

February 2013

# CURRENTS

## St. Mary's announces scholarship recipients

St. Mary's High School in Lancaster recently announced the recipients of scholarships to attend St. Mary's High School for the 2013-2014 school year.

The scholarships, with a total value of over \$85,000, were awarded to students who will be freshmen in the next school year. Scholarship awards were based on the Admissions Test, applications, letters of recommendation, and/or personal essays.

The following is the complete list of scholarship winners:

- Outstanding Academic Scholarship – **Daniel Cress from Lancaster**
- Leadership Scholarships for Lancaster/Depew Students – **James Ando from Lancaster, Marissa Loniewski from Lancaster**
- Gus Galasso Scholarships – **Charles Bristol III from Sloan, Kristi Smith from West Seneca**
- Mrs. Judy Brzuszkiewicz Memorial Scholarship – **Caitlyn Meyer from Williamsville**
- Katherine Czapski Kipp Memorial Scholarship – **Faith Meyers from Cheektowaga**
- Mrs. Judy Hokaj Memorial Scholarships – **Amaya Devers from Buffalo, Anna Heerdt from Lancaster, Erin Hufford from Cheektowaga**
- Gordon Hoppe Scholarship – **Erin**

### Weber from Lancaster

- Albin Kocialski Scholarship – **Alexander Bish from Lancaster**
- Msgr. David LiPuma Scholarship – **Grace Fuller from Alden**
- Fr. Leon Ross Scholarship – **Samuel Floriano III from Cheektowaga, Victoria Jankowski from Alden**
- Board of Trustees Scholarship – **Hannah Pufpaff from Cheektowaga**
- Student Senate Leadership Scholarship – **Alex Paul from Lancaster**
- Alumni Academic Scholarship – **Allison Kotas from Lancaster**
- Alumni Service Scholarship – **Joshua Denz from East Aurora**
- Service / Academic Scholarships – **Gina**

### Appenheimer from Buffalo,

- MaryClaire Haseley from Lockport, Corally Wolters from West Seneca**
- Academic Scholarships – **John Connolly from Lockport, Emily Dick from Alden, Alexander Hammann from Lockport, Christian Huels from Elma, Julia Kajdas from Depew, Sean McCarthy from West Seneca, Savannah Meyers from Cheektowaga, Luke Mirco from Lancaster, Stephanie Nemmer from Depew, Molly Patterson from Elma, William Story from Holland, Kathryn Vogl from West Seneca**
- St. Mary's High School Principal's Scholarship – **Collin Tytko from Lancaster**

## Welcome, Class of 2017!

The Admissions Committee of St. Mary's High School is also pleased to announce the complete list of students who have been accepted as members of the Class of 2017:

Asia Alexander from Cheektowaga  
James Ando from Lancaster  
Gina Appenheimer from Buffalo  
Joseph Arno from Clarence Center  
Kiley Austin from Orchard Park  
Elizabeth Bakeman from Lancaster  
Joseph Barberio from Lancaster

Robert Beaulieu III from Lockport  
Alexandra Bielli from Lancaster  
Alexander Bish from Lancaster  
Orion Bonghi from Clarence  
Charles Bristol III from Sloan  
Jeffrey Britton from Akron  
Brittina Bromund from Cheektowaga  
Che Brown from Buffalo  
Madeline Carter from Lockport  
Adam Cavallari from Lockport  
Abby Choboy from Lancaster

(Continued on page 2)

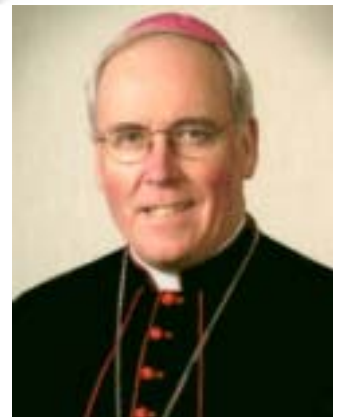
## Bishop Malone to celebrate Spirit Week Mass at St. Mary's

Bishop Richard Malone, Bishop of the Diocese of Buffalo, will be celebrating the Spirit Week Mass at St. Mary's. The Mass will take place on Friday, Feb. 15, at 1:10 p.m.

Originally from Boston, Mass., Bishop Malone taught at St. Clement High School, Somerville, Mass., and served as chaplain at Xaverian High School, Westwood, Mass. He also worked as a college professor, chaplain,

as well Director of Religious Education and Secretary of Education for the Archdiocese of Boston. He was ordained an auxiliary bishop for Boston in 2000 before being named Bishop of Portland, Maine, in 2004. On August 14, 2012, Bishop Malone was installed at the 14th Bishop of Buffalo.

For a complete list of Spirit Week events, see page 3.



## Class of 2017 *(continued from page 1)*

Natalie Cieszynski from West Seneca  
 Jennifer Coleman from West Seneca  
 John Connolly from Lockport  
 Daniel Cress from Lancaster  
 Mark Cronmiller from Elma  
 Joshua Denz from East Aurora  
 Amaya Devers from Buffalo  
 Emily Dick from Alden  
 Emily Diebold from Lancaster  
 Jenna Erwin from Sloan  
 Michael Esack from Alden  
 Kendra Feldmann from Lancaster  
 Samuel Floriano III from Cheektowaga  
 Madison Folsom from Lancaster  
 Joshua Fontaine from Darien Center  
 Katelyn Fowler from Cheektowaga  
 Grace Freeman from Darien Center  
 Grace Fuller from Alden  
 Nukia Funderburk from Buffalo  
 Patrick Good from Lockport  
 Samantha Grabski from Attica  
 RaeQwon Greer from Buffalo  
 Alexander Hammann from Lockport  
 Meghan Hanna from Lockport  
 Olivia Hansen from Lockport  
 MaryClaire Haseley from Lockport  
 Anna Heerd from Lancaster  
 Matthew Heywood from Buffalo  
 Kelby Hibbert from West Seneca  
 Michael Horton Jr. from Buffalo  
 William Horvatits from Buffalo  
 Stephanie Hossenlopp from Clarence Center  
 Christian Huels from Elma  
 Erin Hufford from Cheektowaga  
 Daquan Hunt from Buffalo  
 Victoria Jankowski from Alden  
 Austin Jolls from Elma  
 Marquise Jones from Buffalo  
 Sydney Kaczmarek from Depew  
 Julia Kajdas from Depew  
 Allison Kotas from Lancaster  
 Eddie Kowalczyk from Lancaster  
 Luke Kozlowski from Clarence Center  
 Samantha Landahl from Alden  
 Megan Lewis from Cheektowaga  
 Lauren Licata from Niagara Falls  
 Marissa Loniewski from Lancaster  
 Isabel Lynch from Tonawanda  
 Natalie Macaluso from East Amherst  
 Sean McCarthy from West Seneca  
 Matthew Mesi from Cheektowaga  
 Caitlyn Meyer from Williamsville  
 Faith Meyers from Cheektowaga  
 Savannah Meyers from Cheektowaga  
 Ally Mikhail from Buffalo  
 Anthony Miniri from Buffalo

Luke Mirco from Lancaster  
 Jack Mulcaire from Lancaster  
 Ibrahim Naseer from Buffalo  
 Dillon Nelson from Buffalo  
 Stephanie Nemmer from Depew  
 Alexis Novak from Williamsville  
 Jonathan Pasternak from Lancaster  
 Molly Patterson from Elma  
 Alex Paul from Lancaster  
 Adam Peinkofer from Buffalo  
 Jaime Perez from Buffalo  
 Logan Pfister from Holland  
 Matthew Pietrzak from Cheektowaga  
 Hannah Pufpaff from Cheektowaga  
 Chelsea Putnam from Orchard Park  
 Duane Robertson from Buffalo  
 Maison Ross from Lockport  
 Christian Russell from Buffalo  
 Nicholas Rychlik from Lake View  
 Dominick Sabia from Alden  
 Lauren Schepperly from Snyder  
 Andrea Seeloff from Lockport  
 Kristi Smith from West Seneca  
 Brynne Snyder from Depew  
 Ryan Staggs from Depew

Daniel Steck from Depew  
 Alexander Stegmeier from Lancaster  
 William Story from Holland  
 Tyler Tant from Sloan  
 Jacob Tredo from Alden  
 Olivia Trometer from Gasport  
 Jennifer Trybuskiewicz from Alden  
 Elisabeth Trzyzewski from East Aurora  
 Collin Tytko from Lancaster  
 Kathryn Vogl from West Seneca  
 Thomas Vona from Lockport  
 Brittany Wachowski from Buffalo  
 Nathan Waley from Depew  
 Vandaja Walker from Buffalo  
 Emily Weber from Lancaster  
 Erin Weber from Lancaster  
 Hannah Weitz from West Seneca  
 Khalil White from Cheektowaga  
 Anna Willis from Lancaster  
 Haley Wipperman from Depew  
 Corally Wolters from West Seneca  
 Paul Woodward from Cheektowaga  
 Sydney Zajac from Lancaster  
 Maya Zelanzy from Amherst  
 Samantha Ziomek from Bowmansville

## Take second chances

Dear Friends,

Last week, the Faculty & Staff gathered at Our Lady of Victory Basilica for our annual retreat. Part of this wonderful day was a Mass in which we celebrated the Conversion of St. Paul.

As you will recall, Paul went from being a persecutor of the early Church to what many consider to be the greatest saint. This got me to thinking about how great God is to give us second chances.

Perhaps we are not being called to such a dramatic second chance as Paul, but I'm sure in all of our lives, we would like to do things differently. And as the second semester begins, here is a perfect opportunity.

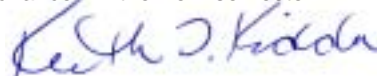
For example, students, here is a chance to commit yourself to better study habits. Take some time to complete your homework soon after receiving your assignments, not waiting until the night before or the morning that it's due. Spend

a little time reviewing your notes more often, if not every day, just so that you are not "cramming" at the last minute before your quiz or test.

How about trying something new? Almost every announcement I make for a club meeting concludes with "New members always welcome." So join a group, just for the fun of it. Try out for a team, just to see how it goes. Help out with the play, just to learn something new.

Parents, what about coming to an event you have never been to before? We have great fans that strongly support our sports teams, but you are also welcome to help out or attend the Auction next week. Or the musical in March. Or the Fashion Show or Java Jive in April. Just for something new.

It would be great if all of us just committed ourselves to take one "second chance" in the new semester.

  
 Director of Special Programs



# Spirit Week 2013 – February 11-15;

## *Events include return of Mr./Miss Lancer Competition*

Now that January exams are finished and the second semester has begun, St. Mary's will take time for a little fun as the school celebrates Spirit Week during the week of February 11 to 15. Sponsored by Student Senate, the week will combine

special dress and fun events to hopefully lift school spirit during the cold of winter, just in time for the Winter Break.

A highlight of the week will be the return of Mr./Miss Lancer Competition taking place on Thursday, Feb. 14.

Through a series of events, special dress, and interviews, St. Mary's will crown the individuals who are the most spirited St. Mary's Lancers.

Here is the complete schedule for Spirit Week 2013.

Monday, Feb. 11	Tuesday, Feb. 12	Wednesday, Feb. 13	Thursday, Feb. 14	Friday, Feb. 15
<p><b>Dress</b> Pajama Day (must be appropriate)</p> <p><b>Schedule</b> Regular</p> <p><b>Events</b> Candy-Grams for Sale before homeroom and during lunches (to be delivered on Thursday)</p>	<p><b>Dress</b> Twin Day (dress the same as someone else)</p> <p><b>Schedule</b> Regular</p> <p><b>Events</b> Candy-Grams for Sale before homeroom and during lunches (to be delivered on Thursday)</p>	<p><b>Dress</b> Mix &amp; Match / Backwards Day (wear clothes that don't match or are backwards)</p> <p><b>Schedule</b> Special</p> <p><b>Events</b> Ash Wednesday Prayer Service Class Meetings Candy-Grams for Sale before homeroom and during lunches (to be delivered on Thursday)</p>	<p><b>Dress</b> Class Color Day (Freshmen - Red; Sophomores - Yellow; Juniors - Green; Seniors - Blue Faculty/Staff - Purple)</p> <p><b>Schedule</b> PM Assembly Schedule</p> <p><b>Events</b> Class Competition Assembly Mr./Miss Lancer Competition – 7pm</p>	<p><b>Dress</b> Blue Crew Day (Blue on top, Pride Day dress on bottom)</p> <p><b>Schedule</b> PM Liturgy</p> <p><b>Events</b> Spirit Week Liturgy celebrated by Bishop Malone</p>

### Health Corner

## St. Mary's goes green

**By Stephanie Appenheimer**  
*Healthy Lifestyles Club*

After you drink a bottle of water or finish a can of soda, do you throw it away or toss it in the recycling bin? If you make a mistake on a piece of paper, do you crumple it up and try to shoot it like a basketball into the garbage can or put it in the recycling bin? Do you use a brown paper bag for your lunch or use a lunchbox? All of these questions involve simple answers but the effects of each are not as simple.

One of the easiest things you can do to save the environment is reduce, reuse, and recycle. I have heard that saying since I was a little girl, but following these words is not exactly the case. It is so easy to toss a piece a paper in the garbage or throw away an extra water bottle, but each has certain consequences. Instead of throwing something away, ask yourself "Is this

*(Continued on page 10)*

## From the Health Office

### **Spring Sport Athletes**

All athletes must have a current physical on file in the Health Office. In addition, prior to the start of tryouts or practice at the beginning of each season, a health history review for each athlete must be conducted.

Students interested in trying out for a spring sport must turn in Interval Health History Forms, completed by a parent/guardian, to the Health Office/Main Office by **February 14<sup>th</sup>**.

Failure to comply will result in not being able to start practice with the rest of the team. The Pink Health Form will be available in the Health Office, the Counseling Office, the Main Office, and are also available on the school website under the "Parents"; and then the "Health" section.

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### **Physical Sign-ups for**

#### **NEXT school year 2013-2014**

Every student playing a sport must have a current physical on file in the Health Office prior to the first tryout/practice date. Students wishing to have a school physical **MUST** sign up in the Health Office. Students will **NOT** be automatically

signed up if they had a physical the previous year. **The school physician will be here at St. Mary's on March 19<sup>th</sup>.**

Additionally, any student who did not play a sport this year but is interested in playing a sport next school year, or anyone who is interested in getting a physical for working papers, needs to sign up for a physical with Mrs. Murphy in order to have a physical. **THE DEADLINE TO SIGN UP IS MARCH 8<sup>TH</sup>.**

If you have any questions, please call the school nurse, Mrs. Murphy, at 683-4824, ext.20.

## Winter Break Office Hours

During the Winter Break, the St. Mary's High School office will be open at the following times:

- Monday, Feb. 18 – Closed
- Tuesday, Feb. 19 – 9 a.m. to noon
- Wednesday, Feb. 20 – 9 a.m. to noon
- Thursday, Feb. 21 – 9 a.m. to noon
- Friday, Feb. 22 – Closed

School resumes Monday, Feb. 25.

# Counseling Corner

Sarah Neudeck ([sneudeck@smhlancers.org](mailto:sneudeck@smhlancers.org)) • 684-2349 • Jamie Whitwood ([jwhitwood@smhlancers.org](mailto:jwhitwood@smhlancers.org))  
Counselor to Classes of 2013 & 2015 Counselor to Classes of 2014 & 2016

## Teens should take responsibility for learning

Becoming an independent and responsible learner takes lots of practice.

If you want your teen to take responsibility for his learning, then you have to officially put him in charge of it.

This means you may need to take a step back and give your teen more control over things such as his homework.

Tell your teen that he is in charge of finishing his homework each night, and then follow these six steps:

- Establish a set homework time together. Will your teen study right after school? After dinner?
- Keep your teen's schedule clear during homework time. Don't

interrupt his homework and ask him to watch a younger sibling or run a quick errand for you.

- Help your teen develop a system to keep track of his homework. He can write his assignments in a planner and use a checklist to mark off completed items.
- Offer support. Assure your teen that he can do the work. Make sure that he knows where to look for help. Encourage him to ask the teacher for clarification, if needed.
- Remind your teen only once that he has homework. Part of taking responsibility for his own work is remembering what he has to do.
- Leave your teen alone! Let him prove

to you that he can be responsible for completing his work on time.

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## Healthy habits are vital to school success

Even if homework is complete and she's out the door on time, your teen isn't fully prepared for school unless she has had the fuel she needs to take on the day.

To make sure your teen is ready to learn:

- Provide a diet that includes protein, reduced fat dairy products, lean meats, and whole grains. These will help your teen concentrate and think creatively at school.
- Replace unhealthy snacks, like cookies and chips, with healthy alternatives, such as fruits and vegetables.

Eating meals as a family is also key. Families who eat together are emotionally connected and have better attitudes toward food.

Family meals can even boost your teen's academic achievement. A recent study shows that high school seniors who regularly eat meals with their families score higher on academic placement tests.

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## Try creative ways to strengthen writing skills

Help your teen build important writing skills by encouraging her to write often. It's the best way for her to improve! Suggest interesting and fun writing activities such as these:

- Keep a scrapbook. As she stores photos, ticket stubs, and other mementos, have your teen write a short paragraph describing what is on the page.
- Start a family notebook. Have your teen write the opening paragraph of a story in a notebook, then pass it on to another family member. Keep the cycle going so that everyone contributes to writing a story.
- Invent Mad Libs®. Have your teen write a two-paragraph story in which she replaces 10 of the words with blank spaces. She should look up each missing word's part of speech and write it in the blank space. "Jake ran

to the window and saw a (noun). It (verb) from the (adjective) tree and was never seen again!" Then she can ask family members to fill in the missing words to create a hilarious new tale.

- Write letters. Suggest that your teen write a note to a family member or friend who lives in a different town. Or she can write a fan letter to her favorite author, athlete, or celebrity.
- Write a family newsletter. Give your teen the task of reporting on big events. She can conduct interviews, write articles, and send out a newsletter to family members and friends.

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## St. Mary's adds electives, changes SAT and art courses

Throughout February, the course selection process for 2013-14 will begin. Guidance Counselors will be meeting with students to discuss required courses for graduation and recommended courses to assist the students in their college and life pursuits.

This year, St. Mary's is pleased to announce the addition of four new electives. Additionally, the Fine Arts Department has divided up the Studio in Art Course into two different courses, focussing on 2-dimensional and 3-dimensional art forms. And finally, the SAT Prep Class has been expanded from a two-day-a-cycle to a six-day-a-cycle class so that students will be better prepared for the important SAT tests.

Here are the course descriptions for the new and revised courses:

- **American Pop Culture** for grade 12 – This semester elective course will allow students to have a greater look at American History in the recent decades. In this course, students will discover the different political, economic, social, and cultural movements of each decade and how it affected American life. Topics discussed will include the Korean War; McCarthyism; Civil Rights Movement; the Kennedy era; Vietnam; Revolt of the Youth; Nixon and Watergate; the administrations of Presidents Carter, Reagan, and Bush; Terrorism; and the Gulf Crisis.
- **Creative Writing** for grades 10-12 – This half-year elective is designed to aid the student in his/her creative expression, as well as delivery of one's own writing. The first quarter will focus on fiction. Students will read and evaluate the effectiveness of fiction of varying styles. They will write and workshop short stories to complete a final portfolio. The second quarter will focus on poetry. Students will learn poetic vocabulary and read and interpret poems of varying styles. Students will write and workshop each other's poetry to complete a final portfolio at the end of the quarter. Students will be expected to deliver their writing to an audience.
- **Hispanic History and Culture through**

**Media** – "A picture is worth a thousand words." This half-year elective course will explore varied social, cultural, and political issues through award-winning films from many different areas of the Spanish-speaking world. Topics will be chosen from a list based on the interests of the group in September. Due to the nature of some of these films, parental permission is required to view them.

- **Portfolio Development Seminar** for grades 11-12 – Interested in a career in art? Thinking about subjects like graphic design, animation, or drawing and painting as a college major? This is the perfect class for you. This semester course is student driven and allows you time to build an art portfolio customized to your personality, artistic style, and preferred artistic medium. This is an upper level art course where you will not only create art and practice life drawing, but also discuss art history, explore current careers in art, and learn how to critically look and talk about art. This course is offered in the fall and is only for Juniors and Seniors that have taken two or more art courses.
- **2D Studio in Art** open to all students– This half-year course is an introduction to 2D principles of design and drawing. Students will build an art foundation that specifically looks at the elements and principles of art, alongside the rules of composition. Students will explore a variety of materials, including charcoal, color pencil, paint, printmaking, and mixed media. This is a comprehensive study of a variety of 2D styles and materials

and is designed for beginners.

- **3D Studio in Art** open to all students – This semester-long course is an introduction to 3D principles of design and sculpture. Students will build an art foundation that specifically explores 3D principles and design structures. Students will explore a variety of materials, including clay, plaster, paper mache, and sandstone. This is a comprehensive study of a variety of 3D styles and materials and is designed for beginners.
- **SAT Prep** for grades 11-12 – This single-semester elective covers the basics of the SAT Exam, including general strategies for Math, Writing, and Critical Thinking sections. One-third of the course will focus on Math skills needed for the test; they will discuss concepts covered in the Math section – 19 in total – as well as how to identify them. One-third of the course will focus on verbal and writing skills needed for the test; they will discuss instructions for the longer passage sections of Critical Reading, as well as vocabulary questions and skills needed to successfully score high on the writing question. One-third of the course will focus on skills needed to successfully take a multiple choice test of this kind; included in this are discussions on how to overcome common test-day anxiety and fear. Students are required to take the SAT test at the beginning of the course and at the end of the course (cost for each \$47) and bring in their detailed breakdown of the exam. The course will be team taught by members of the English and Math Departments.

## Spaghetti Dinner, iPad Raffle & Basket Raffles



to benefit Baseball & Wrestling Teams  
**Sat., Feb. 2 • 1-5 p.m.**

# Congratulations, 2nd Quarter Honor Roll Students

## Top five Seniors



Emma Hodges Nicholas Wojcicki Mary Owczarczak Mary Hamilton Amber Guizzotti

## Top five Juniors



Erin Neidhart Reagan Craddock Erica Swannie Laura Enzinna Christopher Hoffman

### Senior 1st Honors

Appenheimer, Stephanie  
Bobeck, Cassidy  
Bochenski, Stephen E.  
Bonk, Jacob D.  
Buczek, Emily C.  
Cehulic, Joshua T.  
Corigiano, Nicholas D.  
Cronmiller, Stephanie E.  
Drzymala, Amber J.  
Dudek, Brian A.  
Fabian II, Daniel J.  
Galenski, Tyler  
Giardina, Samantha J.  
Gross, Jordan T.  
Guizzotti, Amber M.  
Hamilton, Kristen E.  
Hamilton, Mary C.  
Hatfield, Kelsey R.  
Hodges, Emma A.  
Hoffman, Andrew W.  
Hora, Megan A.  
Horvatits, Alexander M.  
Kidder, Christopher D.  
Kobis, Jessica G.  
Kruse, Rachael M.  
Krzemien, Kyle D.  
Kwitzer, Christopher  
Murphy, Landin A.  
Oakes, Haley A.  
O'Neill, Bryan P.  
Owczarczak, Joshua  
Owczarczak, Mary E.  
Piskor, Jacob M.  
Rath, Paul C.  
Roman, Megan S.  
Romance, Steven M.  
Runk, Robert L.  
Rzemek, Ashley J.  
Schaefer, Lucas J.  
Spencer, Carly E.  
St. Vincent, Santo A.  
Tremblay, Marcel J.

Troidl, Angela M.

Winiarski, Alison  
Wnuk, Alexandria  
Wojcicki, Nicholas J.  
**Senior 2nd Honors**  
Desiderio, Robert L.  
Dillon, Tyler D.  
Gorynski, Barbara C.  
Grant, Jennifer A.  
Heftka, Callie R.  
Hood, Donte' M.  
Kajdas, Justin J.  
McCarthy, Brett A.  
Michalski, Alexander R.  
Olivieri, Darryl C.  
Sheppard, Megan A.  
Smith, Nathan J.  
Wierzbicki, Ashley M.

### Junior 1st Honors

Adams, Torey M.  
Andreessen, Jon D.  
Bookmiller, Kathleen E.  
Braniecki, Dylan F.  
Casillo, Alexandra T.  
Cavallari, Laura E.  
Craddock, Reagan C.  
Dziadosz, Natalia  
Eggert, Kevin E.  
English, Tyler R.  
Enzinna, Laura A.  
Goldyn, Chelsea K.  
Gonzalez, Marc E.  
Hacker, Jacob J.  
Hoffman, Christopher  
Kacala, Brooke L.  
Kiebzak, Cory J.  
Langley, Allison E.  
Lyons, Ana B.  
Martin, Mary T.  
McManus, Mark W.  
Molino, Rachel L.

Neary, Erin V.  
Neidhart, Erin E.  
Podwika, Joseph R.  
Raab, Katarina L.  
Rockwood, Francesca  
Rowe, Michaela C.  
Rozler, Victoria C.  
Salamone, Abigail M.  
Santucci, Christina D.  
Steck, Jacqueline  
Swannie, Erica R.  
Szumla, Christopher J.  
Talbot, Erika L.  
Tyson, Latrell C.  
Wrobel, Matthew J.  
Wrona, Trevor J.  
Zelli, Collin P.  
Ziomek, Grant R.

### Junior 2nd Honors

Bystrak, Holly A.  
Denz, Aaron M.  
Haffey, Rylee T.  
Harris, Peyton J.  
Heffernan, Chelsea E.  
Helmbrecht, Brett A.  
Irish, Sydney K.  
Keith III, Nathaniel  
Michalski, Bailey S.  
Rodriguez, Samantha  
Soluri, Nicholas T.  
Sperduti, Lucas G.  
Sugg, Nicholas A.  
Vallone, Nicholas W.  
Wrest, Megan N.

### Sophomore 1st Honors

Bargnesi, Paul A.  
Blaszak, Andrew J.  
Cometto, Theresa V.  
Concannon, Jacob P.  
Cronmiller, Teresa M.

Drzymala, Ashley R.  
Dudzinski, Jennifer C.  
Federico, Nicholas J.  
Filion, David M.  
Grabski, Katie A.  
Gresham, Hannah M.  
Hamilton, Joseph R.  
Hapeman, Hannah T.  
Hersey, Justin J.  
Hockwater, Danielle M.  
Hojna, Rebecca L.  
Kenneweg, Katrina S.  
Klink, Austin W.  
Kwitowski, Victoria A.  
Lukasik, Nicholas R.  
Manuel, Magdalene R.  
Meyer, Leah M.  
Michalski, Jessica A.  
Milholland, Agatha B.  
Mulkey, Sydney A.  
Murphy, Kayla R.  
Piotrowski, Tia L.  
Ratajczak, Ryan R.  
Roskopf, William R.  
Sacco, Gillian A.  
Schneider, Matthew F.  
Shepard, Jacob C.  
Sobczynski, Julie A.  
Strausbaugh, Shelby  
Szpila, Alexandria B.  
Szpila, Zachary M.  
Tobolski, Benjamin R.  
Tomaszewski, Jacob  
Truesdale, Christopher  
Tytko, Kaitlyn A.  
Wierzbicki, Michael A.  
Wilk, Amber M.  
Wilson, Sean P.  
Zelazny, Alexandra L.  
Ziobro, Alyssa K.

### Sophomore

#### 2nd Honors

Burkard, Paige A.  
Fontaine, Jonathon M.  
Heigl, Nicholas D.  
Ineson, Zachary D.  
Kozminski, Sydney N.  
Kruse, Michael T.  
Krzemien, Trevor J.  
Martinez, RiverLeigh  
O'Neill, Marc A.  
Poules, Brianna J.  
Schott, Kaitlyn R.  
Smith, Mason P.  
Sperduti, Jackson W.  
Wierzbicki, Matthew J.

#### Freshman 1st Honors

Baran, Jennifer N.  
Berchou, Bradley D.  
Braniecki, Garrett F.  
Calkins, Austin T.  
Carl, Olivia N.  
Cianciosa, Joelle M.  
Ciezki, Kendra N.  
Fermo, Madison M.  
Gali, Lisa A.  
Gibson, Helen P.  
Gorny, Victoria C.  
Gresham, Christopher  
Hamilton, Ann R.  
Hathaway, Jack M.  
Herod, Bridget L.  
Irish, Maddisen K.  
Kidder, Carolyn R.  
Kobis, Nicholas J.  
Martin, Rosalie G.  
May, Leah L.  
McCartney, Mikala M.  
Netti, Katherine J.  
Pijacki, Julie H.  
Piskor, Jennifer  
Powell, Victoria B.

Pyszczyk, Grace A.  
Ratigan, Jessica S.  
Roetzer, James J.  
Rozler, Veronica M.  
Rusinski, Allison J.  
Thomas, Emily A.  
Vallone, Joseph P.  
Van Remmen, Isabel T.  
Vogel, Megan A.  
Weiss, Regan T.  
West, Cameron J.  
Winiarski, Emma  
Wnuk, Madeline L.  
Zolnowski, Kevin

#### Freshman 2nd Honors

Badura, Jordan R.  
Bova, Braden C.  
Chavis, Abigail S.  
Cieslak III, Richard A.  
Danonimo, Marissa A.  
DiDomenico, Anna D.  
DiGesare, Joseph D.  
DiPirro, Mitchell D.  
Dolegowski, Bailey R.  
Fischer, Allyson M.  
Hokaj, Alexander J.  
Junik, Ashley M.  
Kranz, Jessica L.  
Krygier, Ethan R.  
MacKinnon, Jordan A.  
Michalski, Erica L.  
Owczarczak, David G.  
Pigford, Justus L.  
Rowe, Jonathan C.  
Salamone, Andrew J.  
Samson, Nicholas J.  
Solomon, Andrew S.  
Wisniewski, Stephen J.  
Zajac, Genevieve A.  
Zaprzal, Evan T.  
Zelli, Brandon P.  
Zirnheld, Alyssa M.

## Top five Sophomores



Kaitlyn Tytko Agatha Milholland David Filion Hannah Gresham Kayla Murphy

## Top five Freshmen



James Roetzer Austin Calkins Julie Pijacki Madison Fermo Victoria Powell

**EARN FREE SUPPLIES**  
at OFFICE DEPOT

Every time you give our School ID number when buying qualifying school supplies,  
St. Mary's receives credits equal to 5% of the qualifying purchases to use for Free Supplies!

**The School ID for St. Mary's High School is 70073221**

# Campus Ministry

## It's time for Lent!

February will mark the end of Ordinary Time, part one, and the beginning of Lent. The readings for the fourth and fifth Sundays of Ordinary Time describe the unwelcoming of Jesus in Nazareth, and the welcoming of the first apostles at Lake Gennesaret. In Luke 4 (February 3) Jesus has fulfilled the promise from Isaiah, but the townspeople rejected his claim. Luke 5 (February 10) describes the apostles' response to Jesus' call and the beginning of their faith journey.

Lent begins early this year, February 13, and once again we are encouraged to be more aware of the call to pray, to fast and to give alms. As we often face temptation, the First Sunday of Lent (February 17) recounts the temptation of

Jesus in the desert. He was tempted in physical, emotional, and spiritual ways. In contrast, on February 24 Jesus' mission in salvation history is demonstrated at His Transfiguration. The witnesses, Peter, James and John, did not come to full understanding of this event until after the Resurrection.

The questions arising from this month's readings are a challenge to us. Do I accept the mission of Jesus as priest, prophet, king, and savior? In times of temptation, do I turn to God and His grace for strength? Do I believe that I have been called into that personal relationship with Christ? Have I made a decision or plan to focus on that relationship during Lent? Have a blessed Lent. *Benedicat vos omnipotens Deus.*

# Tickets for HONK! go on sale Feb. 27



Tickets for the March 14, 15, and 16 performances of the spring

musical *HONK!* will go on sale on **Wednesday, Feb. 27, at 7:30 a.m.** in Mr. Kidder's Office (behind the Library). **Tickets are reserved seating only. No advance sales allowed.**

The tickets cost \$8 for adults, \$7 for high school or college students, \$6 for children and senior citizens. A weekend pass for all three performances is also available at \$20 each (may not be all same seats).

More information is available by calling Mr. Kidder at 683-4824, ext. 15.



We are deeply appreciative of the prayers and support you offer St. Mary's. Now we have an opportunity to make you an offer. Would you like some cash rewards?

If you are planning on purchasing or selling a home, the On The House program is available through HUNT® Real Estate ERA and they will provide you with **cash rewards** to be used at your discretion. In order to participate in this program, you must register with **Beatrice Dunwoodie** at **(716) 912-5355** prior to contacting a HUNT® Agent.

Menu of Benefits	
Selling/Purchase Price	Reward Dollars
Up to \$75,000	\$150
\$75,001 - \$125,000	\$250
\$125,001 - \$200,000	\$500
\$200,001 - \$300,000	\$750
\$300,001 - \$400,000	\$1,000
\$400,001 and up	\$1,250

### Your benefits program includes:

#### Cash Back Rewards

- Use your rewards to turn your house into a home.
- Use your rewards for an evening of entertainment.
- Use your rewards to support your favorite charity or organization.

No extra work; as easy as picking up the phone! Make the call, get some cash.



**George Bauer**  
Class of 1979

*St. Mary's High School Lancer Parent Partnership  
presents the*

# Spring Fashion Show

*Fashion*

*of the*

*Night*



## Thursday, April 18

Doors Open 5pm • Dinner & Show 6pm

## Salvatore's Italian Gardens

*6461 Transit Road, Depew*

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Tickets – \$35

*Tickets go on sale March 4 • Tables of 10 available*

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**Students – Interested in being a model?**

Model Form available on the St. Mary's website

***Deadline for registering – March 1!***

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Fashion Show Committee meeting will be Monday, Feb. 11, at 5:30 p.m. in the Library. If unable to attend but would still like to help, please e-mail Sandy Gibson at [ekgib15@msn.com](mailto:ekgib15@msn.com).



# Leah Meyer nominated as top sophomore

Congratulations to sophomore volleyball player Leah Meyer who was recently named as a finalist for National Sophomore of the Year by *Prep Volleyball Magazine*.



Leah was an integral part of the Lady Lancers' Msgr. Martin League and New York State Catholic School championship team. Leah was named Most Valuable Player of the Msgr. Martin League.

Final results for Sophomore of the Year are scheduled to be announced very soon.

## December Calendar Winners

12/1 .. 692	Ticket Unsold .....	\$ -
12/2 .. 804	Ticket Unsold .....	\$ -
12/3 .. 788	Amanda Krzyzanowski ..	\$ 25.
12/4 .. 372	Mike & Laura Stephens .	\$ 25.
12/5 .. 672	Michael Budzich .....	\$ 25.
12/6 .. 159	Tricia Bollenbacher .....	\$ 25.
12/7 .. 545	Lisa Koster .....	\$ 25.
12/8 .. 334	Ticket Unsold .....	\$ -
12/9 .. 339	Ticket Unsold .....	\$ -
12/10 814	Ticket Unsold .....	\$ -
12/11 049	Ticket Unsold .....	\$ -
12/12 250	Colleen McGurty .....	\$ 25.
12/13 453	Ticket Unsold .....	\$ -
12/14 767	Nicole Grega .....	\$ 25.
12/15 248	Thomas Dudczak .....	\$ 25.
12/16 411	Ticket Unsold .....	\$ -
12/17 904	Ticket Unsold .....	\$ -
12/18 261	Ticket Unsold .....	\$ -
12/19 300	Ticket Unsold .....	\$ -
12/20 780	Ticket Unsold .....	\$ -
12/21 838	Ticket Unsold .....	\$ -
12/22 427	Ticket Unsold .....	\$ -
12/23 344	Ticket Unsold .....	\$ -
12/24 844	Ticket Unsold .....	\$ -
12/25 290	Ticket Unsold .....	\$ -
12/26 153	Ticket Unsold .....	\$ -
12/27 394	Ticket Unsold .....	\$ -
12/28 619	J&E Braunscheidel .....	\$ 25.
12/29 665	Amberly Piotrowski .....	\$ 25.
12/30 493	Jim Gonzalez .....	\$ 50.
12/31 572	Ticket Unsold .....	\$ -

# Hockey celebrates January

January was a big month for the St. Mary's Varsity hockey team, as they scored a big win, showed off their skills for Sabres fans, and honored their Seniors.

On January 19, the team defeated West Seneca East 4-2. Goals were scored by Justin Allen, Nate Smith, Tyler Dillon, and Brett Helmbrecht. Mason Smith had 31 saves in the win.

Prior to the game, the team honored the senior members of the team as well as their families (see below).

At the Buffalo Sabres home opener on January 20, six mem-

bers of the Lancers team faced off against players from St. Joe's in a shoot-out challenge in between two of the periods. St. Mary's won 2-1.



Taking part in the Sabres between-period challenge were Matthew Schneider, Chris Kwitzer, Mason Smith, Nate Smith, Brett Helmbrecht, and Justin Allen.



Seniors Tyler Dillon and his mom Lori, Chris Kwitzer and his mom Ann, Charlie Elwell and his parents Tom Elwell and Michele Brown, and Nate Smith and his mom Julie.

## Softball News

### Open Gym

- Saturday, Feb. 16 – 11am-1pm
  - Saturday, Feb. 23 – 3:30-5pm
- Bring your glove & sneakers!**  
For more information contact Coach Helak at 225-6924 or [dhelak328@hotmail.com](mailto:dhelak328@hotmail.com) or Coach Whitwood at 683-2349 or [jwhitwood@smhlancers.org](mailto:jwhitwood@smhlancers.org)

### Friendly's Fundraiser

Saturday, March 9  
at the Friendly's on Union Road near William in Cheektowaga  
Vouchers will be available after the Winter Break in the Main Office and at [smhlancers.org](http://smhlancers.org)

# Winter Sports Schedules

## Men's Basketball

Fri, Feb. 1, vs. O'Hara, 6 & 7:30pm  
Tue, Feb. 5, vs. Niagara Catholic, 6 & 7:30pm  
Thur, Feb. 7, @ O'Hara, 6 & 7:30pm  
Tue, Feb. 12, @ Walsh, 5pm (Varsity only)  
Fri, Feb. 15, vs. Nichols, 6 & 7:30pm  
Mon, Feb. 18, vs. Cleve-Hill, 6 & 7:30pm

## Women's Basketball

Wed, Feb. 6, vs. Nardin, 6 & 7:30pm  
Mon, Feb. 11, @ Mt. Mercy, 4:30 & 6pm  
Wed, Feb. 13, @ O'Hara 4:30 & 6pm  
Fri, Feb. 15, @ Christian Central, 6 & 7:30pm  
Tues, Feb. 19, @ Niagara Cath 5:30 & 7pm

## Freshmen's Basketball

Fri, Feb. 1, @ Clarence 6pm  
Sat, Feb. 2, @ St. Francis 11am  
Sat, Feb. 9, @ Jamestown 11am

## Varsity Hockey

Sat, Feb. 2, vs. Amherst @ Northtown Center 3pm  
Sun, Feb. 3, vs. Timon @ Buff State 6pm

## JV Hockey

Sat, Feb. 2, 3pm vs. Ithaca @ Ithaca Rec Center  
Wed, Feb. 6, 6:30pm vs. Tonawanda/North Tonawanda @ Depew Rec Center

# St. Mary's goes green (continued from page 3)

product or material recyclable?" Recycling has its own benefits in itself, and it is easy to do.

By recycling you are protecting the environment, saving resources, and avoiding toxic processes to turn the resources into consumer products. For example, in the process of making paper from trees, chlorine is used to remove lignin in wood. A carcinogen, dioxin, is also produced in the making. By recycling

paper, the paper can be reused by removing the ink with hydrogen peroxide and avoiding creating dioxins. Also by recycling, you keep waste out of landfills. Landfills are filled with garbage and toxic materials that one day may leak toxins and threaten public health. Recycling can reduce pollution, avoid having to cut down trees or use precious metals, and can save energy.

Recycling promotes a cleaner

environment and is effortless. You can recycle at home and in school. There are recycling bins placed around St. Mary's and in classrooms.

Before you throw something out ask yourself this, "To recycle or not to recycle?" By recycling you are participating in making the earth a healthier place.

For more information on recycling and protecting the environment, visit [ecocycle.org](http://ecocycle.org).

## School Meals

*We serve education everyday through healthy choices*

### February 2013 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Grilled cheese, tomato soup, potato patty, green beans, assorted fruit, milk
<b>4</b> Chicken nuggets, mashed potatoes, gravy, broccoli, whole grain dinner roll, assorted fruit, milk	<b>5</b> Tacos, whole grain wrap or bread bowl, refried beans, salsa, cheese, lettuce, tomatoes, assorted fruit, milk	<b>6</b> Pizza, whole grain crust, chef salad, tomatoes, cucumbers, garbanzo beans, assorted fruit, milk	<b>7</b> Chicken patty on whole grain roll, tater tots, carrots, green beans, assorted fruit, milk	<b>8</b> No School
<b>11</b> Spaghetti, meat sauce, whole grain dinner roll, chef salad, garbanzo beans, assorted fruit, milk	<b>12</b> Oven baked chicken, mashed potatoes, gravy, green beans, carrots, assorted fruit, milk	<b>13</b> Pizza with sauce, cheese, chef salad, cucumbers, tomatoes, corn, assorted fruit, milk	<b>14</b> Goulash, meat sauce, chef salad, whole grain dinner roll, assorted fruit, milk	<b>15</b> Grilled cheese, tomato soup, oven fries, peas, carrots, assorted fruit, milk
<b>18</b> No ...	<b>19</b> ... School ...	<b>20</b> ... Mid ...	<b>21</b> ...Winter...	<b>22</b> ... Break!
<b>25</b> Cheese burgers, whole grain roll, chef salad, oven fries, green beans, corn, assorted fruit, milk	<b>26</b> Chicken tender sub, sweet potato fries, broccoli, assorted fruit, milk	<b>27</b> Goulash, meat sauce, chef salad, whole grain roll, assorted fruit, milk	<b>28</b> Sahlen's hot dog on whole grain roll, baked beans, peas, carrots, assorted fruit, milk	

**Breakfast Served Every Day – 7:15-7:45 p.m.**

Cost — \$1

Juice / Milk with Bagel & cream cheese

OR Pancakes OR Muffin OR French Toast

Note - a la carte items (Pop-Tarts • Cereal • Toast) may be purchased 60¢ each, milk or juice for 40¢ each

**All students eligible for Free/Reduced Lunch are eligible for breakfast**

**Lunch Cost – \$3**

**Students may prepay for lunch by the week or month at \$3 per day**

**Menu Choices**

Balanced lunch as shown on menu

OR Salad Bar

Milk offered every day –

fat-free chocolate, fat-free white, 1% white

# Students/Teacher of December



Cassidy Bobeck



Kathleen Bookmiller



Alexandra Zelazny



Joelle Cianciosa



Mr. Keith Kidder

*Now available – Lancer Apparel*

St. Mary's High School is pleased to offer Lancer T-shirts, sweatshirts, hats, & more. To see the catalog and to place your order, go to [smhlancers.org](http://smhlancers.org) and follow the link.

# February 2013 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1-A Day</b> MBB vs. O'Hara 6, 7:30pm FreshBB @ Clarence 6pm	<b>2</b> Spaghetti Dinner/iPad Raffle to benefit Baseball & Wrestling Teams 1-5pm  FreshBB @ St. Francis 11am VHockey vs. Amherst 3pm JVHockey vs. Ithaca 3pm
<b>3</b> VHockey vs. Timon 6pm	<b>4-B Day</b> Student Senate 2:30pm Yearbook 3pm SAT Prep Class 3-5pm Incoming Freshmen Registration 6-8pm	<b>5-C Day</b> Campus Ministry Mtg 7:35am Art Club 2:30pm Curriculum Committee 2:30pm  MBB vs. Niagara Catholic 6, 7:30pm	<b>6-D Day</b> WBB vs. Nardin 6, 7:30pm JVHockey vs. T/NT 6:30pm	<b>7-E Day</b> Weekly Mass 7:30am in Chapel No Afterschool Activities Jeans Day for Lancaster-Depew Boys & Girls Club  MBB @ O'Hara 6, 7:30pm  <b>Jeans Day</b>	<b>8</b> No School for Students Faculty/Staff In-Service Lancer Auction 6pm  <b>No School</b>	<b>9</b> ACT Test  FreshBB @ Jamestown 11am
<b>10</b> Spirit Week →	<b>11-F Day</b> Pajama Day Student Senate 2:30pm Yearbook 3pm SAT Prep Class 3-5pm Grammar School Basketball Tourney  WBB @ Mt. Mercy 4:30, 6pm	<b>12-A Day</b> Twin Day NHS Meeting 2:30pm Grammar School Basketball Tourney  MBB @ Walsh 6:30pm (Varsity only)	<b>13-B Day</b> Mix It Up / Backwards Day Special Schedule (Class Meetings/ Ash Wednesday Service) Princ's Ad Board 2:30pm Yearbook 2:30pm Grammar School Basketball Tourney  WBB @ O'Hara 4:30, 6pm	<b>14-C Day</b> Class Color Day Special Schedule (Spirit Week Assembly) Weekly Mass 7:30am in Chapel NHS Tutoring 2:30pm in Library Grammar School Basketball Tourney Ski Club 3-9pm Mr. Miss Lancer 7pm	<b>15-D Day</b> Blue Crew Day PM Liturgy Schedule (Spirit Week) Grammar School Basketball Tourney  MBB vs. Nichols 6, 7:30pm WBB @ Christian Central 6, 7:30pm	<b>16</b>
<b>17</b>	<b>18</b> No School Mid-Winter Break School Closed  MBB vs. CleveHill 6, 7:30pm  <b>No School</b>	<b>19</b> No School Mid-Winter Break Offices open 9am-12noon  WBB @ Niagara Catholic 5:30, 7pm  <b>No School</b>	<b>20</b> No School Mid-Winter Break Offices open 9am-12noon  <b>No School</b>	<b>21</b> No School Mid-Winter Break Offices open 9am-12noon  <b>No School</b>	<b>22</b> No School Mid-Winter Break School Closed  <b>No School</b>	<b>23</b> SAT Diagnostic Test 9am-1pm
<b>24</b>	<b>25-E Day</b> Student Senate 2:30pm Yearbook 3pm SAT Prep Class 3-5pm	<b>26-F Day</b> Campus Ministry Meeting 7:35am	<b>27-A Day</b> Lenten Prayer Service Faculty/Staff Meeting 2:30pm	<b>28-B Day</b> Weekly Mass 7:30am in Chapel NHS Tutoring 2:30pm in Library SOUL Meeting 2:30pm	<b>1-C Day</b> Junior Retreat 8am-3:30pm Sadie Hawkins Dance 8-11pm	<b>2</b>



CELEBRATING THE MYSTERY OF  
**Mardi Gras**  
AT ST. MARY'S LANCER AUCTION

St. Mary's High School  
**LANCER**  
DINNER AUCTION

**Auction '13**  
**Friday, Feb. 8th**

## In the February issue of *Currents*

- *Scholarship recipients announced*
- *Bishop Malone to celebrate Mass*
- *Spirit Week Schedule*
- *New electives, course changes*
- *Second quarter honor roll*
- *Leah Meyer nominated as top sophomore volleyball player*
- *Hockey team has memorable January*
- *February calendar & menu*
- *And much more!*

For the latest news about  
St. Mary's High School,  
go to [www.smhlancers.org](http://www.smhlancers.org)

*Your Opportunities Await at*  
St. Mary's High School  
142 Laverack Avenue  
Lancaster, NY 14086-1849

