### Your Opportunities Await at ... St. Mary's High School

## July 2014 LURRENTS

### Erica Swannie receives Marian Award

At the Commencement Ceremonies held on June 4 at Villa Maria College, St. Mary's High School presented the school's Marian Award to Lancaster native Erica Swannie.

The Marian Award, the highest award presented to a St. Mary's graduate, recognizes the senior who has shown friendliness to all people, willingness to help others, leadership, and active support of the school. It is the only award presented at Graduation.

Erica was involved in many activities at St. Mary's High School: president of her class for all four years; member of the National Honor Society, Scholars Program, Recruiting Team, SEEK, and the Student Mentoring Program; and she played varsity and junior varsity volleyball, including the 2012 State Championship team.

She has received numerous awards including inductee into the Lancaster



Erica Swannie (center) receives the Marian Award from St. Mary's Principal Rebecca Kranz, while Most Rev. Richard Malone, quest speaker at this year's Commencement, applauds. (More pictures on page 2.)

Youth Bureau Hall of Fame, All-Western New York Scholar Athlete for Fall 2013. Brady Workplace Safety Academic Excellence Award, 2013 Student Sage Scholarship Award, Pure Love Award, and the Linda Morgante Memorial Scholarship. She was also the salutatorian for the

Class of 2014.

Erica plans to major in Physical Therapy at the University of Central Florida, the University of Buffalo, or Daemen College.

As a Marian Award recipient, Erica received a trophy and a special gift from the school's administration.

Erica is the daughter of Mark and Darlene; she has one sister, Jessica, who is a 2011 graduate of St. Mary's.

The nominees for this award are selected by their classmates. After the nominees are chosen, they are asked to write an essay explaining what their four years at St. Mary's High School have meant to them and their personal

growth. The faculty and staff then vote for the winner of the award.

In addition to Erica, the other nominees for this year's Marian Award were K. Eric Eggert of Cheektowaga, Christopher Hoffman of Depew, and Erin Neidhart of Lancaster.

### St. Mary's receives Galasso Foundation Grant

### Work already started on garden, gallery, conference rooms

At their recent Board of Trustees meeting, the August Galasso Foundation approved a grant to St. Mary's High School dedicated to the renovation of the Marian Courtyard and Marian House.

Mr. Mark Tramont, President of St. Mary's High School, expressed his appreciation to the Galasso Foundation for presenting St. Mary's with the grant. "On behalf of the St. Mary's Board of Trustees, we are very grateful to the Galasso Foundation for not only their generosity for this project but for all the funding they have provided and continue to Francis of Assisi Peace Garden in

provide us through the years," he said.

The project will see significant changes to the north end of the school. Over the years, this section has been the priests' home, the caretaker's cottage, and, most recently, the Dance Room and the office of Sister Rose Therese DiGregorio, religious advisor to the school. The Courtyard has been lovingly maintained for many years by Sister Rose; the Courtyard will be a focal point of the renovation.

The Courtyard will become the St.

recognition of the Sisters of St. Francis who have ministered at St. Mary's for over 70 years. In addition, the Courtyard will be dedicated in memory of Marty Galasso, son of the founder of the August Galasso Foundation. August, better known as "Gus," was a graduate of the St. Mary's Class of 1939. His son, Marty, a very close friend of Sister Rose, recently passed away. It was the friendship between Marty and Sister Rose that has served as the vision for such a renovation.

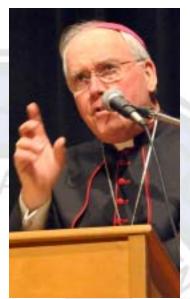
> "This renovation will be a total (Continued on page 5)

### Congratulations, Class of 2014!

### Photos from the 110th annual Commencement Exercises









The Graduation Ceremonies included speeches by (left to right) Salutatorian Erica Swannie, Valedictorian Erin Neidhart, Commencement Speaker Most Rev. Richard Malone, and Student Senate President Matthew Wrobel.



Paul Battaglia, Torey Adams, and Aaron Denz are all smiles as the Commencement Ceremony begins.



Richard Penfold '64 receives an honorary diploma from Mrs. Kranz.



Laura Enzinna shares a hug with St. Mary's Chaplain Rev. Richard DiGiulio.



Austin Kaetzel, Nicholas Sugg, Erika Talbot, Chelsea Heffernan, Thomas Briatico, and Trevor Wrona gather before the ceremony begins.

### What's next for the Class of 2014?

St. Mary's High School is extremely proud of the Class of 2014. We are pleased to list all of the colleges to which the graduates plan to attend in the fall (intended major is in parentheses).

Good luck, Graduates, with your postgraduation plans:

- Torey Adams Ithaca College (Health Professions / Pre-Med)
- Paul Battaglia Erie Community College (General Studies)
- Catherine Blaszak SUNY Geneseo (English with Adolescent Certification)
- Kathleen Bookmiller Daemen College (Physician Assistant)
- Dylan Braniecki Hilbert College (Sports Industry Management)
- Thomas Briatico SUNY Fredonia (Nutrition)
- Amanda Burns Trocaire College (Nursing)
- Caitlin Bystrak SUNY Buffalo State College (Undecided)
- Holly Bystrak SUNY Buffalo State College (Speech-Language Pathology)
- Alexandra Casillo SUNY Buffalo State College (Public Communications)
- Laura Cavallari Canisius College (Biology)
- Mamin Amy Chen Michigan State University (Economics)
- Yijing Shery Cheng Michigan State University (Environmental Engineering)
- Joseph Cipolla University of Colorado-Denver (Sports & Entertainment Management)
- Samantha Cousineau Erie Community College (General Studies)
- Reagan Craddock Clarkson University (Computer Engineering)
- Aaron Denz Erie Community College (Automotive Technology)
- Daniel Dolinar Embry-Riddle Aeronautical University (Aeronautical Science)
- Sebastian Drews BOCES (Welding)
- Natalia Dziadosz D'Youville College (Pharmacy)
- Kevin Eggert Gannon University (Theology)
- Tyler English St. John Fisher College (Undecided)
- Laura Enzinna Nova Southeastern University (Pre-Med)
- Benjamin Evans SUNY Buffalo State College (Business Finance)
- · Cassandra Faulkner Trocaire College

### Class sets Scholarship mark

At the Senior Family Brunch, it was announced that the 87 members of the Class of 2014 had received scholarships totalling \$10,440,445.

These scholarships were from

private organizations, as well as colleges and universities.

This surpasses the previous high amount of \$7.8 million, set by the Class of 2013.

(Surgical Technician)

- Vincent Francemone Canisius College (Computer Science)
- Chelsea Goldyn Niagara University (Event Planning)
- Marc Gonzalez Erie Community College (Physical Education)
- Justin Green SUNY Buffalo State College (Criminal Justice)
- Jacob Hacker University of Central Florida (Computer Science)
- Rylee Haffey Edinboro University (Nursing)
- Peyton Harris Syracuse University (Psychology)
- Chelsea Heffernan Hilbert College (Forensic Science)
- Meghan Helak SUNY Fredonia (Early Childhood Education)
- Brett Helmbrecht Niagara County Community College (Radiologic Technology)
- · Anthony Hinton Undecided
- Christopher Hoffman SUNY University at Buffalo (Accounting)
- Jeffrey Hunziker Canisius College (Accounting)
- Sydney Irish Niagara University (Special Education)
- Brooke Kacala Ithaca College (Occupational Therapy)
- Austin Kaetzel SUNY Buffalo State College (Business)
- Nathaniel Keith SUNY Brockport (Computer Science)
- Cory Kiebzak SUNY Buffalo State College (Business Management)
- Carl Knickerbocker Undecided
- Emily Krucenski Edinboro University (Criminal Justice)
- Cailyn Krygier Robert Morris University (Cyber Forensics/Information Security)
- Courtnie Labenski Trocaire College (Nursing)
- Allison Langley Loyola University Maryland (Biology)
- Ana Lyons SUNY Buffalo State College

(Health & Wellness and Spanish)

- Peter Marks Franciscan University of Steubenville (Undecided)
- Mary Martin Catholic University of America (International Relations and Affairs)
- Mark McManus Nazareth College (Physical Therapy)
- Bailey Michalski SUNY Buffalo State College (Speech-Language Pathology)
- Rachel Molino SUNY Geneseo (Biology)
- Melissa Musialowski Hilbert College (Forensic Science)
- Erin Neary SUNY Fredonia (Medical Technology)
- Erin Neidhart Rochester Institute of Technology (Applied Mathematics/ Statistics)
- Allison Parente SUNY Buffalo State College (Art Education)
- · Joseph Podwika Undecided
- Katarina Raab Trocaire College (Radiologic Technology)
- Francesca Rockwood Niagara University (Business)
- Sydney Rodgers Niagara County Community College (Social Work)
- Samantha Rodriguez High Point University (English)
- Kayla Roman Monroe Community College (Nursing)
- Michaela Rowe Canisius College (Biology/Pre-Med)
- Victoria Rozler Fashion Institute of Technology (Film & Media)
- Abigail Salamone Union College (Neuroscience)
- Claire Schroeder SUNY University at Buffalo (Business)
- Nicholas Soluri Erie Community
   College (Business Administration)
- Lucas Sperduti Keuka College (Marketing)
- Jacqueline Steck Daemen College (Business)
- Christian Stegmeier Erie Community College (Nutrition)

(Continued on page 4)

### Please pray for the Class of 2014

Dear Friends,

As we draw near to the celebration our nation's Independence Day, we also have a group of students, namely the graduating Class of 2014, that are also celebrating some newfound independence. As they prepare to go off to college, we hope they will take with them the faith, education, love, and discipline that they learned from the school and from their parents. We pray that they will use their freedom in college as a tool to continue their learning, and that, before they make decisions, they will pause to reflect on how to do the right thing. Hopefully they will stop and consider, "Would I do this in front of my parents?" or "What would Mr. Fay think about that?"



#### Attention graduates:

As you look around your room getting ready for college, are you asking yourself, "What am I going to do with all of my St. Mary's stuff?"

Well, here's an idea for you — why not donate all of them back to St. Mary's! Bring your donation to the Main Office during regular office hours. The current students would appreciate your generosity.

If you have any questions, please call Mr. Ard at 683-4824. Thank you for remembering us.



I'd like to take this opportunity to thank the wonderful parents of the Class of 2014. Thank you for being active members of our community, through your attendance and your volunteer work at events. Thank you for caring about your son/daughter's education and for communicating with the school on a regular basis. Over the past four years, you have helped to make St. Mary's High School a better place. I'm sure the next few months will be difficult for you as college begins and you need to "let go" a little bit more. Rest assured that we will be

praying along with you that all of your sons and daughters will be safe and will find success.

Now that this school year has drawn to an end and our classroom learning is completed, be mindful that our learning still continues, for all of life is a school, and we learn by everything we do. This year in school has continued our education, but it is life itself that will complete that education.

It is my sincere wish for each and every one of you that the coming summer may hold only pleasant and relaxing experiences for you. May you live life to its fullest, may you enjoy it, may you be blessed with happiness, and may you learn.

To the Class of 2014: May God bless you, may the Holy Spirit guide you, may Mary the Blessed Mother watch over you with your new independence, and we ask all of this through Jesus Christ, our Savior. Amen!

Principal Class of 1992

### Next for Class of 2014 (Continued from page 3)

- Dione Strong SUNY Buffalo State
   College (Pre-Business and Marketing)
- Nicholas Sugg Alfred University (Mechanical Engineering)
- Erica Swannie Daemen College or SUNY University at Buffalo or University of Central Florida (Physical Therapy)
- Christopher Szumla Erie Community College (EMT Basic/Criminal Justice)
- Erika Talbot University of Edinburgh, Scotland (English Literature)
- Latrell Tyson SUNY Fredonia (Business)
- Nicholas Vallone SUNY Brockport (Undecided)
- Hayley Wnuk SUNY University at Buffalo (Biomedical Sciences)
- Megan Wrest Gannon University (Physician Assistant)
- Matthew Wrobel Canisius College (Pre-Law)

- Trevor Wrona SUNY Brockport (Undecided)
- Yige Jessica Wu Michigan State University (Accounting)
- Collin Zelli Rochester Institute of Technology (Engineering Exploration)
- Grant Ziomek Daemen College (Accounting)

### Good luck, college athletes

As we say farewell to the class of the 2014, the Athletic Department would like to make note of our new alumni who will be continuing on with their athletic careers at the next level.

We're confident that they will go out and represent St. Mary's in a positive light as they begin this new journey.

- Tyler English: Basketball (St. John Fisher)
- · Marc Gonzalez: Baseball (Erie

Community College)

- Justin Green: Football (Buffalo State)
- Brett Helmbrecht: Baseball (Niagara County Community College)
- Nathaniel Keith III: Football (Brockport)
- Melissa Musialowski: Lacrosse (Hilbert)
- Abigail Salamone: Volleyball (Union)
- · Lucas Sperduti: Baseball (Keuka)
- Jacqueline Steck: Volleyball (Daemen)
- Dione Strong: Football: (Buffalo State)
- · Nicholas Vallone: Football (Brockport)
- Trevor Wrona: Football (Brockport)

### Galasso Grant (Continued from page 1)

makeover of the courtyard," Mr. Tramont said. "Working closely with Sister Rose and with our contractors, we will be turning the courtyard into a place of gathering, a place of prayer and meditation. It has been designed to have seating areas that can be used for lecture and teaching."

In addition to the changes to the courtyard, the school will be converting the Marian House into much needed meeting rooms and a conference area. The rooms of the Marian House and the present Technology Office will be updated as a conference room. Further changes will take place in the relocation of offices and the Dance Studio.

For the new school year, Dance classes will be temporarily relocated to the Gus Galasso Auditorium.

"As we move ahead, we are looking to find a permanent location for the Dance Studio that will include an appropriate dance floor as well as sound system, mirrors, and ballet barres," Mr. Tramont explained. "Mrs. Rebecca Kranz (St. Mary's principal) and I have met with Dance Teacher Ms. Heather Ruhland and her Lancer Dancer Dance Club members and have assured them that during this period we will do everything needed to make sure that the Dance program has the necessary equipment and space to practice."

What is presently the Dance Studio will become the offices for Advancement, Enrollment, and Alumni. Mr. Tramont explained that these departments work hand in hand on a daily basis, so they will now be able to more effectively collaborate with one another.

The most notable and obvious change to all is the conversion of the hallway leading up to the Art Room. This



The lockers have been removed from the hallway outside the Art Room.

will now become an Art Gallery. For many years this hallway has been home to 126 unused lockers. The lockers have already been removed.

"We are working closely with Art
Teacher Ms. Laura James on this renovation," Mr. Tramont continued. "The Art
Gallery will give the school not only an
appropriate place to display the wonderful

artwork of our students, but we will now be able to invite alumni and area artists to show their works."

The final area of renovation is the conversion of the hallway facing the new courtyard into an area to display religious icons. "One of the Sisters of St. Francis has been painting these wonderfully reverent works of art," Mr. Tramont said. "We would like to offer this as an area that would best display them as memorials to friends and family of students, alumni, and friends of St. Mary's High School.

"There are many other details planned for this project that will be revealed as we get closer to September," Mr. Tramont concluded. "Unfortunately, not all of the renovation will be completed by the first day of school. But we are aiming for a completion date on or about October 5, the feast day of St. Francis of Assisi."

Anyone who would like to learn more about the renovation – or to volunteer to help – is invited to call or stop by the school.

## Changes are coming to September Walk-a-Thon

For several years, the Student Senate of St. Mary's High School has sponsored the annual Walk-a-thon. The students have walked the streets of Lancaster and, in the process, raised funds which are used by the Senate for school classes, clubs, and organizations and to help fund the Student Senate Scholarship.

This year, the Student Senate has decided to incorporate a school picnic into the Walk-a-thon, presently scheduled for Tuesday, Sept. 23. After a shorter walk

than the usual 10 miles, the Walk-a-thon will arrive at Firemen's Park in Depew. Here the students will be treated to a picnic lunch while able to enjoy the basketball courts, sand volleyball courts, and more. The students will walk back to school at the end of the day.

"The leaders of Student Senate asked for a change, because participation in the Walk-a-thon has not grown over the past few years like we had hoped for," said Mr. Anthony Moreno, Student Senate Co-Moderator. "We think that having a picnic as part of the day will make the Walk-a-thon more fun for everyone."

Created in 2006, the Student Senate Scholarship is awarded to an incoming freshman who has the potential to be a future student leader of the school.

In the August mailing, families will find a letter from the Student Senate Co-Moderators, Mrs. Lynn Tytka and Mr. Moreno, going into more details about the changes to the Walk-a-Thon.

There will also be a Walk-a-thon pledge sheet, which will be due Tuesday, Sept. 16.

### Seniors, keep in touch!

For the past four years, you have been a student here at St. Mary's. Even though you have graduated, that does not mean that you are no longer a part of the St. Mary's family.

And as part of the family:

 Please keep us updated on the happenings in your life. When you win awards, graduate, marry, etc., please drop us a note so that we may share the good news.

 We are going to keep you on our Currents distribution list so that you may see all of the great things happening here.

When you have accomplishments to share, or if you don't want to receive *Currents*, please e-mail Mr. Kidder at kkidder@smhlancers.org. Good luck with all of your future endeavors.

### **Artists win People's Choice Award**

For the first time since 2011, St. Mary's High School in Lancaster placed an entry into the Albright-Knox Art Gallery's Art Alive Competition.

Held on Saturday, June 7, students, teachers, and friends created living representations of works of art from the Albright-Knox's Collection and beyond for the 18th annual Art Alive living art contest.

Under the leadership of Art teacher Ms. Laura James, the students of St. Mary's chose to recreate several of Roy Lichtenstein's pop art paintings including Ohhh ... Alright, In the Car, and M-Maybe (a Girl's Picture).

The nearly 2,000 spectators at the event voted for the People's Choice Award; they selected the St. Mary's entry for the Best Tableau in Grades 9-12.

Congratulations to St. Mary's art



In the collection of pop art pieces by Roy Lichtenstein are Leah May (left panel), Anna DiDomenico and Nick Samson (center panel), and Kaila McKay (right panel).

students Anna DiDomenico, Leah May, Kaila McKay, and Nick Samson and art teacher Ms. James for their hard work and success with their prize-winning entry.

### 2014-2015 Calendar Highlights

To assist families planning for the 2014-15 school year, here is a list of dates to be aware of. Please note that this is tentative and subject to change (the finalized calendar will be mailed out at the beginning of August):

- Sept. 3 Half day for Freshmen
- Sept. 4 Full Day for all Students
- Sept. 8 Picture Day
- Sept. 8 Meet the Teacher Night
- Sept. 18 (half day) & 19 (no school) –
   Open House for Prospective Students
- Oct. 13 Columbus Day
- Oct. 15 Standardized Testing Day (11:30 a.m. dismissal); Senior College Visitation Day
- Nov. 4 Faculty/Staff Inservice
- Nov. 6 & 7 Fall Play
- Nov. 11 Veterans Day
- Nov. 26 (half day), 27 & 28 Thanksgiving Break
- Dec. 22 to Jan. 2 Christmas Break
- Jan. 19 Dr. Martin Luther King Jr. Day
- Jan. 26-29- January Exams
- Jan. 30 Faculty/Staff Retreat
- Feb. 6 Faculty/Staff Inservice / Auction
- Feb. 16-20 Winter Break
- March 19-21 Spring Musical
- March 20 Administrative Day

- April 2-10 Spring / Easter Break
- May 21 Junior/Senior Prom
- May 22-25- Memorial Day Weekend
- May 31 Baccalaureate Mass / Senior

#### Family Brunch

- June 3 Graduation
- June 9 Last Day of Classes
- June 11-24 June/Regents Exams

### From the Enrollment Office

Open House 2014

The annual Fall Open House will take place September 18 and 19. Mr. Steven Grieco, Enrollment Director, is looking for families willing to place an

Open House sign on their front lawn for passing drivers to see. If you can help, please contact Mr. Grieco at 683-4824, ext. 237, or at sgrieco@smhlancers.org.

### **Upcoming Freshman Events**

### Freshman & Parent Mixer

Thursday, August 7 6:30 p.m.

### Orientation for Freshmen, Transfer Students, and Parents

Wednesday, August 27 6:30 p.m.

### **Upcoming Enrollment Events**

### Fall Open House

September 18 & 19 5 to 8 p.m.

### Admission Exam Prep Classes

November 1, 8, & 15

### Admission Exam

November 22 8:30 a.m. to 12 noon

## EARN FREE SUPPLIES at OFFICE DEPOT

Every time you give our School ID number when buying qualifying school supplies, St. Mary's receives credits equal to 5% of the qualifying purchases to use for Free Supplies!

The School ID for St. Mary's High School is 70073221

### Freshman sings Anthem for Bisons

Lancaster resident and St. Mary's High School freshman Anna Heerdt was recently selected to perform the National Anthem at Buffalo Bisons home games.

On a very cold March 29, 14-year-old Anna, accompanied by her parents Erin and Phillip, attended an open tryout hosted by the Bisons. According to a representative from the Bisons, nearly 200 people auditioned to be an anthem singer; Anna

for the coveted spots.

Mrs. Heerdt said that while Anna did well at the audition, it wasn't until the Bisons called that they realized how successful she had been.

was fortunate to be one of a few selected

"I think that her confidence and her poise played a big part in being chosen as much as her powerful voice did," Mrs. Heerdt explained. "I hadn't thought about how unique singing at a sporting event is for a singer: there are no rehearsals, no time for nerves, and no starting over. That was the way Anna approached the audition, as if she had done it many times before."

Mrs. Heerdt continued that the cold on the day of the auditions did not bother Anna; it was in the low 40s. "In fact," Mrs. Heerdt joked, "at the first game she sang at, it was 35 degrees. Anna and her father went down on the field while I sat in the bleachers wearing my winter coat, scarf, hat, and gloves while wrapped in a fleece blanket."

This isn't the first time that Anna has sung the National Anthem at a sporting event; this past winter she sang before the start at a Buffalo Junior Sabres game at First Niagara Center, something she hopes to continue to do as long as she is asked to.

Anna doesn't only sing at games. This past spring, she had the part of Rusty in the St. Mary's production of the musical *Footloose*. But her singing talent has been on display for a lot longer.

"We realized that Anna could sing when she was four years old," Mrs. Heerdt related. "Anna sings from the time she



Anna Heerdt (center) portrays Rusty in the recent St. Mary's production of Footloose.

gets out of bed in the morning until she turns out the lights at night.

"I know that her voice is a gift from God," Mrs. Heerdt continued. "I always encourage her to find ways to show how thankful she is for this gift and ways to use it to give something back. For example, Anna has been singing at our church. The music director has asked her to sing at

the Easter Vigil the last two years. It is an honor for her to be invited to sing on the altar during the most sacred Mass of the year."

Anna's hope is to continue her study of music by attending a college in New York City to major in musical theater. Anna's dream is to perform on Broadway, but being a realist, Anna knows that many people have the same dream but never achieve it.

"I don't discourage her or tell her she won't make it," Mrs. Heerdt said, especially since I have watched her achieve so much over the last several years. "If Anna has a goal for herself, she rarely, if ever, fails to meet it."

If you are at a Bisons game this season, perhaps you will be able to hear firsthand the singing talents of St. Mary's own Anna Heerdt.



## Campus Ministry The 7 & 10 Connection



Just as the sixth and ninth commandments are paired for issues of sexuality, the seventh and 10th commandments are linked to teach about issues of honesty in material ways. As recounted in Exodus 20, the seventh commandment, "You shall not steal," and the 10th, "You shall not covet your neighbor's goods," are reminders and encouragers to be forthright, fair, and honest.

The temptation to steal and cheat is perhaps one of the strongest tests of honesty. Who hasn't been tempted to keep the overage of change received from a store or bank, or to "create" facts and figures for income tax purposes, or to make purchases on-line for goods that were perhaps stolen, or to "pad" an expense that will be reimbursed, or to cheat on a test or to "borrow" someone's homework? The examples are many.

To be fair and honest in this

material world is a challenge, always difficult.

As in all areas where we are likely to commit sin, the grace to face and resist the temptation is ours for the asking. The cartoon image of a devilish angel on one shoulder and the good angel on the other is a great example of the struggles we encounter on a daily basis.

The sacraments, especially Confirmation and Reconciliation, offer us the actual grace to reject the temptation and follow the good angel's advice. "BE HONEST, BE FAIR." In the material, commercial world, the seventh and 10th commandments exhort us to treat other people and their property as we would have them treat us. No one ever said it would be easy.

A blessed, peaceful and restful summer to all in the St. Mary's family.

Benedicat vos omnipotens Deus. twf+

### Dress Code for 2014-15

Recently, the Principal's Advisory Board met to discuss the Dress Code for the 2014-15 School Year. After receiving input from different sources, the Ad Board decided on the Dress Code that follows.

The most significant change to the code is in regards to required dress for School Liturgies and Special Days. Begin-

ning in September, young men are required to wear a single breasted, navy blue blazer with two or three buttons on Litrugy Days and Special Days that will be announced. The Board recommends that the blazer be purchased from Flynn & O'Hara so you can be sure to have the correct style, though they may be purchased at other stores.

The purpose of the Dress Code is to teach self-discipline associated with personal hygiene and grooming and to encourage students to take pride in a personal appearance that would be acceptable in most modern business environments.

The following dress code is in effect from the beginning of homeroom until dismissal. Homeroom teachers will check dress code every morning and will immediately send anyone with questionable attire to the Discipline Office. Students are expected to be dressed in clean, properly-sized clothes that are well maintained. No students will be allowed to attend class out of dress code which includes their haircut / style / color. This dress code is also in effect during January and June exams.

Changes for the 2014-15 school year are underlined.

#### Ladies

- Properly sized navy, khaki, or gray dress pants (with the "SMH" logo) purchased from Flynn & O'Hara are the only pants allowed for ladies. The pants may not be ripped or torn.
   Pants from American Eagle or Aeropostale are not allowed.
- A properly-sized solid-colored Oxford buttoned blouse with a buttoned collar, long or short sleeve, tucked in, may be worn all year except on Liturgy days (On Liturgy days, blouse must be blue or white). The school recommends purchasing these from Flynn & O'Hara to ensure that you have the correct style.
- Dress shirts may not have extra darts or seams causing the shirt to be a tight fit.
- The official St. Mary's High School Polo shirts may be worn all year except on Liturgy days. Club and athletic polo shirts are not allowed as part of the regular dress code. Regular polo shirts must be tucked in at all times; banded polo shirts do not have to be tucked in.

- Embroidered St. Mary's sweatshirts, St.
   Mary's sweaters, St. Mary's fleeces, or
   solid navy blue, solid white, or solid
   gray sweaters may be worn over the
   dress shirt, a white, navy, or gray
   turtleneck, or the St. Mary's polo shirt.
   Thermal or long-sleeve t-shirts are not
   allowed. Club and athletic sweatshirts
   and fleeces are not allowed as part of
   the regular dress code.
- "Sweater" is defined as a long-sleeved, heavy-gauge, knitted, wool or cotton garment that fits the body loosely.
   Sweaters may have zip-up fronts.
- Turtleneck sweaters (solid navy, solid white, or solid gray) may be worn without a dress shirt / polo shirt

underneath.

- Navy blue blazers or navy blue vests may be worn over the dress shirt, white St. Mary's polo shirt, or a white, navy, or gray turtleneck.
- T-shirts worn under a dress shirt must be white with no lettering or design.
- Black, navy, white, or beige stockings or black, navy, gray, or white knee socks and shoes must be worn. No patterns, bows, buttons, or other designs are allowed on the socks/ stockings.
- All girls are required to purchase the uniform skort that is available from Flynn & O'Hara. The skort must be no

(Continued on page 9)

## Notes from the Health Office – Medication Policy, Fall Sports

#### Policy Regarding Medication In School

Forms are available in the Main Office and the Health Office and on the school website under the "Parent/ Health" section. All medication, including non-prescription drugs such as Tylenol, Motrin, etc. given in school must be prescribed by a licensed medical doctor.

A written request from the physician must be on file. This request must indicate the dosage and frequency of the prescribed drug. A written request from the parent to administer medication must be on file. The parent must assume responsibility to have the medication delivered to the Health Office in a properly labeled original container.

#### Fall Sports

Anyone playing sports must have a current physical on file in the Health Office. Students interested in playing a fall sport must complete and turn in the

green Interval Health History form that will be mailed home in the late July mailing. This form must be completed **after** August 1st. This form must be turned in **on/before** the dates listed below. In addition, every student who plans on playing a fall sport must have a current physical on file in the Health Office by August 1st.

Failure to comply will result in not being able to start practice with the rest of the team. Extra forms will be available in the main office and on the school website under the "Parent/Health" section. If you have any questions, please call Mrs. Murphy at 683-4824, ext. 220.

Sport	Physical must have been performed on or after this date and be on file in the Health Office	Interval Health History (IHH) must be completed by parent/ guardian and returned to the Health Office by this date
All Fall Sports	August 1, 2013	August 8, 2014

### Dress Code for 2014-15 (continued from page 8)

more than two inches above the knee. They are only *required* to wear the uniform skort on Liturgy days or other special occasions requiring formal dress.

- Dress shoes must be worn and cannot be backless, canvas, slippers, or boots.
- · Shoes must be properly worn.

#### Gentlemen

- Properly sized navy, khaki or gray dress pants worn with a solid brown, solid black, or solid white colored belt. The school recommends purchasing these from Flynn & O'Hara to ensure that you have the correct style. Pants with rivets, sewn-on pockets, stripes, or ripped/torn cuffs are not to be worn. Pants may not be worn below the waistline. Pants from American Eagle or Aeropostale are not allowed.
- A properly-sized solid-colored Oxford buttoned dress shirt with buttoned collar, fully buttoned and tucked in may be worn all year except on Liturgy days (On Liturgy days, shirt must be blue or white). Shirt must be worn with a tie. Bow ties may be worn.
- The official St. Mary's High School Polo shirts may be worn all year except on Liturgy days. Club and athletic polo shirts are not allowed as part of the regular dress code. Polo shirts must be tucked in at all times. T-shirts worn under polo shirts may be solid navy, white, or gray. No lettering or design from the t-shirt may be visible.
- Embroidered St. Mary's sweatshirts, St. Mary's sweaters, St. Mary's fleeces, or solid navy blue, solid gray, or solid white sweaters may be worn over the dress shirt with tie, a white, blue, or

gray turtleneck, or the St. Mary's polo shirt. *Thermal or long-sleeve t-shirts are not allowed.* Club and athletic sweatshirts and fleeces are not allowed as part of the regular dress code.

- "Sweater" is defined as a long-sleeved, heavy-gauge, knitted, wool or cotton garment that fits the body loosely.
   Sweaters may have zip-up fronts.
- Turtleneck sweaters (solid navy, solid white, or solid gray) may be worn without a dress shirt / polo shirt underneath.
- Navy blue blazers or navy blue vests may be worn over the dress shirt with tie, St. Mary's white polo shirt, or a white, blue, or gray turtleneck.
- T-shirts worn under a dress shirt must be white with no lettering or design.
- Solid brown, solid black, solid navy blue, or solid grey dress shoes with socks must be worn.
- Boat shoes may be worn. <u>They must be</u> solid or two-tone brown, black, navy blue, or grey with socks.
- Dress shoes cannot be backless, canvas, slippers, or boots. No athletic shoes may be worn.
- Shoes must be properly worn.
- · No makeup or nail polish may be worn.

### The following rules apply to all students:

- No sandals or open-toed shoes may be worn. No slippers or moccasins may be worn.
- · No outerwear may be worn.
- The only acceptable sweatshirts and fleeces are embroidered SMH or approved class sweatshirts (without hoods).
- · Body piercing is limited to two earrings

- per ear for girls, no earrings for boys, including dress down days. Spacers used to increase the size of holes in ears are prohibited. Wearing a bandage over illegal piercings is not permitted.
- Visible tattoos and heavy metal chains are not allowed including dress down days.
- Long-sleeve shirts worn under short sleeve shirts are not allowed.
- · No Capri pants or shorts may be worn.
- · No gloves of any kind may be worn.
- No wristbands or sweatbands may be worn.
- Nothing sheer or see-through may ever be worn, including dress down days.
- Nothing sleeveless may ever be worn, including dress down days.
- Students are not allowed to have writing or drawings on their skin at any time.
- Sleeves on polo shirts may not be rolled and collars may not be flipped up.
- During June Exams, footwear regulation is relaxed – flip-flops, sneakers, etc. are allowed.

#### Hair

- Hair should be kept neat, clean, and combed at all times. No bizarre haircuts or hair colors are permitted. There should be no spikes, puffs, Mohawks, etc. Boys' hair must be no longer than collar length, and the front must be at least one-finger's-width off of the eyebrows. No portion of the head will be shaved. Any bizarre hairstyle will result in daily detention until the problem is corrected.
- Students are expected to be cleanshaven on a daily basis. No facial hair is permitted. Sideburns must be

(Continued on page 10)

### Juniors/Sophomores/Freshmen/Staff of May & June



Rebecca Hojna



Jessica Michalski



Bridget Herod



Joseph DiGesare



William Story



Haley Wipperman



Mrs. Evelyn Skalski



Rev. Richard DiGiulio



**July 2014** 

## Counseling Corner

Sarah Neudeck (sneudeck@smhlancers.org) • 683-2349 • Jamie Whitwood (jwhitwood@smhlancers.org)

Counselor to Classes of 2015 & 2017

Counselor to Classes of 2016 & 2018

### Visit colleges this summer

NOW through fall is the time for seniors and their parents to visit the colleges they are considering. Whether home or away, families need to experience the campus and talk about how it will fit their student's needs.

### Schedules coming soon

Work continues on student schedules for the 2014-15 school year. Once the schedules are ready, the Counseling Center will be mailing home all schedules.

If you would like to save the postage, please email Mr. Kidder (kkidder@smhlancers.org), and he

will email you your schedule as soon as it is available.

Remember – all changes to course selections must be submitted by August 1. Requests after that date will not be honored.

Those who have questions should contact their Counselor.

Once you have viewed the website and read all you can about the school, call the admissions office to set up an appointment. This is the most important step in the college selection process and is vital in helping you and your student decide where to apply next fall.

Students met several times with their counselors, and each has a list of potential schools.

Feel free to call with your questions. Guidance counselors will be available throughout the summer.

### Dress Code for 2014-15 (continued from page 9)

trimmed, neat, and not extend below the earlobe.

### Pride Day Dress

- Students may wear any official St. Mary's attire including class shirts, school sports t-shirts/sweatshirts, school sweatpants, school shorts, school hats.
- Solid navy/gray pants or navy/gray pants with white stripes down the leg may be worn.
- · No jeans are allowed.
- Earring and facial hair regulations remain in effect.
- Sneakers or sandals may be worn if the student is wearing Pride Day Dress.

### Liturgy Day Dress

To achieve a sense of unity in the celebration of important moments in the life of the St. Mary's community and to deepen our awareness of our Catholic faith, all students will attend all school liturgies and prayer services. On days when a liturgy is scheduled, students must follow the rules for "liturgy day dress:"

- · No polo shirts will be allowed.
- · Gentlemen are required to wear
- A blue or white dress shirt and tie as

defined previously.

 A single breasted navy blue blazer with two or three buttons

The school recommends
purchasing these from Flynn &
O'Hara to ensure that you have the
correct style.

- · Ladies are required to wear
- A blue or white dress shirt as defined previously
- A uniform skort.
- Dress code sweaters, approved St.
   Mary's sweatshirts, vests, blazers are permitted over the dress shirts.

This dress code may also be in effect for other special occasions and field trips. Announcements will be made in advance.

### Jeans Day Dress

Throughout the school year, organizations may run a jeans day as a fundraiser for outside charities. These need to be proposed and approved through the Principal's Advisory Board.

On a jeans day, students may wear:

- Jeans they may not be ripped/torn or excessively oversized.
- Sweatpants, windpants, cargo pants, corduroy pants, Capri pants
- Sneakers or sandals

### They may NOT wear:

- · Jean shorts or shorts of any kind
- · Jean skirts or skirts of any kind
- Hats

Modesty will always be stressed. Earring and facial hair regulations remain in effect. If a student chooses not to participate, they must be in regular dress code.

#### Baccalaureate Mass / Graduation

The following policy must be adhered to during these events: the Baccalaureate Mass, Senior Family Brunch, and Graduation Ceremony. Failure to follow these rules will result in the student not being allowed to participate in that event. The graduation fee will not be refunded.

Because these are formal events hosted by the school, there will be strict adherence to the school dress code policy regarding hair, earrings, body-piercing, and facial hair. Messages on caps/gowns are not permitted.

- Ladies must be modestly dressed in a dress, skirt/blouse, or a pants suit.
   Dress shoes or dress sandals must be worn. No flip-flops. No bizarre socks, stockings, or shoes may be worn.
- Gentlemen must wear dress pants, a (Continued on page 11)



## Lancer Parent Partnership



### End-of-Year Report

Executive Committee – Sandy Gibson, Tom McManus, Susan Szpila, Kim Kwitowski, Rebecca Kranz, Keith Kidder.

#### **Committees**

The 2014 Fashion Show Committee members were Donna Briatico, Mark Burkard, Mary Beth Burkard, Paula Dantonio, Emily Gibson, Sandy Gibson, Michelle Goetz-Cress, Sharon Goldyn, Deanna Good, Sandee Grega, Hope Hossenlopp, Rebecca Kranz, Emily Krucenski, Kathy Krucenski, Theresa Kruse, Lisa Nemmer, Robert Nemmer, Sue Penksa, Debbie Seeloff, Mike Seeloff, LeeAnn Speyer, Susan Szpila, and Kathy Ziomek.

### Parent Events

- Sponsored Freshman Parents Mixer in conjunction with Freshman Student Mixer; included icebreaker, St. Mary's Trivia, student panel, ice cream social, and raffles. Very well attended with twenty-seven freshman families represented.
- Presented an overview of the mission and purpose of the Lancer Parent Partnership Council at Freshman Orientation and Parents Go to

School Night.

- · Provided support at Fall Open House.
- Annual Fashion Show, "Wrapped in Fashion", April 3.
- Attempted to host a Summer Reading
   List Book Exchange on Monday, June
   9, prior to the Academic Awards
   Ceremony, but had to cancel the event
   due to lack of participation.

#### Faculty/Staff Events

- Dinner provided prior to first quarter report card distribution on November 18, 2013.
- Christmas gifts to all faculty and staff.
- Teacher and Staff Appreciation Luncheon May 6.

#### **Accomplishments**

- The spring Fashion Show was another successful show, and included participation of fifty student models from all grade levels, faculty, a parent, and alumni. There were 183 attendees at the event.
- Awarded \$900 in departmental scholarships to members of the Class of 2014 and an additional \$150 each to Matthew Wrobel and Katarina Raab for strong leadership and extraordinary community service beyond that required through St. Mary's.
- · Continued communication and aware-

- ness of the mission and purpose of the Lancer Parent Partnership through regular articles in *Currents*, as well as frequent e-mail reminders and updates via SchoolReach.
- Parent representative of the Lancer
   Parent Partnership Council is an
   Ex-Officio member of the Board of
   Trustees and is in attendance
   during each general session of the
   Board meeting.

#### Goals for 2014-2015

- Continue to communicate the mission and purpose of the Lancer Parent Partnership Council through Currents and SchoolReach
- Continue established Faculty/Staff Appreciation events.
- Design poster display board highlighting the Lancer Parent Partnership that could be displayed at Open Houses and Freshmen Orientation.

#### Events for 2014-2015

- Thursday, Aug. 7 Freshman Parent Mixer to run concurrently with Freshmen Student Mixer
- Wednesday, Aug. 27 New Student with Parents Orientation
- Monday, Sept. 8 Meet the Teacher Night
- Monday, Nov. 17 First Quarter
   Follow-up and College Presentations preceded by faculty dinner and dessert
- Tuesday, April 21, 2015 Annual Spring Fashion Show at Salvatore's Italian Gardens
- Teacher and Staff Appreciation Luncheon, May 2015

Respectfully submitted, Sandra Gibson

### Help wanted for Parent Mixer

The Lancer Parent Partnership will sponsor a Freshman Parent Mixer that will be held in conjunction with the Freshman Student Mixer on Thursday, August 7, from 6:30-8:30 p.m.

One of the highlights of the event is a Student Panel. Incoming parents

ask questions related to student life at St. Mary's which are answered by our current students and/or recent alumni.

If you would like to be a member of the panel, please contact Sandy Gibson at ekgib15@msn.com. Service hours will be awarded.

### Dress Code for 2014-15 (continued from page 10)

dress shirt (preferably white) and tie, as well as dress shoes.

In all cases regarding these events, the final decision regarding participation

will be decided by the Administration of the

The Dean of Student Affairs will make the final determination as to whether or not

a student's attire violates the dress code. Modesty will be stressed. Any bizarre appearance, in clothing or hair, is unacceptable.

### 2014 Summer Reading Assignment

### English 9 Regents and Honors

All freshmen must read Night, by Elie Weisel. In addition, English 9 Regents must read a second book from the following list; English 9 Honors must read two additional books from the list:

- Alas, Babylon (Pat Frank) A story about civilization and life after nuclear war.
- Roll of Thunder, Hear My Cry (Mildred Taylor) – This novel depicts the many dimensions of racism in the South during the 1930's. The Logans, an African American family, struggle to keep their 400 acres during the Great Depression.
- Summer of My German Soldier (Bette Greene) – During WWII, a young American girl falls in love with a German prisoner of war as she helps him to escape.
- Ten Little Indians, also titled And Then There Were None (Agatha Christie) – Mystery story of the murder of 10 strangers trapped on an island.
- The Boys of Winter (Wayne Coffey) –
   Non-fiction account of the 1980
   "Miracle on Ice" US Hockey Olympic
   Gold Medal team.
- Mockingjay (Suzanne Collins) This is the final book of the Hunger Games trilogy.

#### Assignment:

- Part I On a sheet of loose-leaf paper, you must hand write (no typed copies accepted) a list of 10 unknown words found in each book; include each word's definition, part of speech, and an original sentence properly using the word. This vocabulary is due on Tuesday, Sept. 9, 2014.
- Part II An in-class writing assignment will be given on Tuesday, Sept. 9th, on Night; a second in-class writing assignment will be given on Wednesday, Sept. 10th, on your 2nd book choice; English 9 Honors will write a third in-class assignment on Thursday, Sept. 11th, on your 3rd book choice.

### English 10 Regents and Honors

All sophomores must read Lord of

## Looking for Reading List books? Don't forget the school library

Every year, when ordering new books for the St. Mary's library, a conscious effort is made to increase the number of copies of Summer Reading books in our collection.

Families are reminded that if they are looking for a book on the Summer

Reading list, check out the St. Mary's books. They may be checked out for a period of two weeks, so that other students may also have access to them.

The Library is open weekdays from 8 a.m. to 1 p.m.

the Flies, by William Golding.

In addition to this book, **10 Regents** must read <u>one</u> book from the following list; **10 Honors** must read <u>two</u> books from the following list:

- In the Middle of the Night (Robert Cormier) – Years before Denny was born, his father was involved in a tragic accident. The family doesn't talk about it, but the tragedy continues to haunt the family. When Denny decides to learn more about the accident, he becomes entangled in its web.
- A Night to Remember (Walter Lord) The author recounts the last hours of the *Titanic* from the perspectives of many of the ship's passengers.
- Rebecca (Daphne du Maurier) The classic story of the second Mrs.
   DeWinter, who followed the man she loved from Monte Carlo to his lavish country estate, Manderly. There, she is drawn into the brooding passions of a romance dead but not forgotten – for always, everywhere, is the evil, eternal presence of ... Rebecca!
- Briar Rose (Jane Yolen) The story of Briar Rose (Sleeping Beauty) is linked to the Holocaust when a young woman promises her dying grandmother that she will return to Poland and discover the truth about her past.
- House (Frank Peretti and Ted Dekker) A supernatural thriller by this famous pair of Christian writers that gives new meaning to the phrase "haunted house."
- Fahrenheit 451 (Ray Bradbury) –
   Bradbury's classic science fiction novel of censorship and defiance.

- Castaway Kid (R.B. Mitchell) The true story of an abandoned kid who was one of the last "lifers" in an American orphanage.
- Saving Juliet (Suzanne Selfers) A modern-day teenage girl goes back to Shakespeare's Verona in an attempt to prevent the tragedy of Romeo and Juliet from happening.

### Assignment:

- Part I On a sheet of loose-leaf paper, you must hand write (no typed copies accepted) a list of 10 unknown words found in each book you read; include each word's definition, part of speech, and an original sentence properly using the word.

  This vocabulary is due on Tuesday.
  Sept. 9, 2014.
- Part II An in-class writing assignment will be done on Tuesday and Wednesday, September 9th and 10th, on your summer reading books. It would be beneficial to take notes on theme, setting, characterization, and mood while reading.

### **English 11 Regents**

<u>All</u> juniors <u>must read</u> *A Raisin in the Sun*, by Lorraine Hansberry.

In addition to this play, **English 11 Regents** must read <u>a second book</u> from the following list:

 Black Boy (Richard Wright) – A sensitive and rebellious African American youth survives a life of poverty, familial strife, and Southern bigotry to pursue his goal of becoming a writer in the North.

(Continued on page 13)

### Reading Assignment (continued from page 12)

- A Tree Grows in Brooklyn (Betty Smith) –
   A classic! Francie Nolan lives in turn
   of the century Brooklyn, New York.
   She struggles against all odds to
   survive and thrive.
- The Curious Incident of the Dog in the Night-Time (Mark Haddon) – This is the story of an autistic boy's quest to investigate the suspicious death of a neighborhood dog.
- Into Thin Air (Jan Krakauer) A firstperson account of an expedition to Mt. Everest that turned from dream climb to nightmare.
- Catch 22 (Joseph Heller) A classic! In this satirical novel, Captain Yossarian confronts the hypocrisy of war and bureaucracy as he frantically attempts to survive.
- What Happened (Peter Johnson) This novel, written by a Canisius High School graduate and set in an allboys Buffalo high school, is an account of a car accident that unfolds slowly from the voice of an unnamed narrator.

#### Assignment:

- Part I On a sheet of loose-leaf paper, you must hand write (no typed copies accepted) a list of 10 unknown words found in each book; include each word's definition, part of speech, and an original sentence properly using the word. This vocabulary is due on Tuesday, Sept. 9, 2014.
- Part II An in-class writing assignment will be done on Tuesday and Wednesday, Sept. 9th and 10th, on your two summer reading books. Both assignments will be critical lens essays. Your English teacher will review the format of this type of essay in class before Tuesday, Sept. 10th . It would be beneficial for you to take notes on literary elements used by the authors in your summer reading books.

### AP English Literature & Composition

AP Literature students <u>MUST</u> read The Scarlet Letter, by Nathaniel Hawthorne, and <u>two</u> additional works from the following list:

- Animal Farm (George Orwell) A satirical fable set on a farm; events mirror the rise of Communism.
- Black Boy (Richard Wright) A sensitive and rebellious African American youth survives a life of poverty, familial strife, and Southern bigotry to pursue his goal of becoming a writer in the North.
- The Curious Incident of the Dog in the Night-Time (Mark Haddon) – This is the story of an autistic boy's quest to investigate the suspicious death of a neighborhood dog.
- A Raisin in the Sun (Lorraine Hansberry)

   This classic drama shows how the sudden appearance of money tears an African American family apart.
- Catch 22 (Joseph Heller) A classic! In this satirical novel, Captain Yossarian confronts the hypocrisy of war and bureaucracy as he frantically attempts to survive.
- Wuthering Heights (Emily Bronte) The story of two childhood sweethearts, Heathcliff and Catherine Earnshaw, who grow up on the Yorkshire Moors. When Catherine marries another man, Edgar Linton, Heathcliff attempts to take revenge on the entire Linton and Earnshaw families.
- The Awakening (Kate Chopin) The story of one woman's journey to selfdiscovery set in New Orleans at the turn of the 20th century.
- All Quiet on the Western Front (Erich Maria Remarque) – A young soldier struggles to survive and questions the purpose of war during WWI.
- Pygmalion (George Bernard Shaw) –
   Eliza Doolittle becomes the focus of a
   bet between Professor Higgins and
   his friend. Higgins claims that by
   teaching Eliza to "talk like a lady," he
   can make others believe that a low class girl is a duchess.
- Rosencrantz and Guildenstern Are Dead
   (Tom Stoppard) This drama
   spotlights two minor characters from
   Hamlet and shows the play from their
   perspective. This play, written as part
   of the Theatre of the Absurd Movement, is often ridiculous and humorous.
- Their Eyes Were Watching God (Zora Neale Hurston) – This classic African-American novel tells, with haunting

sympathy, the story of Jane Crawford's evolving identity through three marriages.

#### Assignment:

- Part I On a sheet of loose-leaf paper, you must hand write (no typed copies accepted) a list of 10 unknown words found in each book; include each word's definition, part of speech, and an original sentence properly using the word. This vocabulary is due on Tuesday, Sept. 9, 2014.
- Part II An in-class writing assignment will be done on Tuesday and Wednesday, Sept. 9 and 10, 2014, incorporating all three summer reading books. Both assignments will be critical lens essays. Your English teacher will review the format of this type of essay in class before Tuesday, Sept. 9th. It would be beneficial for you to take notes on literary elements used by the authors in your summer reading books.

### **English 12 Regents**

All English 12 Regents students

MUST read Jane Eyre, by Charlotte Bronte.
In addition to this novel, English 12

Regents MUST read a second book from the following list:

- Bleachers (John Grisham) As their football coach hovers between life and death, his former players gather at their high school field to recollect the good and bad times of their lives and high school football careers.
- Farewell to Arms (Earnest Hemingway) –
   Set in Italy, this is a poignant love story
   taking place against the backdrop of
   WWI. A classic!
- The Bell Jar (Sylvia Plath) Sylvia Plath's only novel tells the story of college student Esther Greenwood – her nervous breakdown and fight to regain both her sanity and her life. A classic!
- Native Son (Richard Wright) For Bigger Thomas, an African American man accused of a crime in the white man's world, there could be no extenuating

(Continued on page 14)

### Reading Assignment (continued from page 13)

- circumstances, no explanations, and only death.
- In Cold Blood (Truman Capote) The documentary account of a 1959 murder in a small Kansas town.
- The Things They Carried (Tim O'Brien) –
   These stories follow a platoon of
   American soldiers through a variety of
   personal and military encounters
   during the Vietnam War.
- Ophelia (Lisa M. Klein) A retelling of Shakespeare's Hamlet through the voice of Ophelia.

#### Assignment:

Part I – On a sheet of loose-leaf paper, you must hand write (no typed copies accepted) a list of 10 unknown vocabulary words found in each book; include each word's definition, part of speech, and an original sentence properly using the word. This vocabulary is due on Tuesday, Sept. 9, 2014.

Part II – An in-class writing assignment will be done on Tuesday, Sept. 9th, for the novel Jane Eyre. A second inclass writing assignment will be done on Wednesday, Sept. 10th, for the second book you chose to read. It would be beneficial for you to take notes on the following literary elements found in each book: setting, characterization, conflict and theme.

### AP English Language and Composition (Grade 12)

Part I – All AP seniors must read Eats, Shoots, & Leaves, by Lynne Truss; a punctuation test based on the punctuation rules discussed in the book will be given in class on Tuesday, Sept. 9, 2014.

Part II – All AP seniors <u>must</u> read *On Writing*, by Stephen King; this memoir will be used as our first in-class rhetorical analysis essay, to be written on Wednesday, **Sept. 10, 2014** (this type of essay will be discussed and explained before the 10<sup>th</sup>).

Part III – Students <u>must</u> choose <u>one</u> of the following to read:

- Farewell to Arms (Earnest Hemingway)
   Set in Italy, this is a poignant love story taking place against the backdrop of WWI. A classic!
- The Bell Jar (Sylvia Plath) Sylvia
   Plath's only novel tells the story of college student Esther Greenwood her nervous breakdown and fight to

regain her sanity and her life. A classic!

- Native Son (Richard Wright) For Bigger Thomas, an African American man accused of a crime in the white man's world, there could be no extenuating circumstances, no explanations, and only death.
- In Cold Blood (Truman Capote) The documentary account of a 1959 murder in a small Kansas town.
- The Things They Carried (Tim O'Brien) –
   These stories follow a platoon of
   American soldiers through a variety of
   personal and military encounters
   during the Vietnam War.

### Assignment:

This book of choice will be used as our second in-class rhetorical analysis essay, to be written on Thursday, Sept. 11, 2014.

It would be beneficial for you to take notes on rhetorical elements used by King and the author of your third book; rhetorical elements include: tone, diction, syntax, irony, symbolism, ambiguity, allusion, arrangement, structure, connotation, figures of speech, style, repetition, etc.

**FYI** – you must discuss <u>3</u> rhetorical elements in a rhetorical analysis essay.

# Fundraising WHILE YOU Shop















SCRIP orders will not be placed over the summer, but if you have ideas for new vendors to add, let us know!

- Thank you for helping St. Mary's High School -



What if ...up to 26% of each purchase you made went to your favorite worthy cause?

Shopping at hundreds of online stores helps St. Mary's High School with each purchase!

It's all free & private. Join today and change online shopping for good. Go to igive.com for more information.



### School Supply List

The annual ritual of School Supply Shopping has begun, as area stores have started their sales and promotions. For many families, the treks to KMart, Target, or Wal-Mart will take place as the students prepare for the new school year. For the St. Mary's students, the store visits will

also begin.

In an effort to assist families in their back-to-school shopping, here is a **PARTIAL** list of supplies needed by the different departments.

Please note two items - Individual teachers will have additional requirements for their classes. These lists will be passed out the first day of class.

Also, students will be receiving an assignment notebook from St. Mary's High School on their first day of school. Thus, there is no need to purchase a separate

#### Needed for all <u>classes</u>

- pens
- pencils
- loose leaf paper

#### **Business Classes Business Law**

- one-subject notebook
- · folder with pockets

### English Classes **English 9 Regents**

- 2-inch 3-ring binder with at least 5 dividers
- composition-style notebook
- highlighter
- folder with pockets

#### **English 9 Honors**

- · 2-inch 3-ring binder with 6 dividers (only to be used for English class)
- · folder with pockets

### **English 10 Regents**

2-inch 3-ring binder with 2 dividers (only to be used for English class)

#### English 10 Honors

2-inch 3-ring binder (only to be used for English class)

#### **English 11 Regents**

- 2-inch 3-ring binder with 6 dividers (only to be used for English class)
- highlighter

### AP English Literature

- 3-ring binder with 5 dividers (only to be used for English class)
- · highlighter
- · Post-It flags

 The Poisonwood Bible by Barbara Kingsolver

#### **English 12 Regents**

- · 3-ring binder with 5 dividers (only to be used for English class)
- highlighter

### AP English Language

- 3-ring binder (any size - only to be used for English class)
- highlighter
- Post-It flags

#### Creative Writing

 folder with pockets

### Foreign Language Classes

#### All French & Spanish classes

- spiral notebook with 4 pockets, OR 4- pronged pocket folders (1 for each quarter) and a spiral notebook (must be for French or Spanish use only)
- 1 highlighter.

#### Spanish 2 and 2 Honors

 In addition to above, 3 gel pens, one each of red, green, and black.

### **Health Classes**

- · 2-inch 3-ring binder
- · 1-subject notebook
- folder

#### Math Classes **All Math Classes**

- TI84 plus graphing calculator
- pencils with erasers

#### Algebra A and Algebra B

- iumbo book cover
- 1.5" binder
- · graph paper

#### Geometry A, Geometry H, Algebra 2 / Trig A, Algebra 2 / Trig H

- jumbo book cover
- 2" binder · notebook
- graph paper
- dividers

#### Math IIB

- iumbo book cover
- 2" binder
- notebook
- · graph paper

#### Math IIIB

- · regular book cover
- · 2" binder
- notebook
- graph paper

#### **Pre-Calculus**

- · 2" binder
- notebook
- · jumbo book cover

#### Pre-Calculus H

- 1.5" binder
- regular book cover

### **AP Calculus**

- 3" binder
- notebook
- divider
- · regular book cover

### **AP Statistics**

- 2.5" binder
- dividers
- regular book cover

#### Math IVB

- 2" binder
- divider
- notebook

Freshmen

· regular book cover

### Religion Classes

 No special supplies necessarv

### Sophomores

- 1-inch 3-ring binder
- · a Bible at home (if student does not have a Bible at home the school will supply one)

#### Juniors & Seniors

1-inch 3-ring binder

#### Science Classes Earth Science

- One 3-5 subject spiral bound notebook (for Earth Science-A -Regents only)
- · 2-inch 3-ring binder
- · One package of dividers (5)
- Highlighter
- 2 pocket folder

- · Multicolored ink pen (at least 4 different colors)
- Graph paper
- Ruler
- · Calculator (four function calculator or scientific calculator)

#### Living Environment - A or B

- 2-inch 3-ring binder One package of
- dividers
- Multicolored pen
- Colored pencils Highlighter
- T wo pocket folder
- · Calculator (four function or scientific)

### General Chemistry

- 2-inch 3-ring binder with at least 4 dividers
- Calculator (basic functions, but graphing calculator from
- math is good) · pocket folders

### RegentsChemistry, Regents Chemistry Honors. Advanced Chemistry

Two -2-inch 3-ring binders with dividers

- · Calculator (Nongraphing calculator required for Regents Exam)
- Graph Paper

### **Physics**

- 3-5 subject spiral bound notebook (used only for physics)
- 2 pocket folder or 3-ring binder for hand-outs
- Protractor
- Ruler
- Graph paper
- Calculator (graphing calculator used

in math class)

### **Environmental** Science

- Spiral bound notebook
- 2 pocket folder Colored pencils

- AP Chemistry Two -2-inch 3-ring binders with
- dividers Graph Paper

### Social Studies Classes

All Classes 2-inch 3-ring binder



### Mulcahy, Page inducted into Athletic Hall

Athletes receive end-of-year awards

St. Mary's High School in Lancaster held its annual Sports Award Banquet and Athletic Hall of Fame Induction on June 10 at Beginning's Banquet Facility in Sloan.

The Banquet included the induction of the two newest members of the St. Mary's Athletic Hall of Fame: Lawrence Mulcahy, a 1975 graduate of St. Mary's, and Adam Page, a 2010 graduate.

While at St. Mary's, Mulcahy was a two-time All-Catholic Basketball Player (1974 and 1975) where he averaged 17.2 points per game. He was also an All-Catholic in Track and Field for the high jump. After St. Mary's, he attended Alfred State College where he scored 742 career points, still second most in school history. He was a 1977 National Junior College Athletic Association All-American and the 1977 Alfred State Athlete of the Year. In 2012 he was inducted into the Alfred State Athletic Hall of Fame.

After receiving his BS in Accounting from the University of Scranton and his MBA from Fordham University, Mulcahy became a senior financial manager for

## Start dates for fall sports

Students planning to play a sport during the fall 2014 season should be aware of the following start dates:

- Football Monday, Aug. 18th 9-11 a.m., 1-3 p.m. at school.
- Girls' Soccer Monday, Aug. 18th 8-10 a.m. at Westwood Park
- Girls' Varsity Volleyball Monday, Aug.
   18th 9 a.m.-1 p.m. at school
- Girls' JV Volleyball Monday, Aug.
   18th 3-6 p.m. at school
- Boys' Soccer Monday, Aug. 18th -6:15-8:15p.m. at Lancaster Middle School
- Boys' Volleyball Monday, Aug. 18th 9 a.m.-12 noon at school
- Golf Monday, Aug. 25th 1-2:30 p.m. at Walden Driving Range (bring your own clubs)

More information will be available in the August issue of *Currents* or by calling Joe Rera, Athletic Director, at 683-4824, ext. 235



Honorees at the St. Mary's High School Sports Banquet included (seated left to right) Tyler English, Adam Page, Lawrence Mulcahy, Nicholas Vallone, (standing) Alexandra Casillo, Matthew Wrobel, Jacqueline Steck, Dione Strong, and Abigail Salamone.

various public and private companies. He is presently the Chief Financial Officer of privately held companies in New Jersey where he resides with his wife Nancy and their sons, Matthew and Brian.

Page is a member of the United States National Sled Hockey Team where he has earned many accolades including two Olympic Gold Medals (2010 in Vancouver and 2014 in Sochi), the first of which was earned while he was a senior at St. Mary's. Additionally, Page and the team have won four medals in the International Paralympic World Championship (bronze in 2008, silver in 2013, and gold in 2009 and 2012); and four IPC World Sledge Hockey Challenge medals (bronze in April 2011, silver in November 2011 and 2012, gold in 2012). He has been on the U.S. National Sled Hockey team for seven years (2007 to present) and the Buffalo Sabres Sled Hockey Club Team for 15 years (1999 to present). When he first made the National Team in

2007, he was the youngest member of the team and only a sophomore at St. Mary's.

On the personal side, Page is presently attending Medaille College where he is majoring in Sports Management. The Lancaster resident is also a motivational speaker.

The evening concluded with the presentation of the Major Athletic Awards for the 2013-14 school year. These award winners were:

Ken Jakubowski Award for Dedication – Alexandra Casillo

Harry Paul Memorial Award for Dedication to Sports – Dione Strong

Lady Lancer Hustle Award – Abigail Salamone

Joseph Monin Hustle Award – Nicholas Vallone

Dick Woj Dedication to Basketball

Award – Matthew Wrobel

Female Athlete of the Year – Jacqueline Steck

Male Athlete of the Year - Tyler English

### Football game program returns

The St. Mary's Football Team will be bringing back the very popular game day programs for the 2014 season.

The program will feature player pictures and biographies, information on the new coaching staff, and team records

and awards.

The team is looking for people or organizations to advertise in the program. Those interested should go to the St. Mary's football website or contact Pam O'Neill at poneill210@roadrunner.com.

### July 2014 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> ng the summer, S rom 8 a.m. to 1 p.r	4 School Closed	5		
6	7 Football Camp 9am-12noon	Football Camp 9am-12noon	9 Football Camp 9am-12noon	10	11	12
13	14 Boys' Basketball Camp 9am-12noon	15 Boys' Basketball Camp 9am-12noon	16 Boys' Basketball Camp 9am-12noon	17 Boys' Basketball Camp 9am-12noon	18 Boys' Basketball Camp 9am-12noon	19
20	21 First Step Program 9am-12noon Girls' Middle School Volleyball Camp 9am-2pm	<b>22</b> First Step Program 9am-12noon Girls' Middle School Volleyball Camp 9am-2pm	23 First Step Program 9am-12noon Girls' Middle School Volleyball Camp 9am-2pm	<b>24</b> First Step Program 9am-12noon Girls' Middle School Volleyball Camp 9am-2pm	25 Girls' Middle School Volleyball Camp 9am-2pm	26
27	28 First Step Program 9am-12noon Girls' Basketball Camp 9am-12noon	29 First Step Program 9am-12noon Girls' Basketball Camp 9am-12noon	30 First Step Program 9am-12noon Girls' Basketball Camp 9am-12noon	31 First Step Program 9am-12noon Girls' Basketball Camp 9am-12noon	<b>1</b> Girls' Basketball Camp 9am-12noon	2

Health Corner

### Look for the signs of skin cancer

By Kendra Ciezki '16 Healthy Lifestyles Club

With summer finally here, tanning and UV radiation are becoming more of a problem than usual during the year. Although skin cancer may seem to be something that would never happen to you, this article may make you want to take another look at the signs you can look for before it is too late.

Skin cancer occurs when normal skin cells grow very rapidly and "attack" surrounding tissues. According to getright.org, a non-profit organization that educates familes about physical health, an estimated 40% to 50% of fair-skinned people who live to be 65 will develop at least one episode of skin cancer.

Signs of skin cancer can be easy to spot. New growths and new spots on your skin are probably the most common and easiest to spot changes. Actinic Keratosis, also known as Solar Keratosis, are small scaly patches that are most commonly formed after spending too much time in the sun. In most cases, they will be located on you head, neck, or hands, but they can also be found elsewhere. Fair-

skinned, blond, or red-haired people with blue or green eyes are most at risk.

If the cancer spreads from the skin through the lymph system, it will sometimes go through the bloodstream and along to other organs, such as the brain or the liver. This could potentially cause the cancer to be fatal.

Cancer is obviously never something you would want, so taking precautions to avoid a cancer that most of the time is in your own hands of developing is very easy.

These problems can be more easily avoided by taking simple precautions. Skin cancer is curable in most cases, but it's better to be safe than sorry.

If you notice any different new growths or spots on your skin, get them checked out as soon as you can. This may be the thing that saves you, as early treatment can often rid your body of the cancer or even stop it before it forms. Any change in size, shape, or color of a mole or other skin growth, such as a birthmark, is a very important sign.

Another precaution, and probably the easiest one to do, is to just wear sunblock when going out in the sun. Sunblock should still be worn even on cloudy days,

as UV radiation still reaches your skin. Avoiding indoor tanning is also highly recommended.



## **Underclassmen Awards**



Junior Zachary Szpila and Rebecca Hojna show off the Sage College Award that they received at this year's Underclassmen Academic Awards Ceremony. More pictures are on smhlancers.org.

### In the July issue of Currents

- Erica Swannie receives the Marian Award
- St. Mary's receives grant for renovation
- Changes coming to the Walk-a-thon
- · Mulcahy, Page inducted in Athletic Hall
- Pictures from Commencement
- Artists win People's Choice Award
- Freshman singing Anthem for Bisons
- Summer Reading Assignment
- Calendar, Dress Code, Supply List for 14-15
- And much more!

For the latest news about St. Mary's High School, go to www.smhlancers.org

