition, part of speech, and an original sentence properly using the word. **This vocabulary is due on Tuesday, September 10, 2013.**
 - **Part II** – An in-class writing assignment will be done on Tuesday **and** Wednesday, September 10th **and** September 11th, on your two summer reading books. Both assignments will be critical lens essays. Your English teacher will review the format of this type of essay in class before Tuesday, September 10th. **It would be beneficial for you to take notes on literary elements used by the authors in your summer reading books.**

AP Literature & Composition - Grade 11
AP Literature students **MUST** read *The Scarlet Letter*, by Nathaniel Hawthorne - Set in 17th-century Puritan Boston during the years 1642 to 1649, it tells the story of Hester Prynne, who conceives a daughter through an adulterous affair and struggles to create a new life of repentance and

- dignity
In addition, AP Lit students must read **two** additional works from the following list:
- **Animal Farm** (George Orwell) - A satirical fable set on a farm; events mirror the rise of Communism.
 - **Black Boy** (Richard Wright) - A sensitive and rebellious African American youth survives a life of poverty, familial strife, and Southern bigotry to pursue his goal of becoming a writer in the North.
 - **The Curious Incident of the Dog in the Night-Time** (Mark Haddon) - This is the story of an autistic boy's quest to investigate the suspicious death of a neighborhood dog.
 - **A Raisin in the Sun** (Lorraine Hansberry) - This classic drama shows how the sudden appearance of money tears an African American family apart.
 - **Catch 22** (Joseph Heller) - A classic! In this satirical novel, Captain Yossarian confronts the hypocrisy of war and bureaucracy as he frantically attempts to survive.
 - **Wuthering Heights** (Emily Bronte) - The story of two childhood sweethearts, Heathcliff and Catherine Earnshaw, who grow up on the Yorkshire Moors. When Catherine marries another man, Edgar Linton, Heathcliff attempts to take revenge on the entire Linton and Earnshaw families.
 - **The Awakening** (Kate Chopin) - The story of one woman's journey to self-discovery set in New Orleans at the turn of the 20th century.
 - **All Quiet on the Western Front** (Erich Maria Remarque) - A young soldier struggles to survive and questions the purpose of war during WWI.
 - **Pygmalion** (George Bernard Shaw) - Eliza

Doolittle becomes the focus of a bet between Professor Higgins and his friend. Higgins claims that by teaching Eliza to "talk like a lady," he can make others believe that a low-class girl is a duchess.

- **Rosencrantz and Guildenstern Are Dead** (Tom Stoppard) - This drama spotlights two minor characters from *Hamlet* and shows the play from their perspective. This play, written as part of the Theatre of the Absurd Movement, is often ridiculous and humorous.
- **Their Eyes Were Watching God** (Zora Neale Hurston) - This classic African-American novel tells, with haunting sympathy, the story of Jane Crawford's evolving identity through three marriages.

Assignment for AP Literature :

- **Part I** – On a sheet of loose-leaf paper, you must **hand write (no typed copies accepted)** a list of **10** unknown words found in **each book**; include each word's definition, part of speech, and an original sentence properly using the word. **This vocabulary is due on Tuesday, September 10, 2013.**
- **Part II** – An in-class writing assignment will be done on Tuesday **and** Wednesday, September 10 **and** 11, 2013, **incorporating all three** summer reading books. Both assignments will be critical lens essays. Your English teacher will review the format of this type of essay in class before Tuesday, September 10th. **It would be beneficial for you to take notes on literary elements used by the authors in your summer reading books.**

(Continued on page 15)

From the Athletic Office

Dear Students and Parents:

As we move through the summer we're sure you are already anxious to begin or continue your career as a student-athlete here at St. Mary's.

We encourage all returning and incoming students to try to participate in a sport while at St. Mary's. The memories and friendships that are made are irreplaceable; couple that with the enjoy-

ment of competition and your experience as a St. Mary's student-athlete promises to be an extremely rewarding experience.

St. Mary's student-athletes attack their academics and athletics with a pride, passion and togetherness rarely found in other schools.

It is a privilege for us to have you join the St. Mary's student-athlete family, as much as it is a privilege for you to be a part

of the rich tradition and spirit that goes along with being a student-athlete at St. Mary's.

***** REMINDER THAT ALL STUDENTS MUST HAVE A PHYSICAL AND INTERVAL HEALTH HISTORY FORM ON FILE IN THE HEALTH OFFICE PRIOR TO PARTICIPATING IN ANY FALL SPORTS AT ST. MARY'S HIGH SCHOOL *****

- Fall Sport Start Dates -

Boys' Varsity Soccer:

Monday, Aug. 19, from 6:15-8:15 p.m. at the Lancaster Middle School soccer field (The Flats). The team will also meet August 20-23 and August 26-30, 6:15-8:15 p.m. Contact Coach Franjoine at afranjoine@aol.com more information or to sign up. Bring shin guards and a water bottle.

Boys' Varsity Volleyball

Monday, Aug. 19, from 9 a.m.-12 noon. in the Athletic Center@ St. Mary's. The team will also meet August 20-23, 9 a.m.-12 noon and August 26-30, 9 a.m.-12 noon. Contact Coach Koch at kkoch@medaille.edu for more information or to sign up.

Varsity & JV Football:

Monday, Aug. 19, from 9 a.m.-1 p.m., on the football field at St. Mary's. The team will also meet August 20-23, 9 a.m.-1p.m.;

August 24, 10 a.m.-2 p.m.; August 26 & 27, 9 a.m.-1 p.m.; August 28-30, 2:30-4:30 p.m. On August 31, the Varsity Team will scrimmage at Maryvale high School; the JV Team will scrimmage at JFK High School. Equipment should be picked up in advance. Contact Coach Hersey at herse25@roadrunner.com for more information or to sign up.

Boys' Golf

Monday, Aug. 26, from 1-2:30 p.m. at Walden Driving Range, 4011 Walden Ave., Lancaster. Contact Coach Rzemek at mrzemek@smhlancers.org for more information or to sign up. Participants must have own clubs.

Girls' JV Volleyball

Monday, Aug. 19, from 3-6 p.m. in the Athletic Center at St. Mary's. The team will also meet August 20-23, 3-6 p.m.; August 24, 9-11 a.m.; and August 26-30, 3-6 p.m. Contact Coach Zureck at

dzureck@roadrunner.com for more information or to sign up. Bring sneakers, kneepads, and water bottle.

Girls' Varsity Volleyball

Monday, Aug. 19, from 9 a.m.-1 p.m. in the Athletic Center at St. Mary's. The team will also meet on August 20, 9 a.m. -1 p.m.; August 21, 5-8 p.m.; August 22 & 23, 9 a.m.-1 p.m.; August 24, 9 a.m.-12 noon; August 26 & 27, 9 a.m.-1 p.m.; August 28, 5-8 p.m.; August 29 & 30, 9 a.m.-1 p.m. Contact Coach Pieczynski at ivccs@aol.com for more information or to sign up.

Girls' Varsity Soccer

Monday, Aug. 19, from 8-10 a.m. at Westwood Park in Lancaster. The team will also meet on August 20, 8-10 a.m., and August 21-23, 26-30, 4:30-6:30 p.m. Contact Coach Pfohl llmspfohl@verizon.net for more details and to sign up. Please bring shin guards and a water bottle.

Calendar supports athletics

The Athletic Department of St. Mary's has continuously grown over the years, and our athletes have continued to put St. Mary's on the map. We are asking that each family support the athletic program by selling five 6-month lottery calendars to help offset costs.

You can pick up your calendars on Monday, Sept. 23, at the Sports Booster table during the "Parents Go to School Night". Please have your completed calendar stubs returned to the school no later than Thursday, October 31st.

Should you have any questions, please feel free to contact Marion Sobczynski at 445-6490.

Fall Sports Physicals / Health History Form

Anyone playing sports must have a current physical on file in the Health Office. Students interested in playing a fall sport must complete and turn in the green Interval Health History form that will be mailed home in the late July mailing. This form must be completed **after** August 1st. This form must be turned in **on/before** the dates listed below.

In addition, every student who

plans on playing a fall sport must have a current physical on file in the Health Office by August 1st.

Failure to comply will result in not being able to start practice with the rest of the team. Extra forms will be available in the Main Office and on the school website under the "Parent" section.

If you have any questions, please call Mrs. Murphy at 683-4824, ext. 20.

Sport	Physical must have been performed on or after this date and be on file in the Health Office	Interval Health History (IHH) must be completed by parent/guardian and returned to the Health Office by this date
All Fall Sports	August 1, 2012	August 9, 2013

School Supply List

The annual ritual of School Supply Shopping has begun, as area stores have started their sales and promotions. For many families, the treks to KMart, Target, or Wal-Mart will take place as the students prepare for the new school year. For the St. Mary's students, the store visits will

also begin.

In an effort to assist families in their back-to-school shopping, here is a **PARTIAL** list of supplies needed by the different departments.

Please note two items – Individual teachers will have additional requirements

for their classes. These lists will be passed out the first day of class.

Also, students will be receiving an assignment notebook from St. Mary's High School on their first day of school. Thus, there is no need to purchase a separate one.

Needed for all classes

- pens
- pencils
- loose leaf paper

Business Classes

Business Law

- one-subject notebook
- folder with pockets

English Classes

English 9 Regents

- 2-inch 3-ring binder with at least 5 dividers
- composition-style notebook
- highlighter
- folder with pockets

English 9 Honors

- 2-inch 3-ring binder with 6 dividers (only to be used for English class)
- folder with pockets

English 10 Regents

- 2-inch 3-ring binder with 2 dividers (only to be used for English class)

English 10 Honors

- 2-inch 3-ring binder (only to be used for English class)

English 11 Regents

- 2-inch 3-ring binder with 6 dividers (only to be used for English class)
- highlighter

AP English Literature

- 3-ring binder with 5 dividers (only to be used for English class)
- highlighter
- Post-It flags
- *The Poisonwood Bible* by Barbara Kingsolver

English 12 Regents

- 3-ring binder with 5 dividers (only to be used for English class)
- highlighter

AP English Language

- 3-ring binder (any size - only to be used for English class)
- highlighter
- Post-It flags

Creative Writing

- folder with pockets

Foreign Language Classes

Spanish I

- 2-inch binder with at least 8 tab dividers
- book cover
- pocket dictionary (recommended)
- 3-ring pencil case for pens and pencils

Spanish II & II Honors

- 2-inch binder with 10 dividers
- book cover
- ultra fine point Sharpie (1 each green, red, black) or equivalent (gel pens are OK)
- 3-ring pencil case for pens

Spanish III & IV

- 1½ -inch binder
- book cover

French II

- 2-inch binder with 8 dividers
- book cover
- pocket dictionary (recommended)

French III

- 2-inch binder with 8 dividers
- book cover
- marble composition notebook
- pocket dictionary (recommended)

Health Classes

- 2-inch 3-ring binder
- 1-subject notebook
- folder

Math Classes

All Math Classes

- TI84 Plus Graphing Calculator
- pencils with erasers
- graph paper (4 spaces per inch)

Integrated Algebra A, Integrated Algebra B

- jumbo book cover
- 1½ -inch binder with at least 4 dividers (only to be used for Math class)

PreCalculus

- jumbo book cover
- 3-5 subject spiral notebooks
- 1½ -inch binder with at least 4 dividers (only to be used for Math class)

Geometry A, Geometry B, Geometry Honors

- jumbo book cover
- 3-5 subject spiral notebooks
- 2 inch binder with 4 dividers (only to be used for Math class)

Algebra II/Trig A, Algebra II/Trig Honors

- jumbo book cover
- 3-5 subject spiral notebooks
- folder with pockets

Algebra II B

- regular book cover
- folder with pockets

Math IVB

- regular book cover
- folder with pockets
- spiral notebook
- 1-inch binder

AP Calculus

- regular book cover
- folder with pockets
- spiral notebook
- 3-inch binder with dividers

AP Statistics

- 2½ -inch binder with dividers/tabs

Religion Classes

Freshmen

- No special supplies necessary

Sophomores

- 1-inch 3-ring binder
- a Bible at home (if student does not have a Bible at home the school will supply one)

Juniors & Seniors

- 1-inch 3-ring binder

Science Classes

Earth Science A & B

- One 3-5 subject spiral bound notebook
- 3-inch 3-ring binder
- One package of dividers (5)
- Highlighter
- 3-ring hole punch
- 3-ring hole punched pencil case to go into the binder
- 2 pocket folder
- Multicolored ink pen (at least 4 different colors)
- Graph paper
- Ruler
- Calculator (four function calculator or scientific calculator)

Living Environment

- 3-inch 3-ring binder
- One package of dividers
- Multicolored pen
- Colored pencils
- Highlighter
- 3-ring hole punched Pencil case to go into binder
- hole puncher
- Two pocket folder
- Calculator (four function or scientific)

General Chemistry

- At least a 2-inch 3-ring binder with at least 4 dividers
- One-subject spiral bound notebook with punched holes to fit into binder

- Straight edge
- Calculator (basic functions, but graphing calculator from math is good)

Nice to Have, but Not Required:

- Colored pencils
- Sharpie marker, black
- High-lighters
- pocket folders

Regents Chemistry, Chemistry Honors, Advanced Chemistry

- Two 2-inch 3-ring binders with dividers
- Calculator (Non-graphing calculator required for Regents Exam)
- Graph Paper

Physics

- 3-5 spiral bound notebook (used only for physics)
- 2 pocket folder or 3-ring binder for hand-outs
- Protractor
- Ruler
- Graph paper
- Calculator (graphing calculator used in math class)

Environmental Science

- Spiral bound notebook
- 2 pocket folder
- Colored pencils

AP Biology

- 3-inch 3-ring binder
- graph paper
- 5 dividers
- highlighter
- pencils
- multi-color pen
- colored pencils
- hole punch
- pencil case that can clip into a binder

Social Studies Classes

All Classes

- 2-inch 3-ring binder

August 2013 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Lancer First-Step Program 9am-12noon Girls' Basketball Camp 9am-12noon	2 Girls' Basketball Camp 9am-12noon	3
4	5 Girls' Volleyball Camp (High School) 9am-2pm	6 Girls' Volleyball Camp (High School) 9am-2pm	7 Girls' Volleyball Camp (High School) 9am-2pm	8 Girls' Volleyball Camp (High School) 9am-2pm	9 Girls' Volleyball Camp (High School) 9am-2pm Freshman Mixer 6:30-8:30pm	10
11	12	13	14	15	16 Offices Closed	17
18 Classic Car Show 12noon-4pm	19 Fall Sport Try-outs begin	20	21	22	23	24
25	26	27	28 New Students' & Parents Orientation 6:30pm	29	30	31

Reading assignment *(continued from page 13)*

English 12

All English 12 Regents students **MUST** read *Jane Eyre*, by Charlotte Bronte - A mousy governess who softens the heart of her employer soon discovers that he's hiding a terrible secret.

In addition to this novel, English 12 Regents **MUST** read a second book from the following list:

- **Bleachers** (John Grisham) - As their football coach hovers between life and death, his former players gather at their high school field to recollect the good and bad times of their lives and high school football careers.
- **Farewell to Arms** (Earnest Hemingway) - Set in Italy, this is a poignant love story taking place against the backdrop of WWI. A classic!
- **The Bell Jar** (Sylvia Plath) - Sylvia Plath's only novel tells the story of college student Esther Greenwood – her nervous breakdown and fight to regain both her sanity and her life. A classic!
- **Native Son** (Richard Wright) - For Bigger Thomas, an African American man accused of a crime in the white man's world, there could be no extenuating circumstances, no explanations, and only death.
- **In Cold Blood** (Truman Capote) - The documentary account of a 1959 murder in a small Kansas town.
- **The Things They Carried** (Tim O'Brien) - These stories follow a platoon of American soldiers through a variety of personal and military encounters during the Vietnam War.

- **Ophelia** (Lisa M. Klein) - A retelling of Shakespeare's *Hamlet* through the voice of Ophelia.

Assignment for English 12:

- **Part I** – On a sheet of loose-leaf paper, you must **hand write (no typed copies accepted)** a list of **10** unknown vocabulary words found in each book; include each word's definition, part of speech, and an original sentence properly using the word. **This vocabulary is due on Tuesday, September 10, 2013.**
- **Part II** – An in-class writing assignment will be done on Tuesday, September 10th, for the novel *Jane Eyre*. A second in-class writing assignment will be done on Wednesday, September 11th, for the second book you chose to read. **It would be beneficial for you to take notes on the following literary elements found in each book: setting, characterization, conflict and theme.**

AP Language - Grade 12

- Part I** – All AP seniors must read *Eats, Shoots, & Leaves*, by Lynne Truss; a punctuation test based on the punctuation rules discussed in the book will be given in class on **Tuesday, September 10, 2013.**
- Part II** – All AP seniors must read *On Writing*, by Stephen King; this memoir will be used as our first in-class rhetorical analysis essay, to be written on Wednesday, **September 11, 2013** (this type of essay will be discussed and explained before the 11th).
- Part III** – Students must choose **one** of the

following to read:

- **Farewell to Arms** (Earnest Hemingway) - Set in Italy, this is a poignant love story taking place against the backdrop of WWI. A classic!
- **The Bell Jar** (Sylvia Plath) - Sylvia Plath's only novel tells the story of college student Esther Greenwood – her nervous breakdown and fight to regain her sanity and her life. A classic!
- **Native Son** (Richard Wright) - For Bigger Thomas, an African American man accused of a crime in the white man's world, there could be no extenuating circumstances, no explanations, and only death.
- **In Cold Blood** (Truman Capote) - The documentary account of a 1959 murder in a small Kansas town.
- **The Things They Carried** (Tim O'Brien) - These stories follow a platoon of American soldiers through a variety of personal and military encounters during the Vietnam War.

Assignment for AP Language:

This book of choice will be used as our second in-class rhetorical analysis essay, to be **written on Thursday, September 12.** It would be beneficial for you to take notes on rhetorical elements used by King and the author of your third book; rhetorical elements include: tone, diction, syntax, irony, symbolism, ambiguity, allusion, arrangement, structure, connotation, figures of speech, style, repetition, etc. **FYI** – you must discuss **3** rhetorical elements in a rhetorical analysis essay.

Basketball Camp Fun

In the August issue of *Currents*

- *Look at first week of school*
- *SchoolReach Update Form*
- *Free / Reduced Lunch Application*
- *Fall Sport Start Dates*
- *2013-14 Dress Code*
- *Summer Reading Assignment*
- *School Supply List*
- *And much more!*

For the latest news about
St. Mary's High School,
go to www.smhlancers.org



Varsity Basketball Team member Jacob Concannon is surrounded by young participants in the recent St. Mary's Grammar School Basketball Camp.

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